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Verrazano 10-13 Association
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Volume 14, Issue 1 January 1, 2014

The RMP

Representing Members Proudly



New York City Verrazano 10-13 Association, Inc.

Comprised of Active & Retired NYPD Police Officers of all ranks

(A 501 (c) (3) Not-For-Profit Organization)



The RMP

Representing Members Proudly

Volume 14, Issue 1 – January 1, 2014

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John A. Donohue

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PRESIDENT'S MESSAGE



John A. Donohue

The October meeting was great! We had the most members in attendance since the Board was elected. In fact there was so many members present that we ran out of food. On behalf of the Board, I apologize to **Tony Franzese, Joe Masella, Mike DeFilippo, John McLoughlin, and Joe Cammilleri** who were the last five on the chow line and got skunked. For those who don't understand how we order food, it is based on 50 members attending a meeting. As you know, when you cater, excess food is built in the order. This excess should be enough to feed an additional 10 -15 members. In fact, at our previous meetings so much food was left over that it had to be thrown away. This meeting the Board purchased take-home containers for the first time so that the members could take home the excess food. However, these take-home containers proved unnecessary. To our surprise, even the coffees pot was empty. The only thing left was some of the cake. We can thank **Jack Hellman** for his foresight in purchasing it.

The meeting itself was a pleasure. We had two new members join: **Vinny Montagna** and **Rich Capone**. **Rich**, I kept calling Costello throughout the meeting. I was also calling **Joe Malloy, Joe Foley**. The best was forgetting **Art Krumrey's** first name when asked by **Ellen Bjorkstrom** who seconded a motion from the floor. The members laughed and chalked it up to my having senior moments.

The austerity program we put in place in 2013 will allow us to follow the Life Membership provision of our By-Laws for the first time since the Organization was founded. Painstakingly, **Charlie Manganato** was able to determine who would be eligible. Those eligible for Life Membership are identified on page 9.

I selected **Jack Hellman** to chair the By-Laws committee in 2014. He will replace **Gary Glessing**. I want to thank **Gary** for his work in 2013. **Charlie Manganato** will chair the Scholarship committee. He will replace **Marie Zolfo**, who I would also like to thank for her work over the past few years.

Motions were made from the floor to choose our Scholarship award winners at the December Holiday Luncheon meeting. The Scholarship recipients will be invited to our January meeting, not our December meeting as indicated in the September Newsletter. See page 12 for the winners. The donation to the Police Relief Fund was made at our November meeting. See pages 5 & 7.

Joe Cammilleri could use some help at the door and with the 50/50 raffle at our monthly meeting. Anyone interested should see either me or Joe.

----- *The RMP – Representing Members Proudly* -----

The November meeting went well, it began with **Thomas M. Deger, Director** and **Gerard Cook, Sergeant-in-Charge** of the **Police Relief Fund Benefit Program** as our guest speakers. They spoke of the benefits that both active and retired uniform member's receive from the NYPD. They were very informative during the Q&A session which followed. When remarks concluded, on behalf of the membership, I presented them with a check for \$2,000.00 to purchase equipment and supplies. In addition, as a show of our appreciation for the work they are doing, we gave them a souvenir Verrazano 10-13 baseball cap (see pages 5 & 7). Then we temporarily adjourned the meeting for dinner.

During the Q&A session something troubling was mentioned, "the short staffing of the unit" but it was originally overlooked by the membership. It came about when, Director **Thomas Deger** mentioned that the staffing level should be 17 but is down to only 9 members. It was only a passing remark but it was discussed during the break. By the time we resumed the meeting, **Thomas M. Deger, Director** and **Gerard Cook** had left the building. We continued on the discussion of the Police Relief Fund and the staffing remark. Members were concerned that a loss of approximately 50% of their staff will result of in a loss or interruption of service and it will greatly impact on all of us. The membership felt we should try to do something about it. The course of action was decided upon: Inform active and retired uniform members and their families, through our Newsletter and by word of mouth; urge active MOS to do the same through their line organizations (PBA, SBA, LBA, CEO, SOC); inform all the other 10-13 organization through out the City, State, and Country; and inform any other active or retired police officer that we know of. On of the members also suggested that we should do what the firemen do, send a letter. We have to make the PC aware of the problem and our concern. It is time that our combined voices are heard.

The meeting continued. I informed the members that for the first time in the history of the Verrazano 10-13 we will follow our By-Laws and bestow "Life Membership" to those members who qualify. (see page 9). In addition, the membership voted (39-11-0) to do away with the "Honorary Life Member" provision of the By-Laws and anything relating to it. Both provisions were written into the organization's original By-Laws without thought of the future detrimental impact to the organization. We went on to acknowledge the presence of a new member **Anthony Gambardella** and a prospective member **Robert Groth**. I reminded the members present of the Holiday Luncheon Meeting at Canlon's restaurant at Noon on the December 18th. The meeting ended after the 50/50 drawing was held. Don Vinci was the winner.

