

***Crow Wing County Local Advisory Council***

***On Mental Health***

*Lutheran Social Service of MN Building*

716 E Street, Brainerd, MN 56401

Phone (218) 828-7379

**October, 18 2021**

**1:30PM virtual meeting AGENDA**

**Welcome and Introductions:**

Present: Jennifer Vaughn (co-owner at Acquire), Dawn Shequen (adult MH worker at CWC), Miranda Aulie (therapist at Acquire), Sera Aker (therapist at Nystrom, supervisors for AHRMS/ICTS), Maria Essman (LSS), Jennifer Perez Krueger (therapist at Acquire)

**Introducing** Jennifer Vaughn and Amber Rosier at Acquire. LAC: in CWC for years. Combined adult and kids. Interest in participating has waned over the years. State Mandate that every county has a LAC: client representatives, everyone in state does differently. Regional meetings as well. Jonelle and Maria: Co-chairing, time to step back. Identify needs, gaps in services, networking. Community meeting: even clients

**Tell Me Something Good ☺**

An old client that graduated, bought her own house.

**Updates:**

**Trainings-** health and human services conference. Another conference coming up in fall? Spring? Lots of things CX because of covid.

Nystrom offers: Board approved supervision training, ethics: (march 4, 2022), Sand Tray therapy trainings (Jan 28, 2022),

Nystrom: MH Informed Birthing and Post Partum Class.

Nystrom: Skills groups offering for clients: 18 and over: Skills for life group, anger management group. Social skills for girls 13-17, teen girls group (self esteem/social skills): dates to follow. Big Lake Residential Treatment Office opened: SUDS, accept male and female.

**Involvements-**

Bridges of Hope Thanksgiving basket program: connecting families: thanksgiving meal, apply, and they will deliver

Christmas Program through Salvation Army

**LAC county update-**

Missed, Zoom cut out.

**Area Unmet Needs Discussion: (transportation, housing, child care, other):**

Kiddos in rural area. EX: Hillman city, Aitkin, big gaps in services, even outpatient providers. Ellie family services, no wait for CTSS.

School systems: kids with ADHD/Autism.

ACT Team

Housing

More participants in LAC: getting clients, especially kids is hard. Jennifer Perez Krueger and her new venture: any students interested? Acquire will check to see if any are willing to speak.

**Old Business-**

NA

**New Business/Check-in’s-**

Tring to get client representatives.

**ITEMS TO LEARN MORE ON:**

Client representative, schools and the gap, ACT.

**Adjourn**

**Upcoming meeting dates: December 20th at 130. (Potential date change due to Christmas?)**