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Members
Proudly*



The RMP

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*Member of the
National NYCPD 10-13 Organizations, Inc.*

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NYC VERRAZANO



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"I'll be home for Christmas," a lovely tune from long ago, which hopefully rings true for all who wish to share the holidays with their families.

Of course we realize that being home with your family at the holidays is, and was not, always possible, due to the nature of police work. Yet, we were always able to spend a *part* of the holiday with our kin.

Whether it was getting home after the late tour early enough to share the excitement with your children, as they awakened to open the presents that "Santa" (you) placed under the Christmas tree (before you went in for the late tour). Or enjoying the dinner feast on Christmas Eve, only to excuse yourself, perhaps plop a couple of Alka-Seltzer into a glass of water, gulping it down as you say good night to all the family that had assembled to celebrate together. While heading out to your cold car, the scent of the desserts fading, as does the sound

Continued on next page

of the Christmas Carols playing in the warmth of the home you had just left. You hoped it would be a quiet night at work, realizing it would be a skeleton crew working the shift. Perhaps yourself, four others, and a lone Sergeant. Quiet? I don't think so!

As much as it was difficult to leave the comfort of a holiday dinner and celebration, knowing that you will return after work, yes, more strained, yes, more tired, but you knew you would be home to enjoy another portion of the holiday with your family. "Be careful out there!"

When I turned out for patrol on the tours of holidays with the several other officers who also had to make it into work, I personally felt a sense of special worth. That I, my partner, the other one Sector crew, and the lone Supervisor, with his driver (which, in later days, became me) were essential, important, and unable to be granted the day off. Somebody or should I say, some bodies; had to serve the public. Everyone in details was granted off. Anti-crime, CPOP, OCCB, and most all the rest, were dispensable.

In later times, as a Sergeant, I'd mention this to my thinnest of blue lines of defense, readying to take to the streets and answer the calls for service, helping the people who live in the precinct.

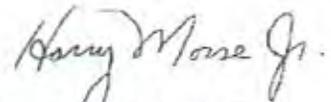
Most all of us who spent any substantial time on the job, on patrol, know what I'm talking about. Yet, this article isn't about me, or us, who have had to give up a slice of our holiday due to the obligations of a very different type vocation; police officer.

This essay is dedicated to the men and women in our military. The tens of thousands who won't be home for the holidays, not even a portion of one. They are "essential" to our security and freedom. By their work, dedication and sacrifice, they grant us the most priceless holiday gifts, all year through. Security and freedom are not sold at Macy's or Bloomingdales.

These gifts, afforded us and our loved ones, are wrapped and presented to us daily, in the courage and perseverance of the men and women who serve in our Armed Forces.

God bless them. We thank them and their families. We hope and pray that before too long, they'll be home for Christmas, and all the wonderful holidays with their families, loved ones, and friends.

Sincerely,



Harry Morse, Jr.



2003 Meetings Schedule

(please retain this listing)

MARINE CORPS LEAGUE
46 Marine Corps Blvd. (off Victory Blvd.)
Thursday, December 18, 2003 at 7:30 PM
LIVE ENTERTAINMENT!!

Holiday Luncheon to be held on
Monday, December 29, 2003
at King Buffet at 12:30 PM

ATTENTION! ATTENTION!

If you have an email address, please send Ed Reuss an email indicating that you are a Verrazano 10-13 member. This will enable us to notify a large number of our members in a quick, efficient, and less-costly and time-consuming fashion. You can email Ed at captreuss@nycop.com. Thank you.

Vice President's Lines

by Rich Comnesso

There has always been a lot of talk about our brothers in Blue not sticking together. There has also been talk of how the "kids" are different on the job today. Well I just had an experience that would disprove all this talk.

My wife Irene was traveling on Hylan Blvd. in Staten Island in the town of Great Kills. There was a vehicle that was double-parked ("Hi Brooklyn") and as Irene was about to pass, their door conveniently opened making contact with her right side view mirror. My wife immediately stopped, only to be surrounded by 3 individuals who began banging on the windshield. These individuals were from Brooklyn, by way of Russia.

I was about to leave my home on the way to our monthly meeting when I received a call from my wife explaining the same. I called 911 and was assured that a car would be dispatched to the scene. I myself was only 4-5 minutes from the location and responded. Upon arriving, I confronted one of the individuals, who for some reason retreated into one of the local stores. I then observed him making a call on his cell phone to the police.

An RMP responded with a Sgt. Alvarez and Police Officer Burdick of the 122nd. Pct. The professionalism shown not only to my wife, but also to the 3 lovely individuals was taken out of our manual. The courtesy expressed to my wife was over the top. Needless to say she was extremely upset about this incident.