FYI: I informed Edward Canlon of Canlon's restaurant, our caterer, about running out of food at the last meeting. He brought enough food to feed an army. We had so much left over that it went to waste. The part that bothered me the most was that no one requested the take home containers that we purchased just for-a-situations like this. Just a reminder, we anticipated a situation and take-home (doggy bag) containers are available for the members, all you have to do is request one. Also, **Joe Cammilleri** got help at the door. I want to thank **Richie Cole, Jack Hellman** and **Frank Polizzi** for their assistance.

Our last meeting of the year was held at Canlon's restaurant. **Joe Cammilleri** and **Charlie Manganato** greeted everyone at the door and took care of the 50/50 and Ed Canlon donated a second prize gift certificate. The winners were Erick Pistek and Paul Gallo respectively. We enjoyed a great meal and met our newest member and chaplain, **Rev. John Carlo**. **Charlie Manganato**, Chairman of the Scholarship Committee, had **Larry Ernst & Greg DeAngelo**, close friends of our departed member and one of our honorees **Peter V. Anterio**, assist him. (see the award selections on page 12 & 15). We recognized three of our eleven Life Members who were in attendance, **Michael Errigo, Frank Bradicich**, and **Joseph Bonamo Sr**, by presenting them with their Life Membership certificates in front of the membership. If a life member was unable to attend the meeting, you will find your certificate inside this Newsletter. **Ed Reuss** and I were told that we took too many pictures. However, only a few of these pictures can be seen in this Newsletter, the rest can be seen on our website. Congratulations, **Raymond Diaz**, on your appointment as Security Director for the MTA (see page 9)



December is both the holiday season and the last month of the year. It is also the end of the first term of this administration. I would like to re-introduce your 2014 Board of Directors. They are: (L-R) **Charles Manganato**, Treasurer; **Richard Comnesso**, Vice President; **Ellen Bjorkstrom**, Recording Secretary; **Joseph Cammilleri**, Sergeant-at-Arms; **Joseph Bonamo Sr**, Correspondence Secretary; and **John Donohue**, President.

We would also like to present the elected Trustees for 2014: **Joseph Cammarata, Jack Hellman**, and **Joseph Molloy**.

It would be remiss of us not to acknowledge our 2013 Committee Chairpersons, their Committees, all the volunteers, and all those members too numerous to identify, who made last year a huge success



VICE- PRESIDENT, Richard Comesso

It's hard to believe that 2013 passed by so quickly. Many accomplishments have been made by our organization this year. The Golf Outing held at Bunker Hill Golf Course was the most successful in the history of the Verrazano 10-13. Thanks mainly to **Jack Hellman**. Our membership has increased far beyond my imagination over the past year. This was due to your Board of Directors and a few members themselves. Through our status as a 501c3 organization, we have received grants that this coming year will greatly benefit the members. Our President has worked tirelessly in putting all the parts in place, despite early setbacks. As promised, there were four (4) newsletters sent out in 2013. The same will apply for 2014. This year we will be gathering more information than before to pass on to the membership.

President Donohue and the Board of Directors will be working together with the Board of Directors of the Brooklyn Staten Island 10-13 on fighting problems that will be faced by the retiree's. President **Al Grillo** and 1st. Vice President **Eric Pistek** of the Brooklyn Staten Island 10-13 were guests at our Holiday Luncheon. The luncheon was held at Canlon's restaurant in Oakwood. We filled the house despite the horrible weather conditions which left a lot of ice and snow on the ground. Also in attendance was our new Chaplain, the **Rev. John Carlo**. John is a retired Captain who I had the pleasure of working with in Coney Island in the early 80' when he was a Sergeant. He was one tough cop and a great leader of men.

Lifetime certificates were given to members who have reached the age of 80. Way to beat the system guys! Also present was **Chief Ray Diaz** who has accepted a position with the MTA, to run security.

Many plans are in place for the coming year. Come on out to our meetings to meet old friends and comrades in arms. You will be updated on all the current goings on in the city and what if any changes will effect us. Remember it is time to renew your dues for 2014. It is the members that keep our organization strong.

I would like to personally thank the members who have called and sent cards wishing me a speedy recovery from my hip surgery. I'm still a little wobbly, but getting better everyday.



SECRETARY, Ellen Bjorkstrom

Well Hello Everyone, it's that time of year again, saying Good-Bye to 2013 and Hello to 2014. If I could draw I would do a New Year's Baby with a diaper on it saying WELCOME 2014, but my drawing skills are worse then my computer ones. Well we ended the New Year on an up note with a lovely HOLIDAY party at Canlon's. As usual Ed put out a lovely meal with unlimited beer, wine and soda which several of us took advantage of.

