Backpacking Checklist

Troop 52 - Backpacking Check List

When backpacking, be careful to take the things you will use, not what you <u>might</u> need, Ounces = pounds & poun

Keep this list handy and check it off before ea	ach campout. Make your own list as your experience gro
Backpack	Food, personal and patrol / spices / coffee (adult
Backpack rain cover	Small folding / locking knife or multi tool
Sleeping bag in waterproof bag	50 ft 1/8 inch nylon cord
Sleeping pad	Small flashlight / head lamp with extra batteries
Tent, poles, stakes & fly	Compass / Map(s)
Ground cloth or tent footprint	Whistle
Extra Large trash bags (1 or 2)	Purell, Soap (Camp Suds), safety pins (2 or 3)
CLOTHING: (packed in Ziploc freezer bags) Adjust	Personal meds / Tylenol, Pepto, antihistamines, e
for weather and length of camp	Toothbrush / Toothpaste (small travel size)
Hiking boots	Camp cash - Toilet paper (in Ziploc bag)
Backpacking socks (liner socks optional)	Small, light trowel (of the orange variety)
Underwear (nothing cotton if possible)	Sunscreen (SPF 15 or higher)
Hiking shorts / zip off pants	Insect repellant w/Deet (according to season)
Class B short sleeve shirt(s)	Small personal 1st aid kit w/band aids, tweezers
Class A uniform shirt	Small repair kit containing several feet of duct ta
Rain gear	repair sleeve, patches for sleeping pad & water o
Backpacking or small hand towel	sewing kit, fire starters
Bandanna (1)	Small notepad & pencil (wrap duct tape around p
Hat (wide-brim is best)	ODDS & ENDS: - Luxuries but nice to have on the
Extra zip lock bags (1 or 2)	Small pillow (or use stuff sack to save space/weig
COLD WEATHER CLOTHING:	Backpacking camp chair (not a luxury for adults)
Long pants / or zip offs	Sunglasses
Long sleeve shirt	Camp shoes to rest your feet (no open toe shoes
Insulated underwear	Star chart, reading materials
Sweatshirt and/or Fleece	Watch w/alarm
Jacket (weight appropriate for season)	Camera (but at your own risk, disposables are gre
Stocking cap	Trekking poles / Hiking staff (recommended for a
Gloves (can use socks to save weight)	Gaiters
COOKING & EATING:	MISCELLANEOUS ITEMS: depending on camp our
Sturdy plastic bowl or Mess Kit	Stove / Fuel
Cup - Lightweight and tough	Pot(s), pot scrubber, cooking utensils, foil
Plastic ware (spoon only)	Water treatment and/or filter
PERSONAL:	GPS / two-way radio / altimeter
2 - Nalgene type water bottles; 1 qt each (Adjust	Mirror, comb, contact supplies, eye glasses
number to length / type of hike)	Games; Frisbees, cards, balls, hacky sac, etc
Water bladder w/hose (optional)	
Collapsible water container (optional)	
Lighter or matches in watertight container	

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Written by Troy Cranford - Last Updated Thursday, 28 May 2009 06:11

Herek isatther list Case a knidt file. You need acrobat reader to open it.