Police Officer Burdick and Sgt. Alvarez conducted a thorough canvass prior to making out the report. The report itself was "text book." I personally want to thank both of our brothers for the professionalism and courtesy shown.

This writer had the pleasure of being invited to the 120th Pct. APO dinner. Upon arriving, I met with old friends and acquaintances that I have not seen in many a year. "Irish" Eddie Jordan and Charlie D' Amodio were responsible for setting up this affair. The food and treatment at the Real Madrid were excellent.

We had guests from Arizona, Florida and Pennsylvania. A great time was had by all. The only worry we had was the mysterious non-appearance of our National President, Tony Perrone. As it turned out, our President (Harry) worried about his old partner for nothing. It turned out that Tony was a little under the weather, and decided not to come.

Ruth Richards is up and running now as our secretary. This will ease the burden on Liz Chevalier with all the work she has been doing for our association.

I personally want to thank Joe Coniglio, who is an associate member, for volunteering to be our unofficial photographer at the meetings. This takes a burden off both Harry and myself.

On November 12, 2003, the organization ran a bus trip to Bally's Park Place in Atlantic City. We filled 2 buses with members, their family and friends. Harry was the bus monitor on one bus and I was the monitor on the second bus. We were treated to a scrumptious lunch at the Kansas City Buffet. Just to make sure the lunch up to snuff, I questioned Jack Hellman, King of the Buffet circuit. Jack assured me that everything was great. It goes to show you that good things happen to good people. Frank Rapacciuolo won the 50/50 on the return to Staten Island. Patsy Franzese had some luck on the Black Jack table and yours truly hit a jackpot on the \$5.00 slot machine. El Presidente's mother-in-law's name was called (Nicolina Cirillo) and she won a special prize by just being in attendance!

On November 20, 2003, President Morse, National President Tony Perrone, Secretary Ruth Richards and Trustee Gary Glessing and your Vice President visited the PBA office in Manhattan. We presented checks for monies raised from the Triple Nickle Raffle to the father's of Matthew Dollen and Tyler Vranick. This is what our organization is all about. We will attempt to help any active or retired member's family. The PBA graciously put out a spread for our members and we all enjoyed a rewarding afternoon and a nice lunch.

Don't forget to attend not only our regular scheduled meeting, but also the holiday luncheon on December 30th. Your support is what makes this organization a go!!!!

Keep safe and happy, healthy holidays!

Rich Comnesso

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AGINRAR _ _ _ _ _ _ _
FAILIFB _ _ _ _ _ _ _
TRANWRA _ _ _ _ _ _
CITENTDMINS _ _ _ _ _ _ _ _
NOCTIIVNCO _ _ _ _ _ _ _ _



THESE WOULD BE A PART OF THIS:
(3 WORDS)

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_ _ _ _ _
_ _ _ _ _

Meeting Memorandum - September 25, 2003

From as far west as Phoenix, Arizona, to as east as Long Island City; and of course, the locals from the bread basket of Staten Island; this is the geographic vastness that the New York City Verrazano 10-13's September meeting was attended.

Beyond the nice crowd of Verrazano 10-13 members, we were also honored with a litany of guests and guest speakers. Here's the prestigious "batting order" of luminaries, who were introduced to our membership; witnessing this Verrazano 10-13 "Fall Classic."

Prior to the first pitch, the crowd bowed in respect to our flag, and in silence to the memory of young Pat Franzese and Ed Devine.

Pat Franzese, the beloved 26 year old son of Verrazano 10-13 member Patsy Franzese and his wife Barbara, passed away on June 25, 2003 due to cardiac arrest. He has a brother, John, and a brother Gennaro. He also has a sister-in-law Denise and a nephew Nicholas Gennaro. Pat Franzese is also the nephew of our Treasurer, Anthony Franzese and nephew of Joseph Franzese, who generously donates Budweiser Beer to all NYC Verrazano 10-13 functions). Pat is also the beloved great nephew of NYC Verrazano 10-13 member and retired Police Officer Joseph Padovano. Our heartfelt sympathies go out to them, their entire family, and friends of their precious child, Pat.

Our condolences also go out to the family and friends of Verrazano 10-13 member, Edward Devine. Ed succumbed on September 9, 2003. May both these dearly departed rest in peace, amen.

The commemoratives completed, the meeting's business, or should it be said pleasure, was initiated by the voice of the NYC Verrazano 10-13 President Harry (*Bob Sheppard*) Morse, Jr.