Between the November meeting and the Holiday party we acquired a couple of new members. We honored 11 Life Members, 3 of whom were there. Also, at the party the 2012 Scholarship Award winners were picked. They will be given out at the January meeting. A couple of days after the luncheon it was officially announced that one of our Members, **Retired Transit Chief Raymond Diaz**, was named MTA Director of Security. Our sincere congratulations to Ray on a job well deserved. I'm looking forward to seeing all of you at the next meeting on Wednesday, January 15th, if possible bringing a friend with you to join. I wish all of you and your families a Very Happy and Especially Healthy New York.



TREASURER, Charles Manganato

A new year begins and I hope all of you had a happy and healthy holiday season. A review of our first year administering the Verrazano 10-13 Association turned out to be quite successful. First, we signed up a total of 23 new members for the club. Second, we reinstated the lifetime membership policy, which allows our members who have reached the age of eighty or more and are in good standing for the last five years to cease paying dues. Third, due to the success of our golf outing, we subsidized the cost to our members who attended our Christmas meeting at Canlon's restaurant, holding the cost to \$10 a person for their meals. And lastly, we held the price of membership to \$25 a year.

As a side note, a recent review of our attendance at our monthly meeting revealed that 133 members attended at least one meeting over the past year. This comes out to be approximately 40% of our membership, which is quite good.

We look forward to seeing you at our monthly meetings (third Wednesday of the month) and hope that the New Year will bring you all that you hope and wish for. A quick P.S.: I personally want to thank all of you who were concerned about my recent illness. I'm feeling much better now.

2014 ELECTION RESULTS

At the November meeting **Joseph Molloy** was elected to the position of 3 year Trustee. He was elected to fill the vacancy created when **Jerry Mulhoulland's** term of office expired on 12/31/2013. **Joseph Cammarata** moves from 2 year Trustee to 1 year Trustee and **Jack Hellman** moves from 3 year Trustee to 2 year Trustee as per our By-Laws, **ARTICLE VIII Section B (6)**.



President Donohue presented **Thomas M. Deger, Director** and **Gerard Cook, Sergeant-in-Charge** of the **Police Relief Fund Benefit Program** with a check from our organization in the amount of \$2,000.00 to purchase needed supplies. He then gave each of them a Verrazano 10-13 souvenir hat as a token of our appreciation for the work they are doing on our behalf for the active and retired uniform members of the NYPD.

WHO is he? (SEE PAGE 11 for the answer)



Please look at your old pictures, while on the job, and send us one for publication in the newsletter. It can be done by US mail or email as a BMP or JPEG file. Include your name, approximate year of the Picture and its location. If it is an old photo we will return it after we post it in the newsletter.

RMP JUMBLE (Answer on page 16)



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RIALUT	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CITDEP	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
RANBIGA	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DEECNT	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
HYNROT	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

What did the detective's homicide investigation reveal?

That the _____ was _____ at the _____ of the _____



Joe Veloce is still recovering from a stroke. He is presently confined to the Eger Healthcare & Rehabilitation Center. His Room # is 317. **Bob Walsh** twisted his back and is just starting to get around. **Hank Award's** wife **Karen** just had surgery for liver cancer while **Hank** was at home recovering from triple by-pass surgery. Both are recovering well. **Richard Commesso** had his hip replaced on October 18th. **William (Bill Fricke) Frickenstein** is deathly ill from pneumonia. **Charles Manganato** is recovering from a colon resection. **John (Jack) Ferguson** has undergone surgery for a heart valve replacement. **Jack Nevins's** wife **Jackie**, also has to undergo surgery for a heart valve replacement. **Joe Manfra** had hernia surgery.

Anyone having information about a sick, injured, or deceased member please contact **Jack Hellman, Chairman Sunshine Committee** by Email: jackhellman1@aol.com or at (718-356-9286)

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Joseph Samaritano & Bill O'Neill



Joseph Sr. & Joseph Jr Bonamo



Joseph Manfra

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Ray Diaz & Ed Reuss



Garry Glessing, Ed Jordan, Frank Polizzi



Joseph Cammilleri & Richard Cole

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Official sales reps for the NYCPD Verranzano 10-13

NEW MEMBERS

Richard Capone, Vincent Montagna, John Carlo, Aramis Ramirez, and Anthony Gambardella


GUEST SPEAKERS



Thomas M. Deger, Director and **Gerard Cook, Sergeant-in-Charge** of the **Police Relief Fund Benefit Program** were our guest speakers at the November 20th meeting. They spoke about the role of the Police Relief Fund and how it functions to assist MOS by providing free services to active and retired police officers along with their spouse's children and parents. They gave us detailed information on the Benefits Program and informed the members present that the NYPD has the only such program in existence for any of the uniform services in NYC. It receives the full support of all our Line Organizations (PBA, SBA, LBA, CEA & SOC). They thanked the members of the Verrazano 10-13 for their continued support over the years. Both went on to describe some of these services: ambulance transportation to and from locations up to 250 miles from New York City, the use of medical equipment for oxygen therapy, pulmonary aid supplies, tens unite therapy, electrical hospital beds, crutches, wheel chairs, canes, and all other durable medical equipment. On the downside, they are experiencing a staffing problem the unit is down to 9 members from 17. So, when you call, you may get an answering machine instead of live body. Not to worry, they will get back to you.



