

News Release

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GrassrootsHealth Launches Worldwide Call To Action on Vitamin D

Scientific Conference on April 9 draws global medical experts to disseminate critical new research about “the Sunshine Vitamin.”

(March 31, 2010 San Diego, California) GrassrootsHealth (GRH), a public health research organization working to get Vitamin D research from science into practice, announces it will host a landmark seminar April 9 in La Jolla, California to unveil the latest significant research on Vitamin D. According to executive director Carole Baggerly “Vitamin D can prevent up to 80% of cancers with proper blood levels, its easy and safe. We’re seeing epidemic levels of deficiency worldwide and we can stop it right in its tracks.”

Healthcare luminaries, including medical doctors and scientists, will join together initiating a worldwide “Call to Action on Vitamin D.” The information will be available to governments and individuals. “We can prevent nearly 50% of pre-term births when pregnant mothers have 4000 IU/day of Vitamin D” says Carol Wagner MD, co author of a new significant pregnancy study.

Saving Children’s Lives

Studies show diabetes, rickets and high blood pressure in children is rising worldwide due to Vitamin D deficiency. The “Campaign to Save Children’s Lives” will be unveiled during the La Jolla seminar held in conjunction with University of California San Diego’s School of Medicine.

Top global experts will reveal startling new findings. Cedric Garland, world-renown cancer researcher and epidemiologist claims, “Up to 80% of cancers and type 1 diabetes can actually be prevented with Vitamin D. The implications for the world’s populations, especially in poor countries, is astounding.”

Papers and findings from the seminar will be sent to all major governments around the world.

“The vitamin D movement is happening at the grassroots level,” says Baggerly. “Insurance is not the answer to better health. Vitamin D is a top of the list because it’s simple and effective and low cost. We now have a silver bullet to actually decrease the risk for heart disease, many types of cancer, osteoporosis, hypertension and more. The research is in, it’s definitive and solid and the world needs to know. Unfortunately many doctors in the US don’t yet know the benefits from Vitamin D sufficiency and this seminar is aimed at addressing that missing piece of information.”

Vitamin D Absolutely Required for Optimum Health

Evidence now shows Vitamin D’s role in preventing cancer. Multiple research findings establish that having adequate serum levels of Vitamin D substantially lowers incidence rates for many cancers, including breast, colon, ovary, non-Hodgkin’s lymphoma and several others.

Information on the Vitamin D Seminar is available at www.grassrootshealth.net/events

About Grassroots Health

GrassrootsHealth (GRH), a nonprofit public health research organization, works to quickly elevate public health messages from science into practice. GRH joins with scientists within their fields of expertise creating a virtual think tank to aggregate knowledge and best practices and then uses the Internet to spread the word to medical practitioners and individuals in order to change public opinion and create healthier life choices and prevent disease.