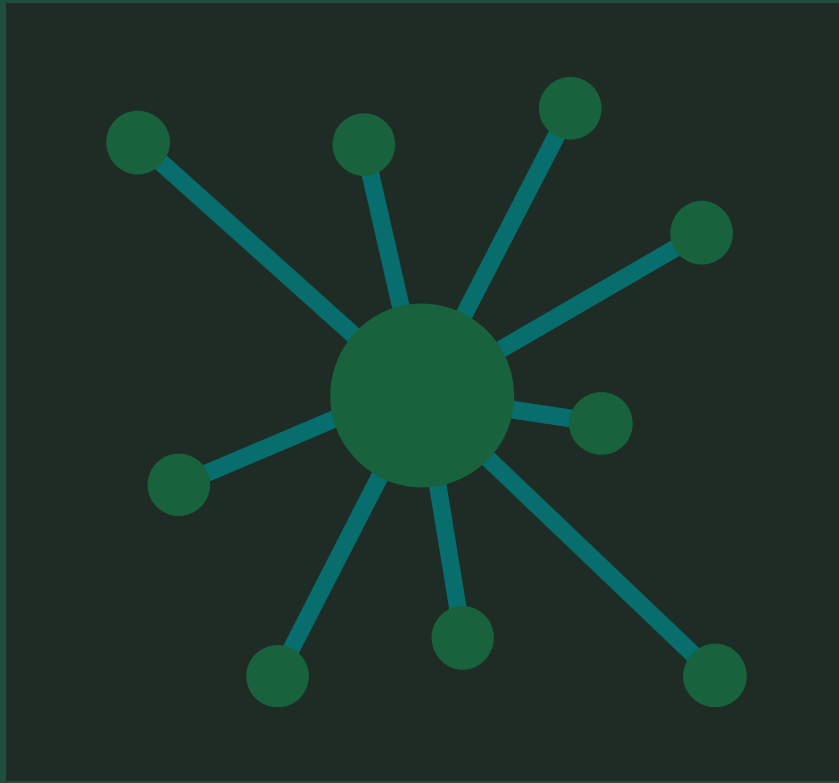


# KIN MAPPING



6 week online immersion with  
your ecological relations

[countryledimmersions.com.au](http://countryledimmersions.com.au)



# COURSE OUTLINE

This immersive experiential course has been carefully crafted to guide participants to reflect on their relationalities with their kin-nections. This is a journey to unravel, re-weave and re-kindle kin-nections.

[countryledimmersions.com.au](http://countryledimmersions.com.au)

Unravel to re-weave your kin-nections

Purposefully map enriching  
relationships

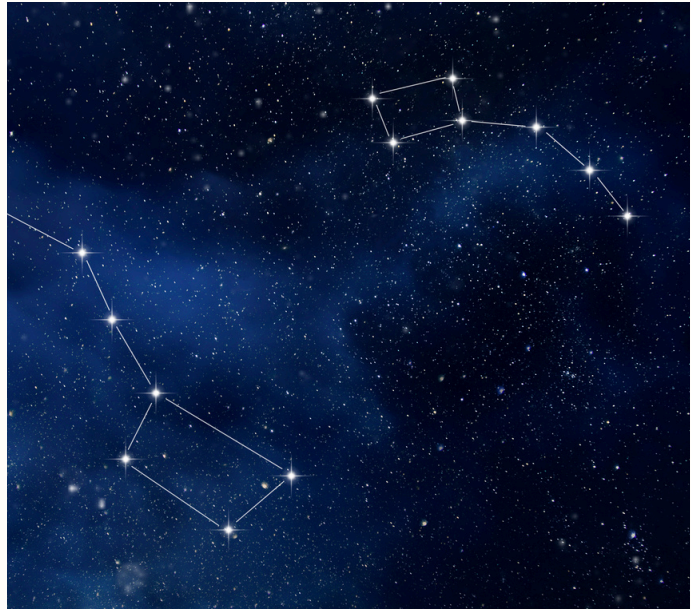
Activate an intricate web of ecological  
realities based on reciprocity

Create your own unique kin map

Move in the world in a relational and  
purposeful way

Integrate and apply practical ways to  
attend to your relationships and  
responsibilities in reverence of being a  
relational being

If you want to FEEL deeper in  
relationship with ALL LIFE, this  
immersion is for you.



# WEEK 1 KIN-STELLATIONS

Looking above ~ to the stars kinstellations represent our relationalities with human and non-human kin. We unravel our existing web of kin ties to reflect on our pre-existing relationships.

As above, so below ~ We focus on the space between the stars, and how this space teaches us about relationships and the spaciousness of agency.

The light we shine~ connecting with our own light and the way we share this in the world, including emotional intelligence and feeling into our needs as re-weave our kin-stellations.

# WEEK 2 DEEP ECOLOGICAL TIME



We journey back to our relations and connections through deep time, we connect with more-than-human kin, and non-human kin.

We look at patterns within ecological relationalities and how we are part of these patterns of ecology and ecosystems to begin to activate depth of relationships.



# WEEK 3 ANCESTRAL RELATIONS AND EPIGENETICS

Relations through epigenetic coding and how this influences our relationships.

Re-weave relations with ancestors to be purposeful and meaningful.

Experiential activity to anchor intentions to be a “good ancestor” for time to come.



# WEEK 4 ATTENDING TO AND ENRICHING RELATIONSHIPS

Practical techniques for attending to, enriching, and maintaining our relationships with ecological kin, including deep listening, reciprocity, and ritual.

The ways in which our relationships with ecological kin contribute to our overall well-being and sense of fulfilment.

# WEEK 5

# LAND WOUNDS

Understanding land wounds and ecological relation wounds.

Eco- anxiety and how to attend to ecological relations in a colonised world.

Ecological relationships in the Anthropocene and the intelligence of ecological relations to guide us through times of crises



# WEEK 6 KIN MAPPING ~ RELATIONSHIPS AND RESPONSIBILITIES

Relationships translate into responsibilities

Pin point specific examples of responsibilities to apply and integrate meaning to your kin map and kinstellations

Embracing relationalities shapes purpose and brings deeper meaning to our existence

Create your own unique kin map for practical ways be an activated relational being

# HOW WE JOURNEY...

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Every week sent directly to you:

- ✦ Prompt reflections for deep listening and contemplation
  - ✦ Experiential exercises with instructional video
  - ✦ A one hour zoom discussion (recorded if you are unable to attend)
- 
- ✦ A personal kin mapping session in week 6

”

Ready to  
activate  
deeper  
relations?

“

# WE LAND TOGETHER. AND BEGIN TO STARGAZE ON 24TH MAY



Relational investment and exchange \$660  
(payment plans available)

You have a seat in our circle, and hope  
you can show up to journey with us  
Contact Arlene Gili Mehan to begin your  
journey

[connect@countryledimmersions.com.au](mailto:connect@countryledimmersions.com.au)  
0459504660