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JOHN MORAN



Tom & Pat Lavin



Tony Jannazzo & Ellen Bjorkstrom

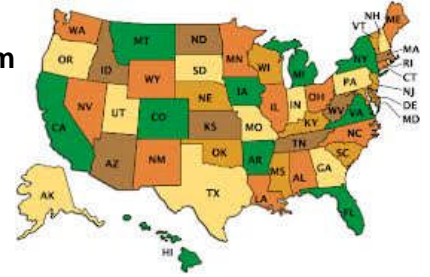


Joe Cammilleri & Charlie Manganato



Joseph Cammarata (718) 981-9237, Email: Itcam@aol.com

10-13 MUSTER ROOM
(Information & comments from around the country)



Information received from Nick Miele, President, Brevard County 10-13

During the past several weeks numerous e-mails have been transmitted between clubs and individual members regarding issues that may impact us, the "retirees," due to the implementation of the Affordable Health Care Act (AHCA). Some submitted speculative reasons which may or may not have had substantial or accurate background.

Harvey Katowitz, President of the Charlotte, NC 10-13 Club recently researched the subject and was in touch with Roy Richter, President of the Captains Endowment Association and they concluded the following:

- Q. The full implementation of the "Affordable Health Care Act" (AHCA) places in jeopardy our Unions ability to continue to provide prescription drug coverage to active and retired members from the Welfare Fund.
- A. There is a \$63 tax per covered person that the unions thought they would have to pay, but because our primary health insurance plans are paying this tax the unions do not have to pay it a second time. There is another \$2 tax per covered person that the unions will have to pay. Additionally they now have to eliminate the annual drug cap for active employees and have to cover dependants until they are age 26. These are added expenses. For now there has been no change in retiree drug coverage.
- Q. Many other NYC unions (Non police/fire) are DROPPING their prescription drug plan benefit forcing their members to purchase a drug rider from their medical plan with an associated cost of \$1200 to \$2800 per year.
- A. This is an accurate statement.
- Q. We will be required to pay more in taxes because the AHCA provides health coverage for people who do not work.
- A. This is an inaccurate statement. Individual or families who earn less than 120% of the poverty level are NOT eligible for the AHCA.
- Q. We will be required to pay more for our health insurance plans, because they are considered premium ("Cadillac") health plans.
- A. It is unknown at this time. The 40% excise tax on businesses who provide their employees with premium health plans does not take affect until 2018.
- Q. As a result of the AHCA health insurance, premiums will increase dramatically causing the City to drop our health insurance, forcing retirees to apply for insurance through the State Health Insurance Exchange.
- A. The NYC Administrative Code (intro. 580) protects us and prevents changes to retirees health coverage.



Staten Island 10-13's plan strategy for 2014.

NYC Verrazano 10-13 & Brooklyn-Staten Island 10-13

- (L to R) Richard Comnesso, Vice President, NYC Verrazano 10-13
- A. Victor Grillo Jr, President, Brooklyn-Staten Island 10-13
- John Donohue, President, NYC Verrazano 10-13
- Erick Pistek, Vice President, Brooklyn-Staten Island 10-13

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JANUARY

Joseph Baldofsky
 Michael J Baronick
 Joseph Cammilleri
 John F. Clarke
 Raymond Corney
 Richard Davi
 John M. DeLuca
 Anthony DeNatale
 Louis Fiori
 Christopher A. Gonzalez

Robert W. Keefe
 Thomas C. Lavin
 Jack Moran
 Joseph L. Naveran
 Robert Richards
 Helmuth Ruppe
 Louis Russell
 Cecilio P. Santiago
 Richard W. Scalzo

FEBRUARY

George Anderson
 James Barile
 Terrence Bennett
 Joseph R. Bonamo Jr.
 Todd Brech
 Thomas Brennan
 Gerald F. Briffa
 John R. Cupelli

Paul Ferrigno
 Michael R. Gervasi
 Gary M Glessing
 David G. Howley
 Helge Korsnes
 George R. Kramer
 Arthur J. Larsen
 Carl Loiacono
 Thomas H. Melville
 Paul R. Modafferi
 Vincent Montagna
 Richard R. Oddo
 William C Oetting
 Luis A. Pagan
 Vito Peragine
 Jerry A. Rosiello
 Miguel A. Ruiz
 Frank A. Salt
 Bruce Struthers

Alan P. Vanger

MARCH

Gerard R. Andersen
 Charles F. Billings
 Ronald D. Brown
 Joseph F. Canty
 Terry E. Castris
 Joseph DeGeorge
 Michael Flaherty
 John J. Kelly
 James R Lapidra
 Ronald C. Lozito
 Patrick W. Mcquade
 Domenick J. Mendella
 John D. Meyers
 Stuart P. Milisci
 Robert E. Prather
 James P. Zinnel

(If your name does not appear on the Birthday list it could be an oversight or your DOB was not indicated on your registration form)



Raymond Diaz was always a cop's cop, so it's not surprising to us that he's coming out of retirement. MTA Chairman and CEO Thomas F. Prendergast announced former chief of the NYPD Transit Bureau, is joining the MTA as Director of Security, effective January 6. He will oversee security for the MTA, including coordinating MTA security efforts with the Department of Homeland Security, FBI, the National Guard, NYPD and State Police, as well as the MTA Police Department, which has jurisdiction in 14 counties in New York and Connecticut, patrolling approximately 5,000-square miles of the MTA's rail network.