#1) And leading off, retired detective and friend, who is currently playing in the Western Division of Phoenix Arizona, and known for the way he'd play hardball while conducting Staten Island D.A.'s office and Bomb Squad investigations; Richie Scattaglia.

#2) In a league of her own, representing her championship team, their secretary, treasurer and captain, Ms. Lorraine Shanley, "Survivors of the Shield." You can watch their events on www.nypdsos.org.

#3) A relative newcomer to the bigs, still, there's enough confidence in him by his club (Republican) to have him bat high in their lineup. He's scouted as having good speed in his run for Staten Island District Attorney; Dan Donovan of Borough Hall.

#4) Underrated, although steady and experienced. Has been overshadowed by one of the Big Five city D.A.'s for the last two decades. His club (Democratic) has groomed him to take over centerfield, and keep knocking robbers, burglars, inciters, into retirement record books. Chief Assistant Staten Island D.A. David Lehr.

#5) The big hitter of his Squad. Protecting his players in the lineup. His team looks to him for leadership and direction, Mr. Tom Deger, Director, NYPD Emergency Medical Squad, Police Relief Fund.

#6) Sharp looking and sharp thinking in uniform, motivates the team to produce to the best of their ability, unnamed "captain" who is ranked Commanding Officer, Emergency Medical Squad, Sergeant Jerry Cooke.

#7) Player/General Manager, he ensures resources are on hand so the team is able to contend, and help officers in need. P.O. Roy Zagarella, Administrator, Police Relief Fund, EMS.

#8) Tidy in the field, good for hit and run (eat and run). An essential part of this wonderful juggernaut of a unit. Hard working, dedicated, Police Officer Keith Villano.

Meeting Memorandum - September 25, 2003 (Continued)

#9) A terrific man to get things done. Turns things around for the top of the lineup. Another table-setter who is prepared to do whatever it takes to help his team, and help the entire organization (of needful NYPD members who are ill or infirmed). Also excellent at the eat and run, erhh, I mean hit and run; Police Officer Charles Clarke.

So, there it is - the All-Star lineup that came to speak to and, yes, thank the New York City Verrazano 10-13 Association for having them attend and address our group.

Vice President Richie Commesso was especially proud, as our Treasurer and Health and Welfare Trustee, Anthony and Anthony (respectively, Franzese and DeNatale) presented the \$2,000.00 donation check to the Police Relief Fund's Emergency Medical Squad.

V.P. Richie chaired the golf-outing we held in June, along with Co-Chair Jack Hellman. The funds we were able to contribute to this great enterprise are the direct result of their combined efforts, along with the efforts of all those who volunteered and participated in the outing, making this presentation possible.

Director Tom Deger and Commanding Officer, Sergeant Jerry Cooke, spoke to our audience, thanking us profusely and explaining that due to budget constraints, their Emergency Medical Squad has been drastically cut from unit strength of 27 personnel, to 10.

Your organization, along with our National, has written to Mayor Bloomberg, Commissioner Kelly, and City Council Speaker Miller, expressing our dismay and concern for their cumulative indiscretion in having diminished drastically the people who are assigned to the Emergency Medical Squad, who help take care of the medical needs of thousands of unwell and ailing police officers, both retired and active, and their families. A copy of our letter is reproduced in this newsletter.

We ask you, the New York City Verrazano 10-13 membership, to write to these people of influence, as individuals. Explain to them your disapproval of their reduction of medical care for yourself, your comrades and your families. Their addresses are as follows:

The Honorable Michael R. Bloomberg, Mayor
City Hall
New York, New York 10007



The Honorable Raymond W. Kelly
Police Commissioner
One Police Plaza
New York, New York 10038



The Honorable A. Gifford Miller
Speaker, New York City Council
City Hall, Room 5
New York, New York 10007

Continued on next page

Meeting Memorandum - September 25, 2003 (Continued)

President Morse was thrilled and appreciative to Verrazano 10-13 member, Joe Coniglio, who offered to be "meeting photographer." Thank you for the good job, and fine photos (many seen in this publication).

To go along with baseball's playoff season and Fall classic, we are happy to report that Verrazano 10-13 member Bill Oetting, rapped a double and went two for two at his 50/50 home plate appearances.

That's correct, he batted a thousand, taking both ends of the twin-bill, and then generously gave back one-third (1/3) of his bonuses to his club. Who bats .667 in the majors? Thank you, Bill!

Our Treasurer, Anthony Franzese, gave the financial report and, it was pridefully mentioned that due to the Association's fund-raising efforts, we are also contributing another donation of \$3,000.00 to be divided equally between two police families who have very sick children and extensive medical bills. This presentation took place at PBA Headquarters in Manhattan on November 20th, 2003. PBA President Pat Lynch, his Board and Trustees, *knew who we were*, and that we were coming.

