

I Choose Freedom



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Facebook – I Choose Freedom

Introduction

Sophie

Fundraising &
Relationships
Manager

Useful figures for you to know

Domestic Abuse
accounts for 25% of all
reported crime

In Britain, a woman is
killed by her partner or
former partner every 3
days (104)

On average 22 men a
year are killed by their
partner or former
partner

A woman is assaulted
more than 35 times
before she seeks help

A woman is more likely
to suffer domestic abuse
if she is pregnant

Police receive calls
regarding domestic
abuse every 60 seconds

Drink, drugs, stress and
mental illness are not a
cause of domestic abuse
aggravating
factor/excuses

Domestic abuse is not
just between men and
women

What does a refuge look like?

Victims often say they have no idea what refuge looks like.

When people think about a refuge, they imagine a grim and depressing place.

Who are I Choose Freedom:

I Choose Freedom are a leading, independent, charity that supports victims of domestic abuse who are at risk of being murdered.

Communal living refuge supports up to 30 women and 60 children at one time.

Our new RAFA project supports all victims of domestic abuse

I Choose Freedom work tirelessly to raise awareness of domestic abuse through national media exposure, including BBC, Channel 4.



Our communal living refuges

Three sites in Surrey – southeast 11 beds and southwest 19 beds

Shared living – bathrooms/kitchens/lounge/dinning areas

On site washing machines and dryers

Homely environment


Staff on site during working hours

24 hour on call

New Pilot Project

Refuge Accommodation For All (RAFA)

8 Self-contained properties – dispersed throughout Surrey - independent living



6 single Units for single people only



1 one bed property supported for 1 adult and 1 child

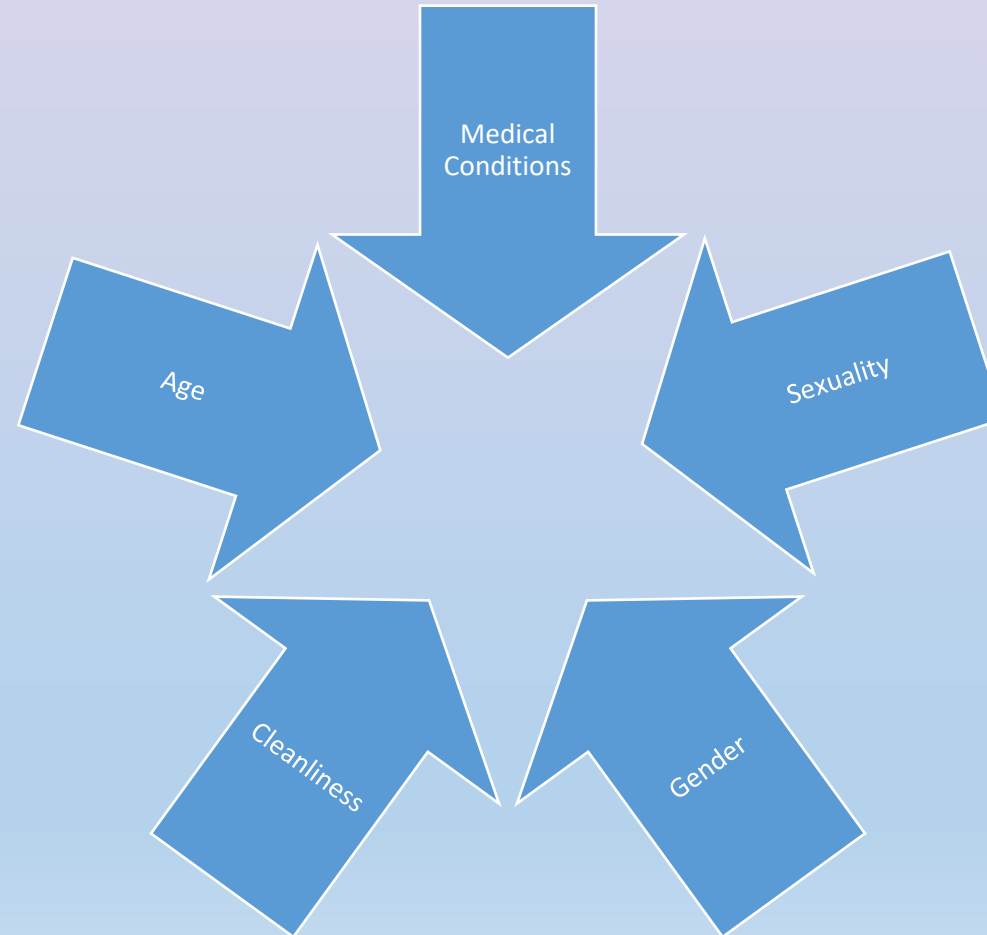


3 bed property supported for 1 adult and up to 5 children



Staff not on site / 24 hour on call service

Barriers to communal living refuge



I Choose Freedom Offer a comprehensive support package for all survivors of domestic abuse. We are a needs led service.

What we offer adults

Advocacy

Safety Planning/DASH/MARAC

Benefit Support

Training / College /Employment

Housing Support

Counselling

Freedom Programme /Toolkit

Liaison with Court/Police advocacy

Access to health support

NRPF – Immigration support

What we offer children

Advocates

Art therapy / play therapy /
confidence / self esteem

School applications / College /
University

Finding nursery places

Playgroups

Access to health support/dentist

What we offer to the family

Bonding sessions/rebuilding their relationship

Support with behavioral problems

Routines and boundaries

Clothing/baby equipment


Food bank referrals

Welcome Pack


- Bedding -duvets, pillows, sheets, duvet covers and pillowcases, and cot bedding
- Towels
- Crockery and kitchenware
- Toys for the children
- Food
- Toiletry/personal care bundles
- Food vouchers
- School uniform vouchers



All refuges in the UK have their own assessments and processes so these may differ with each refuge before a client is accepted.



I Choose Freedom , will complete a comprehensive telephone assessment . This provides opportunity for the client to decide whether refuge is the right place for them and safe place to live.



At the point of referral, we will talk to the client about refuge and what to expect

Refuge gives new opportunities

Life free from Domestic Abuse

Life free from fear

Positive safe space with lots of support for adults and children

New vision for their future

Follow this link for a tour of a typical room.

<https://www.youtube.com/watch?v=n65UeUOP0yk&feature=youtu.be>

How to get in touch

Call the National Domestic Abuse Helpline is available 24/7 on 0808 2000 247



Call us directly



01737 949 992 South East Refuge or
01252 917 680 South West Refuge



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Q&A