Former Chief Diaz retired from the NYPD in 2011 after a 37-year career. He joined the NYC Verrazano 10-13 Association on 3/20/2013 and as you look through this and at our past Newsletters you find him a prominent figure at our meetings. He is one of us and everyone who worked with or for him will attest to that. The MTA has hired the best. Ray, if you need anything from us, just call and the 10-13 will respond. Good Luck in your new job. We hope to see you at the January meeting.

2014 LIFE MEMBERS

The NYC Verrazano 10-13's Constitution and By-Laws under MEMBERSHIP, Article V(B)(4), defines a **LIFE MEMBER** as a retired police officer who has attained the age of eighty (80) and has five (5) years of currently uninterrupted membership with this Organization. Said member shall no longer be required to pay annual dues. ARTICLE (V)(D)(f) further indicates that their new reduced dues & membership status will be reflected during the next fiscal year's dues cycle and that during that year their name will be published in the Newsletter.

Based upon the records of this Board of Directors the following members have reached their 80th Birthday in 2013 and are exempt from paying annual dues now and in the future. This status will remain in effect as long as they submit their yearly Annual Membership Application/Renewal form. They are:

Joseph Bonamo Sr
Frank Bradicich
James Brennan

Joseph DeCarlo
Michael Errigo
Louis Fiori

Francis Hourican
Joseph Manfra
Albert Pico

Harry Thambounaris
Patrick Stringer

LIFE MEMBERS: MUST SUBMIT THEIR ANNUAL MEMBERSHIP APPLICATION & OMIT DUES PAYMENT
(THIS YEARS APPLICATION IS LOCATED ON PAGE 17)



Jerry Mulhoulland, Richard Cole, Tom Brennan,
Lenny Larocca, Chuck Billings



Vinny Imperato, Joe Mari, Ed Reuss, Paul Ferrigno,
Joe Kessler, Jack Moran, Carlo Imperato

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Joe Bonamo Jr, Herb Shelton, Vinny Montagna, Rich
Capone, Joe Molloy, Terry Bennett, Paul Ferrigno,
Tom DelPriore, Joe Bonamo Sr



On October 8, 2013, Verrazano 10-13, Sergeant-at-Arms,
Joseph Cammilleri's stepson, Anthony Claps, was
Appointed to the Toms River, N.J., Police Department
L-Mayor Kelaher, C-PO Anthony & Julianna Claps,
R- Chief Mastronardy of Toms River Police Department

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Carlo Imperato & Joe Mari



Anthony Gambardella & Frank Occhiuzzo



Bill O'Neill & Frank Rapacciuolo



Raymond Diaz, Gary O'Rourke, John MacLoughlin & Bob Walsh, Dr Manual Lagmay



Gene Daneluzzi, Joe Samaritano, Tom Corcione



Rev John Carlo delivers Benediction

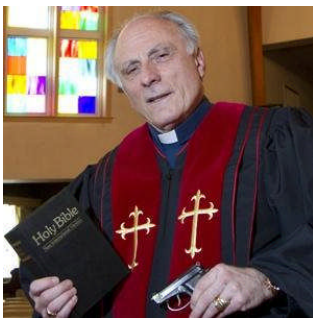


Al Polizo, Don Vinci & Jack Hellman



Art Krumrey, Joe Cipriani & Don Scully

ANSWER TO WHO is he: Our new Chaplain, John Rocco Carlo, senior pastor at Christian Pentecostal Church in Staten Island's Concord section. He retired after a 28 year career from the NYPD Transit Bureau as a highly decorated Captain in 1993.



You can't take the cop out of this pastor.

He said he never knows who might pose a threat to his flock of 1,000 parishioners so he still packs heat — even while giving sermons. He related the following story: "Once, I happened to be in the lobby after a service, and a guy walked in. He said, 'What would you do if someone came in here and started shooting people?' I said, 'I'd kill him.' The guy took off. I guess I gave him the right answer," the ex-cop recalled. "It's good to have 'Mr. Colt,' 'Mr. Glock' or 'Mr. Smith & Wesson' at a time like that."

Chaplain John Carlo is seen with his .25 Cal Beretta - which he keeps under his robe when he mounts the pulpit.

