



137 North Michigan St. STE B,
South Bend, IN 46601
88-4036970 501 (c) 3 Organization

Arts4Vets Expressive Art Toolkits

Each **Arts4Vets Toolkit** is custom-built to meet the individual veteran's creative interests and emotional needs. Every path to healing is unique — so each toolkit reflects that. Veterans can explore a range of art forms such as **painting, drawing, woodworking, stained glass, culinary arts, or paint-by-numbers**, all designed to promote focus, mindfulness, and expression.

How It Works

1. **Personalized Selection** – Veterans share their preferred art form and personal goals.
 2. **Toolkit Design** – TT1P staff assemble a customized kit based on those preferences and therapeutic focus.
 3. **Delivery** – Toolkits are shipped directly to the veteran's address within 3-4 weeks.
 4. **Ongoing Support** – Veterans can request a new toolkit every 3 months to continue their creative journey.
-

Customization & Flexibility

- **Tailored Art Forms:** Each kit is adapted to the veteran's interests — woodworking, painting, or other mediums.
 - **Designed with Veterans:** Toolkits are built in collaboration with servicemembers to ensure they align with real needs.
 - **Flexible Budget:** Each toolkit is crafted within a **\$150 supply budget**, plus average **\$15.80 shipping**, allowing adjustments by art form and tools required.
-

Sustainable Impact

- **Continuous Access:** Veterans may renew every 3 months for ongoing creative and emotional support.
 - **Broad Reach:** Our current goal supports **500 customized toolkits**, empowering veterans across the U.S. to heal through art.
-

Program Budget Overview

Category	Cost
Art Supplies	\$50,000

Category	Cost
Specialized Tools	\$25,000
Art Therapy Guidebooks	\$4,000
Personalized Storage Bags	\$5,000
Mindfulness Tools	\$2,500
Shipping & Distribution	\$7,900
Contingency Fund	\$600
Total	\$89,000

Partner With Us

To expand impact, TT1P welcomes donations and sponsorships from:

- **Art Supply Brands** (Strathmore, Winsor & Newton, Prismacolor, Liquitex, Rembrandt, etc.)
 - **Printing Companies** for guidebook production
 - **Merchandise Suppliers** for branded storage bags
 - **Logistics Partners** for discounted shipping support
-

Why It Matters

The **Arts4Vets Toolkits** are more than art supplies — they are gateways to calm, confidence, and connection. Each one helps veterans manage stress, rediscover purpose, and build resilience through the creative process.

Your support keeps creativity — and healing — within reach for every veteran.

Understanding Our Assessment Process

How It Works

The **Arts4Vets Art Packages** are shipped worldwide to active-duty servicemembers and veterans. We understand that not everyone is comfortable seeking help or joining a group setting — that's why we bring support directly to them through creativity.

Each package offers fun, accessible tools like **clay, paint, drawing supplies, or woodworking materials** that encourage self-expression and emotional release. What may begin as a creative hobby often becomes a powerful outlet for stress, frustration, and healing.

Idle hands can lead to restlessness — our goal is to keep them creating, expressing, and healing through art.

How We Measure Impact

Every toolkit shipment is followed by a brief **check-in and evaluation** within **4–6 weeks** of delivery.

- A **volunteer therapist or TT1P team member** connects with the veteran to discuss progress, emotional response, and any additional support needed.
- Feedback helps us assess effectiveness, tailor future toolkits, and ensure continued access to creative resources.

Our assessments focus on one goal: ensuring that each veteran receives the right creative tools to support ongoing mental wellness and growth.