A not so funny thing happened on the way to our meeting, for both our Vice-President and Secretary. Rich Commesso was called to the location of a car accident involving his wife, Irene. The other motorist was pushing his weight and arrogance around until husband Rich came upon the scene. We're happy to report that the accident was minor, the other motorist was explained a lesson in how not to be obnoxious, Rich was able to attend the meeting, and both he and his wife Irene's blood pressure is normal, at the time of this writing.

Secretary Ruth Richards was called out to Brooklyn. Her brother Paul was involved in an accident whereat he was forced off the road by a tractor-trailer. Fortunately, only a one-night stay in the hospital was required for her brother. Ruth wasn't able to make the meeting. Vice President Rich prepared the Secretary's minutes. He exclaimed..."it's like riding a bike;" and was happy to fill in at his old assignment.

We are happy that these events, although unfortunate, did not impart serious injury to any of the parties involved. The obnoxious bully is lucky Richie kept his pressure under control. If not, this statement would not have been able to be written.

Happy holidays to all, and hope to see you at our next meeting and Holiday Luncheon.

120 PRECINCT CLUB NEWS

Holiday Party on December 18
at the Crystal Room
67 Olympia Blvd., S.I.
8PM to 1AM

\$10.00 for VZ 10-13 members attending
AFTER their General Meeting.
Music and drink.

10-13 member Retired Detective John Sudlo's mother-in-law passed away. Primiana Farina, 90 years old, passed away on October 4 in Arizona and was buried on Staten Island on October 10. She had 16 children, 21 grandchildren and 17 great-grandchildren. Our sympathy goes to Det. Sudlo, his wife Rita and their family.

NYC Verrazano 10-13 Association



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October 1, 2003

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Sergeant At Arms

Joseph Masella

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Frank Rapacciuolo
Edward Reuss
William Woxholdt

Health/Welfare Trustee

Anthony DeNatale

Medical Director

Robert A. Vaccarino, M.D.

Chaplain

Fr. Robert J. Romano

Graphics & Design

Elizabeth Chevalier

The Honorable Michael R. Bloomberg
Mayor
City Hall
New York, New York 10007

Dear Mayor Bloomberg:

I write this letter to you on behalf of my membership and their families.

The New York City Verrazano 10-13 Association is an organization made up of retired and active New York City Police Officers of all ranks. Our guild is one of many under the banner of the National NYCPD 10-13 Organizations, Inc. Our National Organization is recognized by the United States Congress, the New York State Assembly, and the New York City Council, as the union which represents the interest of New York City Police retirees.

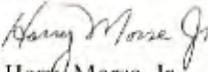
The issue of concern this missive brings to your attention is the deterioration of resources for the NYPD Emergency Medical Squad. For fifty (50) years, the EMS has rendered service to thousands of NYC Police Officers, both active and retired, and their family members. This fine unit of the NYPD has had its personnel cut and reduced by nearly two-thirds its command strength, from 27 to 10 Police Officers. This drastic cut in manpower places an overbearing strain on the remaining officers and severely impacts on the service they are able to render to the most needy of NYPD officers and their kin.

For these reasons, we beseech you to reevaluate the decisions to reduce the command strength of this most beneficial unit, as it pertains to the service, care and compassion, afforded your most feeble and sickly NYPD members, past and present.

The reduction of the dedicated EMT and Paramedic Officers of this Squad is construed as a callous slap in the face to the thousands of NYPD officers who have protected and served the citizens of our great city for past decades, and decades to come.

In closing, we urge you to fortify the people available for service to this vital assignment, assure that all members assigned be at least EMT qualified, and that the Emergency Medical Squad remain under the auspices of the Special Operations Division (SOD), as it has been for over half a century.

Sincerely,


Harry Morse, Jr.
President



POLICE DEPARTMENT
Executive Officer
Emergency Service Unit
Floyd Bennett Field, Edwards Hall
Brooklyn, N.Y. 11234

November 13, 2003

Mr. Harry Morse Jr.
New York City Verrazano 10-13 Association
Post Office Box 061725
Staten Island, N.Y. 10306

Dear Mr. Morse,

As Executive Officer of the Emergency Service Unit, I am responding on behalf of the Police Commissioner, the Honorable Raymond W. Kelly, to your letter dated October 1, 2003, regarding the NYPD Emergency Medical Squad.

