

**CHOICE, FLEXIBILITY & CONTROL**  
**Self-managed Attendant Services – Direct Funding (DF) Program**  
Quick Facts (March 2015)

**What is DF?**

Adults in Ontario with a physical disability can hire and pay their own attendants to assist with their routines. The money goes directly to the person with the disability – there is no agency.

**A person is eligible for the DF program if he or she:**

- is at least 16 years old;
- requires attendant services as a result of a permanent physical disability;
- requires the attendant services referred to in at least two of 1) to 8) and at least one of them is from 1) to 4) of the following:

one of them is from 1) to 4) of the following:

- 1) turning in bed, lifting, positioning or transferring;
- 2) washing, bathing, showering, shaving or personal grooming;
- 3) dressing or undressing;
- 4) catheterization, emptying and changing a leg bag, using the toilet, urination or bowel routines;
- 5) breathing, or caring for a tracheotomy or respiratory equipment;
- 6) eating;
- 7) meal preparation, dish washing, laundry or other housekeeping tasks; and
- 8) essential communication.

**Included in the 7 hours that are available on DF (for numbers 1 to 8 above) are:**

Looking after one's skin, feminine hygiene needs, colostomy/ileostomy; minor equipment maintenance

Transfers to and from a vehicle, routine exercises, taking meds, changing non sterile dressings

Nurturing assistance

Doctor/medical appointments

Groceries and errands

Assistance at the workplace for washroom and lunch

**DF allows 7 hours per day PLUS:**

Tracheotomy, ventilator or assistance to maintain an airway that cannot be covered under the typical 7 hours

Emergency/back up shifts

Overnight shifts

Illness coverage

Attendant travel to work

Life Line or similar product

Purchase of service for special circumstances (infrequent only)

Option of keeping professional services from CCAC

Vacation

**How to apply? Contact:**

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433 King Street, Suite 101  
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**Phone 519 660 4667**

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www.ilcla.ca

Visit the new DF website: [www.dfontario.ca](http://www.dfontario.ca)

**What is the Independent Living Centre London and Area?:**

ILCLA is a resource centre for people with disabilities in the London Region. Consumer run and consumer driven, we support any person with any disability through a wide range of programs and services in all areas of London.

We are part of a national organization that exists to promote the full participation of persons with disabilities as citizens. We are proud to meet community needs through innovative programs, successful community partnerships and effective public education. We offer a variety of programs including: Self-advocacy, Peer Support, Information & Referral, and Community Education.

**Our Mission Statement:**

To provide information and support to all people with disabilities as they take risks in directing and managing their lives.

**Our Vision Statement:**

Full and equal citizenship for all persons with disabilities.

**The (IL) Philosophy - What is it?:**

Independent Living is a philosophy that supports the right of person with disabilities to:

- Live with dignity in their chosen communities
- Participate in all aspects of their lives
- Control and make decisions about their own lives.

IL allows people the right to:

- Examine their choices and make their own decisions
- Take risks and make mistakes
- Take responsibility for their own lives.