

***Crow Wing County Local Advisory Council***

***On Mental Health***

*Lutheran Social Service of MN Building*

716 E Street, Brainerd, MN 56401

Phone (218) 828-7379

**1:00 Meeting**

**Welcome and Introductions:**

**Present:** Jennifer Vaughn (Acquire, chair), Janet Karnes (Todd County LAC, AMHI, regional lac chair), Kathy Hallbeck (CWC resident, Region 5, NAMI), Jodie Dahl (consumer, Safe harbor), Heather Stanley (crisis line, North Central Nami, Nami connections), Kelsey Nelson (CWC), Melanie Clemmer (CWC), Pat Sharbonda (CWC), Sarah Harmon (Outreach from Skipped Parts), Anna Bankey (lakeview, Drug Court)

**New Business/Check-in’s-**

**Region 5:** Round of Mini grants for March. Event went well.

**State LAC:** Town Halls

**NAMI:** Suicide packets for suicide survivors. Lock boxes are available if people need to lock up medications.

**AMHI:** Peer specialist training, may 6-15. Paying for training and paying for hotels. Will help pay for mileage, meals, try to help with childcare. Contact Daneille from Sourcewell to get application. Starting process Feb. Danielle.wadsworth@sourcewell-mn.gov

Connections group is tonight: UCC Church in Brainerd 630-8, 2nd and 4th Thursday of the Month. Anyone with live MH experienced. Heather and Arlene facilitate. Possible virtual option.

**CWC:** Childrens MH initiative in a round of mini grants. Looking for proposals for MH, autism, and in-home therapy. 6 responses.

Pick Count: Homelessness in CWC:

**Acquire:** We have immediate openings for DA’s, we have interns that can do probono work.

**Updates:**

**Trainings-**

**Involvements-**

MH day on the hill: Feb 20th: NAMI will pay for a bus if 10 people can go. January 31st deadline to ride with on the bus.

Attached is an invitation to the LAC Workgroup Townhall on Wednesday, February 5, 2025, from 3:30-5:30 pm at the Elmer L Anderson Human Services Building, 540 Cedar Street, Saint Paul, MN, 55101, room 222 and virtually with the meeting link:
<https://minnesota.webex.com/meet/mhadvisory.council.dhs>

**LAC county update-**

 **Agency updates**

 **BCBS update**

**Area Unmet Needs Discussion: (transportation, housing, child care, other)**

**Old Business-**

**Mini grant:**

Contributed to Region LAC

Table, chairs, weights, pop up

Tablecloth, banner

Logo

Website, Facebook, Instagram

CLC/Run for the Lakes

Lunch and learn

Ad Items: brochures, flyers, chapstick, pens, journals

**Walks:**

**Run for the lakes:** May 2-3

**CLC 5k: April 26 at 9:** Kelsey, Kathy?

**Lunch and Learns**: Kelsey, Jenny Before the meeting at 1. Acquire, Sarah Harmon at Skipped Parts. April 17, October 16? Cost for fair: ask Tammy: august

Our own event: wait for Cultivating Communities

**Bi-Laws:** Jenny

Regional 5 got theirs done

Region 5: Stipends comes out of 1 budget: Crow wing: Mileage reimbursement (.70), stipend (50), Daycare?? \*Don’t advertise this for CWC yet. Need to solidify\*

Each county gets 2 consumer reps at Regional meeting

**Unmet needs**: Later in the Year

**ITEMS TO LEARN MORE ON:**

**Adjourn**