

s. The only downer is the disheartening (but perceptive) lyrics about relationship disconnection. (graveface.bandcamp.com)

tamar berk

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**THE RESTLESS DREAMS OF YOUTH**

(TAMAR BERK)

The established singer-songwriter cut her teeth in 1990s-Chicago fronting various bands, including power pop act **STARBALL**. Berk relocated to Portland, OR and spent a decade playing in '60s-psychedelic outfit **THE PYNNALES** and '70s-inspired rock band **PARADISE**. Moving to Southern California allowed her to break free from the past and forge her own path as a solo artist. The result is an engaging and personal album dealing with universal themes of an individual coming to grips with herself and the world. The transition from adolescence to adulthood can be precarious, and Berk chronicles the tumult where, for a time, the only certainty is uncertainty. Her mix of jaunty power-poppers, vulnerable confessional ballads, and '90s-styled indie rockers are tied together by her slightly heathered, yet still silky vocals and heartfelt emotions. (tamarberk.bandcamp.com)

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boyracer

## NEWS: Atmospheric and dark music video for lead single from Tamar Berk's new album

by Big Takeover Exclusives : 3-4 minutes

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Tamar Berk – Photo courtesy of Tamar Berk

**Tamar Berk** has been kicking around bands for years now, making a name for herself in a slew of Chicago power pop bands with releases on **Kill Rock Stars** and other notable labels, before heading West to Portland, and settling in San Diego. Now, she's taking her years of experience and channeling them into her solo debut, *The Restless Dreams of Youth*, where she looks back and confronts the feelings that just won't fade.

Today, Big Takeover is excited to share the video for lead single "Shadow Clues," a hypnotic, driving song that begins with hushed acoustic guitars and explodes into a widescreen, alt rock anthem.

Berk's vocals are the key ingredient here, her staccato verse becoming layered with ethereal harmonies that are so intoxicating, you have to listen just one more time to make sure you caught everything.

The video was shot in San Diego's La Jolla Cove, and finds Berk making her way up the famous Sunny Jim Cave's intimidating staircase, her ascent watermarked with dimly lit studio footage, and an abundance of Fender amplifiers. It's a fitting backdrop for a song that pulls from Plato's cave allegory, the introspective lyrics wondering if we can ever truly understand another's experience.

On the single and video, Berk reveals, *"The first single off of the upcoming album is "Shadow Clues," a dark, acoustic riff-driven song inspired by Plato's allegory of the cave. I kinda got stuck on the idea that shadows could reveal our true feelings and what we might really be thinking. I often misread others because I tend to bring along my baggage and insecurities which often affects my perception. And when it comes to long-term relationships, you might sometimes only have the silence and the shadows left to help you navigate tough situations."*

*"I really wanted that vibe to come across in the video so I filmed some of the footage in my bedroom and studio where I could control the light and shadow, and then me and my friends went to the La Jolla Cove in San Diego to film the rest. We went to the famous Sunny Jim's Sea Cave and filmed in the damp and eerie stairway that led further and further down until it opened up into the open sea. It felt like the perfect place to cast strange and beautiful shadows. It was incredibly beautiful and we had the best time! There are 144 stairs each way so needless to say, we were dying. But it was so worth it."*

The propulsive single is a captivating glance into Berk's first solo excursion, a record that's been years in the making. If "Shadow Clues" is any indication, the rest of this album is sure to be one of 2021's most exciting releases, a year we just can't wait to get to.