The allocation of personnel assigned to the Emergency Medical Squad has been the subject of a recent evaluation and it has been decided that additional members will be assigned. A records review is currently underway to identify police officers that are properly qualified for assignment to the unit. It should be noted that the recent reduction in manpower has been a result of attrition, not a matter of directed cuts to the unit.

Thank you for your concern and for the complimentary recognition you have bestowed on the Emergency Medical Squad. The Department recognizes that the Emergency Medical Squad provides a valuable benefit to the families of active and retired members of the service. I can assure you that it will be staffed sufficiently in order to provide professional and compassionate medical service to those requesting assistance.

Sincerely,

A handwritten signature in black ink, appearing to read "Gin Yee", with a long horizontal line extending to the right.

Gin Yee
Deputy Inspector

Meeting Memorandum - November 5, 2003

This meeting took place one day after Election Day, on a rainy Wednesday evening. Many of our political friends were victorious and, in turn, so were we.

Here are Verrazano 10-13 allies whom have graced our meetings; winning their respective elections:

Vincent Gentile, City Council, Brooklyn (D)
James Oddo, City Council, Staten Island (R)
Dan Donovan, District Attorney, Staten Island (R)

Congratulations to you and all our governmental acquaintances, with whom we will be striving to constitute legislation and policy, which will be propitious to our membership.

The meeting convened at 7:45 PM with the Pledge of Allegiance, and a moment of silence. President Morse gave a brief narration of the evening's schedule and guest introductions. Shortly afterward, the dinner bell rang, and the membership dug into a terrific holiday meal. Chef Russo put out a festive meal including turkey, stuffing, ham, mashed potatoes, stuffed peppers, eggplant rollatone, all the trimmings, topped off with scrumptious rice pudding for dessert.

The first speaker to address our attendees was our National President, Tony Perrone. President Perrone explained the importance of the Health Protection Bill and expressed his dismay and disappointment due to the retiree organizations such as Superior Officers Association Retired (SOAR), under the leadership of Ron Schule, and the Florida-based Broward County 10-13's Alan Berkowitz, repudiating the bill.

Another topic discussed by President Perrone is the impending lawsuit instigated by the Broward County 10-13, spearheaded by their President Alan Berkowitz and Board Member Mike Borrelli. This solicitation of litigants is for the purpose of suing the IRS for not putting the screws to the City of New York for the alleged misappropriation of pension funds. The City

and the IRS have signed off on an agreement of "no harm, no foul." It seems that this unsettled a few Southern faultfinders, prompting them to compel the IRS to penalize and fine the City of New York for utilizing Pension Funds not to their liking. The IRS noted that although the City of New York was in technical violation of the tax codes, the Agency went on further to state that the removal of said monies was done with the knowledge of all Union pension fund managers.

Since this decision by the IRS, the City Council has amended the Administrative Code to ensure that the City of New York will proceed and maintain compliance with the Finance and Tax laws.

With all this information available, it is not surprising (or IS it?) when the person who heads the Broward County 10-13 on the so-called national level, Mr. Gen Lowey, stated "the people who are entering into this lawsuit would be better off buying a hundred dollar worth of lotto tickets." Very peculiar, don't you think?

President Perrone concluded by mentioning his upcoming trip to Laughlin, Nevada. He will be attending the Arizona 10-13's Western Region Convention, gave information regarding it, explaining to the members "it's a terrific deal, hope to see you there!"

The next guest speaker was Mr. Lou Sforza, Division Vice-President of UBS. Mr. Sforza was accompanied by his associates, Mr. Mark Hillers and Mr. Tom Calzolari. The UBS Veep gave an interesting and informative oration on risk factors and portfolio volatility. We thanked the men from UBS for attending our meeting. VZ 10-13 member Bobby Harris, particular, thanked the advisors. Robert walked away with the \$100 gift certificate which was given to the club as a thank you prize, for raffle. Enjoy your dinner at "The Parsonage" Bob!



Continued on next page

Treasurer Anthony Franzese arranged for Mr. Sforza and his associates to attend. Thank you, Anthony. Your Treasurer's Report is very encouraging, as we head into a New Year. "Members - please get your 2004 dues in."

Secretary Ruth Richards was happy to introduce two friends, and former colleagues, from the 120 Precinct. P.O. Maritza Ortiz, who took over the reigns from Ruth as 120 Precinct Club President, and P.O. Louie Contino, 120 Precinct Club Vice President.

President Maritza extended an invitation to our members to break bread with her buddies at the 120 Precinct Holiday Party. When it was realized that the 120 Party was the same evening as our December meeting, December 18th, Maritza was kind enough to extend a generous courtesy of a late admission to the Crystal Room event. The party will have food, spirits and entertainment. Price for NYC VZ 10-13 members arriving after their meeting? \$10.00. Sharing holiday greetings with our active resident precinct contemporaries? Priceless!