Important Medical Information



Medical Director, Manuel Langmay, MD

Most of us have been trained in CPR but nobody told us what to do if we are having a heart attack **while we are alone.**

Many people are alone when they suffer a heart attack. If you start experiencing a severe pain in your chest that starts to radiate out into your arm and up into your jaw and/or you begin to feel faint and/or may feel that your heart is beating improperly. You may be experiencing a Heart Attack. Without help or immediate action, we may only have about 10 seconds left before losing consciousness.

What can we do? It is called **COUGH CPR.** We can help ourselves by coughing repeatedly and very vigorously. A deep breath should be taken before each cough, and the cough must be deep and prolonged, as when producing sputum, from deep inside the chest. A breath and a cough must be repeated about every two seconds without let up, until we can get help or until the heart is felt to be beating normally again.

Deep breaths get oxygen into the lungs and coughing movements squeeze the heart and keep the blood circulating. The squeezing pressure on the heart also helps it regain normal rhythm. In this way, heart attack victims can save their own lives to get to a hospital for help.

This information is from Health Cares, Rochester General Hospital via Chapter 240s newsletter 'AND THE BEAT GOES ON' (reprint from The Mended Hearts, Inc. Publication, Heart Response). The Johnson City Medical Center actually discovered this and did an in-depth study on it then have had it incorporated into ACLS and CPR classes.



Mike & Anthony Errigo



Mike Paccione, Jim Gaglione, Tony Mazza, Mike Gervasi, Dennis Calasro, Sal Campanelli

2013 SCHOLARSHIP AWARDS

A College Scholarship has been awarded to **Jacqlene E. Moran, Granddaughter of Jack J. Moran** in the memory of: **Peter V. Anterio (1947-2013).** Pete was appointed to the NYPD in 1968 and retired as a Police Officer in 1994 from the 122nd Precinct. He was instrumental in the support and success of both the PBA's Widows and Orphan Fund and the Verrazano 10-13 golf outings.

A College Scholarship has been awarded to **Elyssa P. Graziano, granddaughter of Patrick J. Stringer** in the memory of: **John Hogarty (1933 – 2013) and William F. Gifford (1934-2013).** John was appointed to the NYPD in 1956. He worked in the 24th, 64th and 68th Precincts. His last 11 years with the department were spent in the crime lab. He retired in 1979 after working as a Police Officer for 23 years. William was appointed to the NYPD in 1961 and retired as a Police Officer from the 114th Precinct in 1981.

A College Scholarship has been awarded to **Catherine L. Sharidan, granddaughter of Frank A. Bradicich** in memory of: **Andrew Diller Jr. (1961-2013) and Francesco (Frank) DeSio (1951-2013).** Andrew was appointed to the NYPD in 1982 and retired from the 122nd Precinct as a Detective. Frank was appointed to the NYPD in 1974 and retired as a Police Officer from Manhattan TPD.

A High School Scholarship is awarded to **John Moran, grandson of John Moran** In the Memory of: **Rocco Valinoti (1938–2010)** Rocky had a 23-year career with the NYPD. He was appointed in 1966 and retired from the Personnel Bureau in 1988 as a Detective. He served in the U.S. Army during the 1950s. This award is sponsored by his sons, Robert, Vincent and Jack in his memory.

NY's Safe Act

A Judge Upholds Most of NY's Safe Act, But Strikes down Part Of It

ALBANY, N.Y. (AP) **A federal judge** has upheld most of New York's new gun control law, **rejecting** arguments that its **bans on large-capacity magazines** and the sale of some semi-automatic rifles violate Second Amendment rights.

Judge William Skretny in Buffalo says those provisions are constitutional because they're related to achieving an "important governmental interest" in public safety. He says those two features make guns more lethal.



Skretny struck down the restriction on gun owners loading more than seven bullets in a legal 10-round magazine, saying that appears to be "an arbitrary number."

The law was adopted last January following the mass shooting at Sandy Hook Elementary School in Newtown, Conn.

The New York affiliate of the National Rifle Association, sportsmen's groups, firearms businesses and gun owners filed the suit.

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Phil Deluca, Rich Shenton, Mike DeFilippo,
Pat Costello

----- *The RMP – Representing Members Proudly* -----



Larry Ernst, Charles Manganato,
Greg De Angelo selects Scholarships



Robert Prather, Tom Brennen,
Tom Boyd



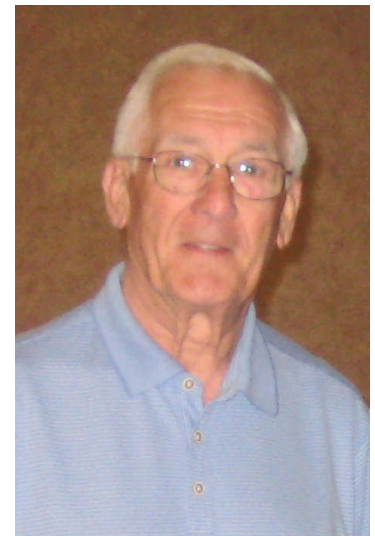
John Moran & Carlo Imperato
(John finally got Carlo to buy his book)

