

***Crow Wing County Local Advisory Council***

***On Mental Health***

*Lutheran Social Service of MN Building*

716 E Street, Brainerd, MN 56401

Phone (218) 828-7379

**1:00 Meeting**

**Welcome and Introductions:**

Present: Jennifer Vaughn (Chair, Acquire), Kathy Halbeck (CWC Resident, region 5 plus initiative, Nami, AMHI), Jason Ost (CWC, Children’s), Anissa Brobst (Acquire), Melanie Clemmer (CWC)

**Check-in’s-**

**Updates:**

NAMI: National convention: Atlanta, GA next year. Still looking for people for BLA for training for group facilitator: Anybody, co-facilitator: need 2 people. State convention: In the fall.

REGIONAL LAC: funding for having event for bringing community together? Meeting every month: 1 month during the day, 1-month evenings. July 17 1-230, August 21: 6-730, rotating from there. At Crisis Line and Referral or a zoom link.

STATE LAC: Came to Sourcewell. Information session: Working on rewriting guidebook. Looked at our bylaws: conflict resolution.

AMHI: zoom account? Paying for it for each county LAC. A few people had log in.

CWC: No updates from county.

**Area Unmet Needs Discussion: (transportation, housing, child care, other)**

**Old Business-**

**Woodsy**

Tablecloth, Banner: any day

**Relationship safety day, Geory Park**

Sunday August 10, 11-2

**Cwc community connect: Brainerd High School**

Sunday Sept 21

**CWC Fair: July 29- August 2nd**

Suggested: BLADE: Ask them if we can share a booth with them. Kathy can be there for some of it, but can’t be there for all of it.

Wellness in The Woods?

**Out of the darkness:**

October? The Pines at Grandview

9AM

**Lunch and Learns: 200 total?**

**September: Friday afternoon? 1.5 hours?**

**STIGMA:** breaking down stigma, suicide awareness? Mental Health 1st aid training: intro to it? What it is? How look further if interested in it, 2-days? Faith communities and men: engaging with men, engaging with faith communities. In general: Who does what and what services do what? **Anissa** community?

**November: 1.5 hours: in person**

Neurodivergency: ASD/Autism: Level 2? What is that? **Jenny**

ACES: trainings? Surrounding that? Awareness? **JPK?**

**New Business**

**Coalition:** North Central Suicide Prevention Coalition: trying to get suicide prevention organizations.Zoom meeting in July: Heather Stanley at Crisis Line and Referral

**Library? Meeting room at Habitat? Arboretum?**

Acquire: July 27, Sunday at 3.

Godaddy: work in progress

**CWC:** Wellness in the Woods (Kathy reach to Denise) or Blade (Jenny reach out to Blade)?

Events work group Anyone want to join??

**ITEMS TO LEARN MORE ON:**

**Adjourn**