As always, the door was worked and well-handled by Sergeant at Arms Joe Masella and Trustee Gary Glessing.

Trustee Ralph Caldarola filled in as Bob Cummings for the evening... "Hold it! You're gonna like this picture!"

Joe Cammilleri took the night off, while "Capt." Ed Reuss was said to be celebrating his wife's birthday, yet we have a notion that "Capt." Ed is still revelling in his endorsed candidate, Dan Donovan's victory party.

Trustee Joe Bellistri escorted a special visitor into the meeting hall. We were happy to see our friend and former 77/120 precinct buddy, Bobby Feeley, at our meeting. What's new, Bobby?

Other prizes and drawings:

Door prizes: Lary Ernst; Joe Massella; Maritza Ortiz

50/50 - 1st Drawing - Joe Manfra
2nd Drawing - Anthony Franzese
(donated back to club)

Well, that's about it for this meeting. We hope to see more members at our December 18th meeting and holiday luncheon at King Buffet, December 29th at 12:30 PM.

Please send in your dues check (\$20.00) for 2004, payable to the **NYC Verrazano 10-13 Association**. We hope to distribute your 2004 membership cards at the Holiday luncheon.

Just In Case...

We hope that you never have to avail yourself of the following information, but one of our members, Larry TeVault, recently had his left leg amputated and was determined to stay as mobile as possible.

He contacted a vendor called *The SCOOTER Store*, and was assisted by Mr. Chris Acker. Mr. Acker told Larry what he needed to do, and Larry wishes to impart this information to you.

First, you must go to an orthopedic doctor and have him/her write up your case/ailment. Then, get in touch with *The SCOOTER Store* who will, at that time, contact your doctor. *The SCOOTER Store* takes care of all paper work and, if approved, there is **NO COST** to members. 80% of the cost is covered by Medicare and the other 20% is picked up by GHI or whatever your secondary insurance carrier is. According to Larry, it only took two weeks for his scooter to arrive at his home, complete with a representative to instruct him on how to use it.

The address and telephone number of *The SCOOTER Store* is as follows:

1650 Independence Drive
New Braunfels, TX 78132
1-800-723-4535; Ext. 5729

Ask for Mr. Chris Acker. He was extremely helpful to Larry.

Here's To Your Health!

by Tony DeNatale

Just a few short weeks ago, we left the month of October behind, along with baseball and warmer weather. More important than baseball and the weather was the fact that October was Breast Cancer Awareness Month. Breast cancer is the second leading cause of death in women in the U.S. today. Among the over estimated 40,600 female deaths will be an estimated 400 men that will also die from this terrible disease.

Far less common than in women, statistics for the year 2000 showed that an estimated 1,400 men would have been diagnosed with invasive breast cancer. Male cases of breast cancer account for 1% of all breast cancer cases.

SIGNS TO LOOK FOR

Most male breast changes are caused from benign (non-cancerous) abnormalities known as *gynecomastia*. This and any other changes in the breast area should be reported to your physician for evaluation. Symptoms of male breast cancer may include any of the following:

- Abnormal lumps or swelling in either the breast, nipple, or chest muscle.
- Skin dimpling or puckering
- Nipple retraction (turning inward)
- Redness or scaling of the nipple or breast skin
- Nipple discharge

Because men have less tissue in the breast area than women, lumps are easier to detect. However, because of this, male breast cancer tends to affect the skin and muscles underneath the breast more quickly than in female cases. Cases are usually diagnosed in much later stages in men than in women. Treatment is along the same lines as in women.

Prognoses in the past were worse in cases of male breast cancer than in women. Today, if caught in an early stage, survival rates for men are similar to that of women. The key here is detection in early stages.

Awareness to these symptoms should be commonplace in a man's daily health regimentation. As is with women, male breast examination should be of great importance.

On a personal note, in 1997, I noticed a lump just outside my left breast. After being examined by a specialist, I was operated on the next day and had a tumor removed along with a considerable amount of muscle from the breast area. I was one of the lucky ones. It was benign.

PAY 
YOUR
DUES!

Answers to Salmagundi

CELLBLOCK
ARRAIGN
BAILIFF
WARRANT
INDICTMENTS
CONVICTION

CLUE: THESE WOULD BE
A PART OF THIS: (3 WORDS)

ANSWER: A CRIMINAL'S LIFE

***And Now, A Word From
Our Sponsor....***

I realize that this time of year normally places financial strain on "Santa." However, I ask you not to forget to remit your 2004 dues; to continue your membership in your NYC Verrazano 10-13 Association. If you think about it, your \$20.00 dues payment, is probably one of the best investments you can make.