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Errigo, Joe Bonamo Sr & Board members



Charles Manganato, Joe Cammilleri,
Erik Pistic (50/50 winner)



Charlie Manganato and Joe Cammilleri
Paul Gallo (winner Canlon's Gift Certificate)

THIS ISSUE'S SECURITY TIP

If you receive a telephone call from an individual who identifies themselves as an AT&T Service technician who states that they are conducting a test on the telephone line(s), be suspicious, especially if they indicate that in order to complete the test your input is required. If they instruct you to press the following keys: nine (9), zero (0), and the pound sign (#), refuse and hang up. If you contact the telephone company, they will inform you that by pushing 90#, you give the requesting individual full access to your telephone line, which enables them to place long distance calls that are billed to your home phone number. This scam is called "Telus," it has been originating from many local jails/prisons. **DO NOT press 90# for ANYONE...** You can dial "0" to check this out (you may have to speak to a supervisor).



Ed & Pat Monaghan with Marie Zolfo



Ray Diaz & Ed Reuss

SHOWING YOUR AGE

IF you remember?

- **Wah-Wah sirens**
- **Patrol cars with push button transmissions that got stuck.**
- **Milk crates holding the backrest of seats from collapsing.**
- **When you dreamed of the day you'd have enough time in to be called a "hairbag".**
- **When RMP's had a telephone handset.**
- **When cops were called patrolman and they were all men.**
- **Bedmakers Fund - No Beds? No Bedmakers**

Think you know the law? Here are some you don't know

Law of the Bath - When the body is fully immersed in water, the telephone rings.

Law of the Result - When you try to prove to someone that a machine won't work, it will.

Law of Biomechanics - The severity of the itch is inversely proportional to the reach. ☐

Law of the Theatre & Sports Arena - At any event, the people whose seats are furthest from the aisle, always arrive last. They are the ones who will leave their seats several times to go for food, beer, or the toilet and who leave early before the end of the performance or the game is over. The folks in the aisle seats come early, never move once, have long gangly legs or big bellies and stay to the bitter end of the performance. The aisle people also are very surly folk.

The Coffee Law - As soon as you sit down to a cup of hot coffee, your boss will ask you to do something which will last until the coffee is cold.



2013 Scholarship's were drawn by Larry Ernst and Gregory DeAngelo, Chairman Charles Manganato looks on. Verrazano 10-13 members John Moran & Frank Bradicich, who sponsored their Grandchildren, were present at their selection.

www.AGLawNYC.com

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New York, NY 10016
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718.816.0005

RMP Jumble Answers: That the body was not at the scene of the crime.

NEW YORK CITY VERRAZANO 10-13 ASSOCIATION – INFORMATION

**PO Box 061-725, Staten Island, New York 10306
Contact: Edward Reuss (917) 273 – 8651**

Or visit the websites: www.vz1013.com or www.nycop.com

NEWSLETTER ADVERTISING RATES

**Business Card Ad..... \$75.00 Half Page Ad..... \$200.00
Quarter Page Ad..... \$125.00 Full Page Ad..... \$300.00**

**MAIL IN YOUR SPONSORSHIP FEE TO: NYCPD VERRAZANO 10-13, PO Box 061-725, SINY 10306
INCLUDE YOUR BUSINESS CARD AD OR SEND A JPG, JPEG, BMP, or PDF FILE to Info@VZ1013.com**

Ads may be reduced in size by as much as 25% for printing clarity and will appear in four Newsletters

**NOTICE: If your membership has lapsed after July 1ST, 2013
YOUR NAME HAS BEEN REMOVED FROM OUR NEWSLETTER MAILING LIST**

-----Cut along dotted line-----

2014 MEMBERSHIP APPLICATION

Annual Dues: \$25.00

New Member Renewal Associate Member Life Member

(PLEASE PRINT CLEARLY)

Last Name: _____ First Name: _____ MI: _____

Street Address: _____ Apt: _____

City: _____ State: _____ Zip: _____ - _____ Home Phone: _____

Cell Phone: _____ Spouse or Surviving Spouse - Name: _____

DOB (m/d/yyyy): _____ *or just (mm/dd):* _____ Email: _____

Date Appointed: _____ Tax Registry#: _____ Date Retired: _____ Command: _____

Rank: _____ Active? *or* Type of Retirement: Service Accident Medical Vested

Newsletter preference: PAPERLESS (website) by Mail Both - If you **GO PAPERLESS** will save the organization \$\$\$.

If you submit an Email address, a password will be sent to you, when it is necessary to view restricted Newsletter information

I wish to purchase additional membership card and have them mailed to me:

Number of additional card _____ @ \$0.75 per card = \$ _____ + \$25.00 (Membership dues) = Amount enclosed \$ _____.

