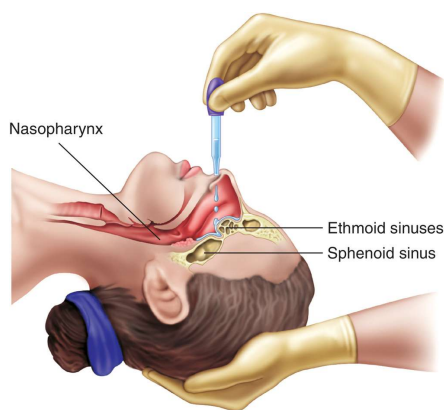


Nov/Dec 2020 Symbio News

Nasal Use of Homeopathic Symbiopathic Remedies



Whether we agree or not with the ‘wearing of the mask’, it has become a part of life for the time being. While generally considered protective on some level, the mask reduces the air flow and discharge of respiratory particles from the nares. The reduced air flow is low in oxygen and high in carbon dioxide. Also, the exhaled particles can accumulate in the mask, if it’s not regularly cleansed, resulting in the potential for bacterial growth. The low oxygen/high carbon dioxide level create an acidic milieu shift in the sinuses and lungs, and along with the possible bacteria create concern of increased sinus and respiratory infections from using the mask.

You can support the regulation and down-regulation of non-beneficial microbes with the use of the Symbiopathic Homeopathic Microbiological Remedies. The fungal-based remedies **Symbio Quent**—indicated for viral type conditions and **Symbio Not**—indicated for bacterial infections, along with the bacterial-based **Symbio Cere**—indicated for subtle immune modulation involving respiratory and mucous membranes, can be used directly in the sinuses as **NOSE DROPS**. Squeezing the homeopathic, sodium chloride drops into the nares in a supine position, or ‘sniffing’ the drops from the ‘thenar webspace’ are methods of administration. They can also be topically applied to the external sinus areas.

Maintaining a healthy lifestyle, taking adequate levels of supportive nutrients such as **Vitamin D**, **C**, and **zinc** amongst other things, and the use of the Symbiopathic Remedies focuses the treatment regimen for sinus and respiratory conditions.



Immune and Mask support with German-Based Homeopathic Microbial Remedies



Symbio Quent, Symbio Not & Symbio Cere

The versatility of the Symbiopathic Drops

- **Nasal-** apply directly into the nares
- **Oral-** take sub-lingually
- **Topical-** rub into the affected area
- Contact Dr. Kirk for more information: 480-221-0874 ~ symbiodrkirk@gmail.com ~ www.symbiopathic.com