Go Bags:

Paper/Pencil/Pen

Take water bottle

Whistle

Flashlight

Map & Compass

Knife

Quick snacks; high protein

First Aid kit

Duct tape

Work Gloves

Jacket

Hand sanitizer

50 feet rope

List of emergency contacts

Copy of health insurance

List of allergies to any drugs or food

Prescription medications

Tooth brush/paste

Photo of family (for identification)

Small lightweight blanket

Cash including quarters (ATM's don't work when power is out)

Glasses/hat

Small amount of toilet paper/paper towel

Plastic gallon ziplock bag

Change of clothes

Matches or Fire Starter

Store your Emergency Go Bag in a place ready to get to, such as under a bed, in a closet, or next to a door.