



# What is Beautiful?

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READS

## Reading and Activity Guide

### BEFORE READING

+ There are so many things in the world that are just plain beautiful – a sunset sky filled with orange, pink, and purple, a field of flowers with butterflies flitting about, a tall majestic mountain or a peaceful green meadow, a strong galloping horse or a gentle lamb curled up in a barn. *What is something you find beautiful in the world?*

+ God sees you as beautiful. *How does that make you feel?*

+ *Name something you love about the way God made you.* (Adults, it may be helpful for you to start this conversation to help children see that they can like themselves without being arrogant or rude. This article by the author is good for adults to read as an encouragement.)

### DURING READING

+ What is something beautiful that is often overlooked?

+ *“Unique and magnificent is that fullness of you, God’s canvas of which there can never be two.” Even if you look like your siblings or maybe you’re a twin, what is unique about you even if you look like someone else?*

### AFTER READING

+ Psalm 139:14 says, “I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.” *What does it mean to be wonderfully made?*

+ While we all make mistakes, God didn’t make a mistake when he made you. In your baptism, Jesus’ beautiful sacrifice frees us to be our full selves, just as we were created to be. We are all wonderfully made and made new in Christ! *How will you help others know they are wonderful to God?* Adults, this is a great time to talk to them about the gift of baptism and how it makes us all one in Christ Jesus. (Galatians 3:26-29). And if you’ve never been baptized, it’s never too late and always promises forgiveness of sins! (Acts 2:37-39)

### Springboard Activities:

**Activity #1: What’s the Same About That?** - Gather at least three of these items, or find pictures online: lipstick, wax paper, liquid hand soap, toothpaste, licorice, matches, diapers. *What do these items have in common?* Let kids spend time guessing and have fun with it. Eventually, let them know that they all have corn as an ingredient! *Though they look different and have different uses, they are all important! Imagine a world without liquid hand soap or toothpaste!* (You can do it again with any of these items which all contain wood components: ping-pong balls, nail polish, bath towels, make-up, toothpaste, paint, LCD screen.) *God created people with different looks, different personalities, different interests, etc. Different is beautiful, and everybody is beautiful to God. Thank God for creating you to be different and beautiful to Him.*

**Activity #2: Beautiful Messages** - Find a few dry erase markers. Write messages of affirmation for family members on mirrors throughout your home or for students around your school. *Examples: I love you. You are beautiful. I thank God for you. You make me happy. I like your smile. Maybe include a favorite Bible verse that shows how much God loves us and thinks we’re beautiful!*



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