Over the course of the membership year, you are assured at least four (4) newsletters. These publications keep you up to date on issues that effect, you and your families. Besides being informative, the "RMP" is a social communication. You notice the upcoming events, ie: Golf Outing, Atlantic City Bus Trip, Holiday Luncheon, etc. Your newsletter describes to you what occurred at our meetings, (we'd prefer you come and see for yourself, yet we realize not everyone can make it due to a myriad of reasons, work, health, etc.) Also, if you can't make it to the meetings, you will read articles describing what your organization is doing on behalf of your well-being. At times, you will read articles pertaining to Health and Welfare, brought forth by your Trustee, Anthony DeNatale. You'll even get an opportunity to peruse human interest stories. These benefits arise just from receiving the newsletter.

By maintaining your membership with the NYC Verrazano 10-13 Association, you connect yourself with a guild that not only looks out for you and your family, you will be involved directly with helping others less fortunate; cops, cops' families, and civilians alike. You achieve this wonderful mission by supporting and participating in your Chapter's social, fundraising events.

Let me thank you, on behalf of your Board of Officers, and Trustees, for your continued faithful underpinnig. By paying your dues, participating at meetings and events, and by promoting your fellowship; you allow yourself and us, your Board of Officers, to help you.

Sincerely,
Harry Morse Jr.
Harry Morse, Jr.
President



**IMPORTANT
PHONE
NUMBERS**

- OPERATIONS DESK 1-646-610-5580
- PENSION SECTION..... 1-212-693-5100
- ID CARD SECTION 1-646-610-5000
- DEA 1-212-587-9120
- SBA 1-212-226-2180
- LBA 1-212-964-7500
- SPRING 3100 1-212-374-5750
- GHI 1-800-358-5500
- EMPIRE NY..... 1-800-433-9592
- SOCIAL SECURITY..... 1-800-772-1213
- MEDICARE 1-800-333-7586
- VA BENEFITS 1-800-827-1000
- MEDICARE REIMBURSEMENTS1-212-513-0470
- NYC HEALTH BENEFITS PROG. 1-212-513-0470
- PBA SATELLITE OFFICE 1-954-977-3880
- PBA NY OFFICE (TOLL FREE) .. 1-877-844-5842
- "DO NOT CALL" REGISTRY 1-888-382-1222



An Attorney's Advice

Read this and make a copy for your files in case you need to refer to it some day. Maybe we should all take some of his advice! A corporate attorney sent the following out to the employees in his company:

The next time your order checks, have only your initials (instead of first name) and last name put on them.

If someone takes your checkbook, they will not know how you sign your checks with just your initials or your first name, but your bank will know how you sign your checks.

When you are writing checks to pay on your credit card accounts, DO NOT put the complete account number on the "For" line. Instead, just put the last four numbers and anyone who might be handling your check as it passes through all the check processing channels won't have access to it.

Put your work phone # on your checks instead of your home phone. If you have a PO Box use that instead of your home address. Never have your SS# printed on your checks (DUH!) you can add it if it is necessary. But if you have it printed, anyone can get it.

Place the contents of your wallet on a photocopy machine, do both sides of each license, credit card, etc. You will know what you had in your wallet and all of the account numbers and phone numbers to call and cancel.

Keep the photocopy in a safe place. I also carry a photocopy of my passport when I travel either here or abroad.

We've all heard horror stories about fraud that's committed on us in stealing a name, address, Social Security number, credit cards, etc. Unfortunately I, an attorney, have firsthand knowledge because my wallet was stolen last month. Within a week, the thief(s) ordered an expensive monthly cell phone package, applied for a VISA credit card, had a credit line approved to buy a Gateway computer, received a PIN number from DMV to change my driving record information online, and more.

But here's some critical information to limit the damage in case this happens to you or someone you know. We have been told we should cancel our credit cards immediately. But the key is having the toll free numbers and your card numbers handy so you know whom to call. Keep those where you can find them easily. File a police report immediately in the jurisdiction where it was stolen, this proves to credit providers that you were diligent, and is a first step toward an investigation (if there ever is one). But here's what is perhaps most important: (I never even thought to do this). Call the three national credit reporting organizations immediately to place a fraud alert on your name and social security number. I had never heard of doing that until advised by a bank that called to tell me an application for credit was made over the Internet in my name. The alert means any company that checks your credit knows your information was stolen and they have to contact you by phone to authorize new credit. By the time I was advised to do this, almost two weeks after the theft, all the damage had been done. There are records of all the credit checks initiated by the thieves purchases, none of which I knew about before placing the alert. Since then, no additional damage has been done, and the thieves threw my wallet away this weekend (someone turned it in). It seems to have stopped them in their tracks. The numbers are:

