

## Tamar Berk - Tiny Injuries + New Video - Jammerzine

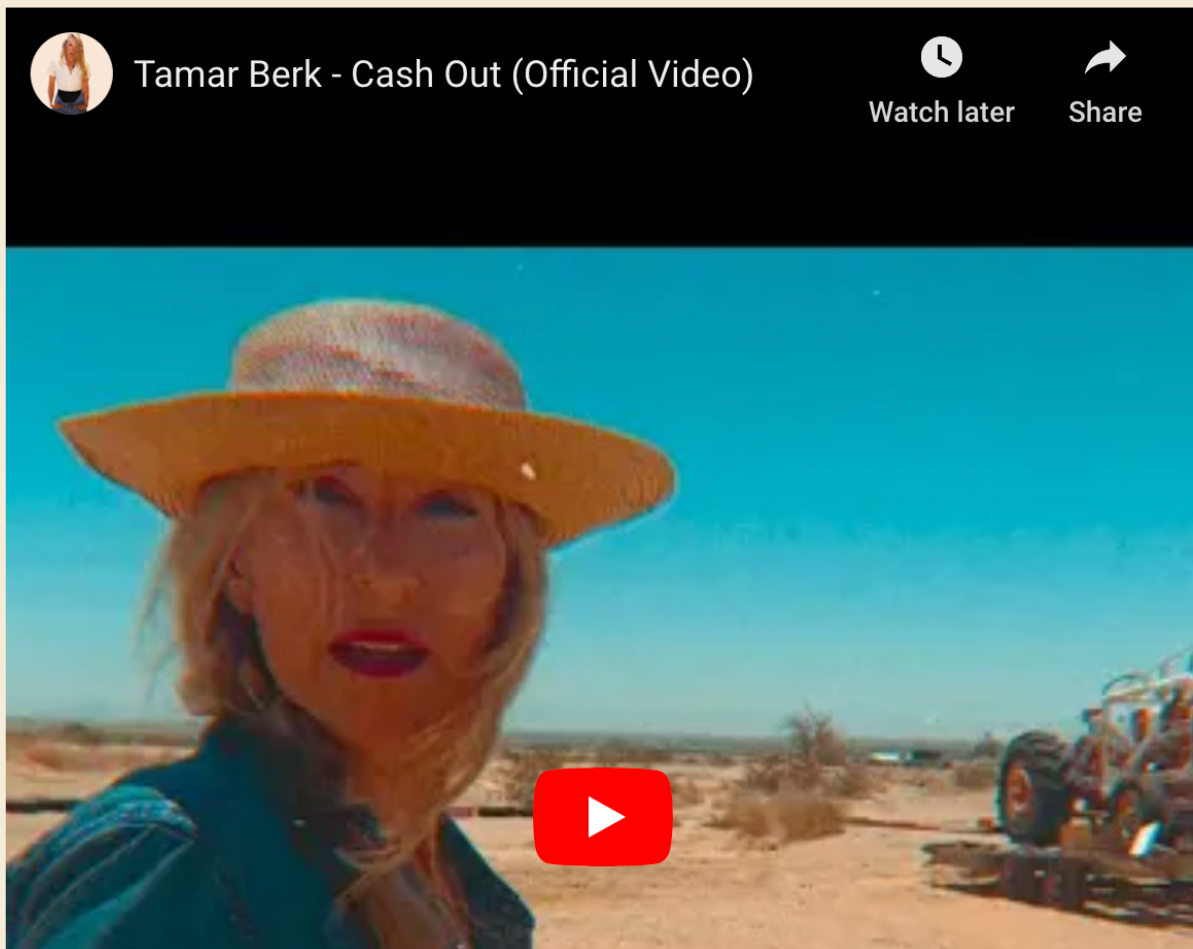
3-4 minutes : 8/17/2023

Tamar Berk has today released her new album titled 'Tiny Injuries'. While we here at Jammerzine have long been friends and fans of Tamar's for a while now, I was still pleasantly surprised by this latest album. First off, it's from the heart. It welcomes you like and old friend when you hit that play button. Each song seems like a vivid recollection of a memorable conversation.


But, above all else, we hear a collection of tracks that are made by an artist in tune with her creativity and originality. While those influences are obviously there, they are woven together with the threads that are Tamar's musical style.

Life lessons and learned experiences now have a soundtrack. I can honestly say that, whatever your personal tastes, you will find a favorite song on 'Tiny Injuries'.

Check out our other features with Tamar Berk [HERE](#).





Watch on  YouTube

The Cleveland native started on the Chicago indie garage-rock, psychedelic and punk scenes, emerging as a founding member of the groups Starball and Sweet Heat, releasing albums on such cult indie labels as Thick Records, Minty Fresh and Kill Rock Star. She formed the electro-punk duo the Countdown with her husband, releasing music on Invisible Records.

After relocating to Portland, OR, Tamar performed and recorded in 60's inspired band The Pynacles and '70s-influenced Paradise while she continued to write her own songs. Since moving to San Diego, Tamar has launched her solo career with The Restless Dreams of Youth in 2021, Start at the End in 2022 and Tiny Injuries to be released this summer. Tiny Injuries more than lives up to that promise. Despite any lingering self-doubt, Tamar Berk has found her sweet spot.

Following the release of her acclaimed sophomore solo album Start at the End which was nominated for Best Pop Album and Best Pop Artist at the San Diego Music Awards her third album Tiny Injuries finds Tamar redefining herself in the wake of her dad's passing, and what she finds often isn't flattering, as she works her way through grief and into acceptance.

*"We all go through life having experienced things that affect us and cause problems, whether we know that at the time or not," she says. "Lots of anxiety and memories we can never rid ourselves of. Some of them are small, and some are bigger but they are injuries that remain with us. And it's not about 'poor me.' Everyone internalizes these injuries, and none of them are 'tiny.'"*

**LINKS:**

<https://tamarberk.bandcamp.com>

<https://www.facebook.com/TamarBerkMusic>

<https://soundcloud.com/tamar-berk>

<https://www.instagram.com/tamarberkmusic>

<https://www.youtube.com/channel/UCcWZ8eEq0W5bxexMyWRi6Kw>

<https://open.spotify.com/artist/2A3VeCpyVPOSRW4woZXt8q>