Mail application & payment to: The NYC Verranzano 10-13 Association, PO Box 061-725, Staten Island, NY 10306

NEWSLETTER TRIVIA

Bet ya didn't knowThe History of the Middle Finger

Well, now.....here's something I never knew before, and now that I know it, I feel compelled to send it on to my more intelligent friends in the hope that they, too, will feel edified.

Before the Battle of Agincourt in 1415, the French, anticipating victory over the English, proposed to cut off the middle finger of all captured English soldiers. Without the middle finger it would be impossible to draw the renowned English longbow and therefore they would be incapable of fighting in the future. This famous English longbow was made of the native English Yew tree, and the act of drawing the longbow was known as 'plucking the yew' (or 'pluck yew').

Much to the bewilderment of the French, the English won a major upset and they began mocking the French by waving their middle fingers at the defeated French, saying, See, we can still pluck yew! Since 'pluck yew' is rather difficult to say, the difficult consonant cluster at the beginning has gradually changed to a labiodentals fricative 'F', and thus the words often used in conjunction with the one-finger-salute! It is also because of the pheasant feathers on the arrows used with the longbow that the symbolic gesture is known as 'giving the bird.'

And yew thought yew knew plucking everything.

A RETIREES QUOTE OF THE DAY: Money isn't everything, but it sure keeps the kids in touch.

-----Reverse side of Membership Application-----**Cut along dotted line**-----Read if ordering additional Membership Cards-----

New York City Verrazano 10-13 Association, Inc.

Comprised of Retired & Active NYPD Police Officers of all ranks
(501 (c) (3) Not-For-Profit Organization)



P.O. Box 061725
Staten Island, New York 10306
Telephone: (718) 966-8708



Website: www.vz1013.com

Email: Info@vz1013.com

Dear Member:

Enclosed are your annual NYC Verrazano 10-13 membership cards. We hope they will serve as a symbol of your ongoing affiliation with our organization.

As in the past, two cards are enclosed but, unlike the past, if you are interested in ordering additional 2014 NYC Verrazano 10-13 membership card, the fee of \$.50 per card will be charged.

If you pick up the additional cards in person this fee will remain constant at \$.50. However, if you desire us to mail the cards to you, the fee will be \$.75 per card. The additional \$.25 per card is necessary to cover our mailing charges.

Please indicate the amount of additional cards you wish to order on the reverse side of this letter and add that amount with your dues payment.

John Donohue,
President

-----The **RMP** – **R**epresenting **M**embers **P**roudly-----

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THEY ARE ACTUALLY**

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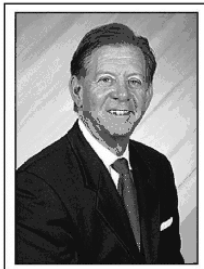
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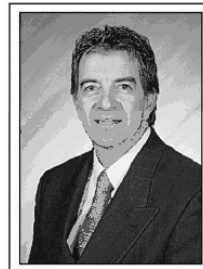
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2014 MEMBERSHIP DUES are now due

The membership application is located
on page 17



Awards Presentation
at the January Meeting
(See Honorees & Recipients on Page 12)

IMPORTANT PHONE NUMBERS

NYPD General Information	1-646-610-5000
Pension Section	1-212-693-5100
Out of State, call Toll Free	1-866-692-7133
PBA Union Office	1-212-233-5531
PBA Health & Welfare	1-212-349-7560
PBA Toll Free	1-877-844-5842
DEA	1-212-587-9120
SBA	1-212-226-2180
LBA & SOC	1-212-964-7500
NYPD License Division	1-646-610-5560
Social Security	1-800-772-1213
GHI	1-800-358-5500
Empire Blue Cross	1-800-433-9592
Medicare "A"	1-800-433-9592
Medicare "B"	1-212-306-7300
Caremark	1-877-722-7911
Ret. Health Ben (Rector St.)	1-212-513-0470
NYC Health Line	1-800-521-9574
VA Benefits	1-800-827-1000

IMPORTANT WEB SITES

NYC Pension <http://www.nyc.gov/html/nycppf/home.html>

2014 MEETINGS

All meetings will be held at the
Knights of Columbus S.I. Council
22 Hillside Terrace
Staten Island, NY 10308
718-317-0343

Meetings are on the 3rd Wednesday of the
month at 7:15 PM as follows:

January 15 th	July – No Meeting
February 19 th	Aug – No Meeting
March 19 th	September 17 th
April 16 th	October 15 th
May 21 st	November 19 th
June 18 th	--- December
(TBA) ---	

Police Relief Fund Emergency Medical Squad

The Police Relief Fund and the Emergency Medical Squad is a FREE benefit that all active and retired members of the service receive (this benefit includes spouses, children and parents)

Benefits include, but are not limited to: Ambulance to/from New York City up to 250 miles; medical equipment: oxygen therapy, pulmonary aid supplies, wheel chairs, electrical hospital beds, crutches, canes, tens unit therapy and other durable medical equipment.

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(See our website for benefit information)