Equifax:	1-800-525-6288
Experian (formerly TRW):	1-888-397-3747
Trans Union:	1-800-680-7278
Social Security Administration (fraud line):	1-800-269-0273

George Carlin on Aging

Do you realize that the only time in our lives when we like to get old is when we're kids? If you're less than 10 years old, you're so excited about aging that you think in fractions. "How old are you?" "I'm four and a half!" You're never thirty-six and a half. You're four and a half, going on five! That's the key.

You get into your teens, now they can't hold you back. You jump to the next number, or even a few ahead. "How old are you?" "I'm gonna be 16!" You could be 13, but hey, you're gonna be 16!

And then the greatest day of your life - you become 21. Even the words sound like a ceremony. *YOU BECOME 21! YES!!!*

But then you turn 30. Oooohh, what happened there? Makes you sound like bad milk. He *TURNED*; we had to throw him out. There's no fun now, you're just a sour-dumpling. What's wrong? What's changed?

You *BECOME* 21, you *TURN* 30, then you're *PUSHING* 40. Whoa! Put on the brakes, it's all slipping away.

Before you know it, you *REACH* 50 and your dreams are gone. But wait! You *MAKE* it to 60! You didn't think you would!

So you *BECOME* 21, *TURN* 30, *PUSH* 40, *REACH* 50 and *MAKE* it to 60. You've built up so much speed that you *HIT* 70! After that it's a day-by-day thing; you *HIT* Wednesday!

You get into your 80s and every day is a complete cycle; you *HIT* lunch; you *TURN* 4:30; you *REACH* bedtime. And it doesn't end there.

Into the 90s, you start going backwards; "I was *JUST* 92." Then a strange thing happens. If you make it over 100, you become a little kid again.

"I'm 100 and a half!"

May you all make it to a healthy 100 and a half!!



HOW TO STAY YOUNG

1. Throw out nonessential numbers. This includes age, weight and height. Let the doctor worry about them. That is why you pay him/her.
2. Keep only cheerful friends. The grouches pull you down.!
3. Keep learning! Learn more about the computer, crafts, gardening, whatever. Never let the brain idle. "An idle mind is the devil's workshop." And the devil's name is Alzheimer's
4. Enjoy the simple things.
5. Laugh often, long and loud. Laugh until you gasp for breath.
6. The tears happen. Endure, grieve, and move on. The only person who is with us our entire life, is ourselves. Be ALIVE while you are alive.
7. Surround yourself with what you love, whether it's family, pets, keepsakes, music, plants, hobbies, whatever. Your home is your refuge.
8. Cherish your health: If it is good, preserve it. If it is unstable, improve it. If it is beyond what you can improve, get help.
9. Don't take guilt trips. Take a trip to the mall, to the next county, to a foreign country, but NOT to where the guilt is.
10. Tell the people you love that you love them, at every opportunity.

AND ALWAYS REMEMBER:

Life is not measured by the number of breaths we take,
but by the moments that take our breath away.



Brothers Franzese: Anthony (l) and Patsy (r)



Bill Oetting (r) won both prizes. Treasurer Anthony Franzese (l) and Trustee Gary Glessing (c) make payoffs.



John Nemeth (r) is one of the first to reserve a couple of seats for the bus trip to Bally's Atlantic City. Rich Commesso logs in the information while President Harry looks on.

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NYC VZ President Harry Morse Jr. yells out approval as his V.P., Rich Commesso, hands off the \$2,000 check to PO Roy Zagarella (center), Administrator of the Police Relief Fund.



A full house of NYC VZ 10-13 members listened attentively to the array of speakers on hand for their meeting.



Chief Assistant Staten Island D.A. wearing NYC VZ 10-13 cap poses with Chapter Board of Directors after speaking to membership.

*Have you paid
your dues?*





Sgt. Jerry Cooke, Commanding Officer, and Mr. Tom Deger, Director, of the Police Relief Unit, Emergency Medical Squad. Both men addressed and thanked the NYC VZ. 10-13 Association.

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Mr. Dan Donovan, hat in hand, gave presentation to members relative to his bid for Staten Island District Attorney.



It's a good thing that PO's Keith Villano and Charles Clarke (r) Emergency Medical Squad, grabbed an early bite with the NYC VZ 10-13. They were called out to a job shortly after.



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