

Sexual History Questionnaire

Answer each of the following questions completely and honestly. The questions pertain to your entire life - from birth to present. The purpose of this questionnaire is to help you take inventory of your sexual history. You may be able to uncover hidden patterns of behavior. Some of the behaviors you report in this questionnaire may become the subject of therapeutic assignments. If you do have the opportunity to complete additional assignments based on this questionnaire, remember that self-awareness leads to self-control and self control leads to **NO MORE VICTIMS**.

Please be aware that this questionnaire requires that you give information about sexual contact. *Sexual contact* is defined as any sex act in which you completed the act with the target of your sexual desires. *Attempted sexual contact* is defined as unsuccessful efforts to have sexual contact.

Keep in mind that sexual contact can come in two main forms, "hands on" sexual contact, for example, fondling, or "hands off" sexual contact, for example voyeurism and peeping. An attempt to have sex includes but is not limited to grooming, courtship, flirting and sexual talk.

Please answer the questions in the following manner; if you did not engage in the sexual behavior listed for a specific item, check "No" box and write, **"I have never engaged in this behavior"** in the space provided. If you did engage in the behavior listed for a specific item, check the "Yes" box and describe it in the space provided of any and all instance when you did engage in that behavior. Use the back of the page or an extra sheet of paper if you need more space for your answers.

1. Have you ever had or attempted to have sexual contact with a family member or a relative (for example, step-sister, sister, cousin, half-brother, etc)? Sexual contact includes "hands on" sexual contact (for example, fondle or "hands off" sexual contact (for example, voyeurism).

No Yes Explain: _____

2. Has anyone in your family or a relative ever had sex with you or attempted to have sex with you? Include "hands on" and "hands off" types of sex.

No Yes Explain: _____

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3. Provide a list, first names only, of persons you had sex with or attempted to have sex with during your lifetime. Give the person's age and gender (male or female) and your age at the time of the sexual contact or attempted sexual contact. Indicate how you knew them. Use the back page or another sheet if you need additional space.

First Name	Person's Age	Person's Gender	Your Age at That Time	Relationship with Person

4. Have you ever masturbated to thoughts of a child (person younger than seventeen years-old) or an adult in this program (for example staff, teachers, etc...)?

No Yes Explain: _____

5. Have you ever had sexual thoughts, urges, or desires for any person that you did not list in item #3 or #4 above?

No Yes Explain: _____

6. Have you ever had or attempted to have forced sexual contact with a peer or an adult? Forced sexual contact includes the use of physical force, physical harm, blackmail, weapons, threats, coercion and intimidation.

No Yes Explain: _____

7. Have you intentionally hurt or attempt to hurt another person while engaging in sexual behavior?

No Yes Explain: _____

8. Have you ever engaged in or attempted to engage in voyeurism? For example, watching a person for sexual pleasure without that person's consent or knowledge?

No Yes Explain: _____

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9. Have you ever engaged in or attempted to engage in frottage (for example, rubbing, brushing against, or touching a person for sexual pleasure without that person's consent?)

No Yes Explain: _____

10. Have you ever exposed or attempted to expose you genitals or buttocks to another person without that person's consent? Include masturbation, nudism and being naked or by wearing revealing clothing in your home when persons inside or outside could possibly see you.

No Yes Explain: _____

11. Have you ever taken or attempted to take pictures, video, or film of yourself or someone else engaging in sexual behavior?

No Yes Explain: _____

12. Have you ever watched or attempted to watch someone else having sex or let someone else watch you while you engaged in sexual behavior?

No Yes Explain: _____

13. Have you ever engaged in sexual behavior with two or more persons at the same time? Include threesomes and orgies.

No Yes Explain: _____

14. Have you ever had anonymous sex? This includes one night stands or persons you had known for less than twenty-four hours.

No Yes Explain: _____

15. Have you ever had or attempted to have sexual contact with a person you knew or met at school, work, or in the neighborhood but you were not in a relationship with that person?

No Yes Explain: _____

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16. Have you had or attempted to have sexual contact with an animal?

No Yes Explain: _____

17. Have you ever dressed in opposite sex clothing or materials that would not normally be appropriate for you?

No Yes Explain: _____

18. Have you ever attempted or ever paid or bribed another person to have sex with you (sex with a prostitute) Has anyone ever bribed or paid you for sexual contact?

No Yes Explain: _____

19. Have you ever engaged in or attempted to engage in sexual behavior that entailed the use of bondage, for example, restraints, chains, ropes, handcuffs or other forms of bondage?

No Yes Explain: _____

20. Have you ever engaged in or attempted to engage in sexual behavior that entailed inflicting pain or humiliation, spanking, sadism, masochism, choking, cutting or domination?

No Yes Explain: _____

21. Have you ever engaged in or attempted to engage in sexual behavior that involved the use of feces or urine?

No Yes Explain: _____

22. Have you ever been to a sexually oriented business? For example, topless bar, adult theater, adult bookstore or a sex show?

No Yes Explain: _____

23. Have you ever used, viewed, or possessed pornography including magazines, books, photographs, videos, computer images or the Internet?

No Yes Explain: _____

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24. Have you ever had or attempted to have sexual contact with another person using a computer or the Internet?

No Yes Explain: _____

25. Have you ever engaged in obscene (vulgar, anonymous) phone calls?

No Yes Explain: _____

26. Have you ever had phone sex (with a partner) or used a 1-900 number? Did you masturbate during any of the conversations?

No Yes Explain: _____

27. Have you ever engaged in or attempted to engage in sexual behavior not described above but you know that behavior was deviant sexual behavior?

No Yes Explain: _____

28. Were you completely honest when you completed your offense summary worksheet?

No Yes Explain: _____

Please be aware that additional questions may be asked of you during the pre-test interview with the polygraph examiner regarding fantasies, masturbation, quantity of pornography and other questions that may be related to your sexual history. It's encouraged that you review this packet with your sex offender therapist and/or group before submitting to your sexual history examination.

I acknowledge that I have read and completed this sexual history packet to the best of my knowledge.

Completed by,

Reviewed by,

X _____

X _____