

***Crow Wing County Local Advisory Council***

***On Mental Health***

*Lutheran Social Service of MN Building*

716 E Street, Brainerd, MN 56401

Phone (218) 828-7379

**6/17/2024**

**1:00PM virtual meeting AGENDA**

**Welcome and Introductions:**

**Present:** Jennifer Vaughn (chair, Acquire), Kathy Hallbeck (Region 5, Adult initiative), Melanie Clemmer (CWC: Mental health intake worker), Kelsey Arnston (CWC: Case manager):, Denise Rathy (Wellness in the Woods), Janelle Koering (consumer), Kaytlin Becker (Nystrom), Jodi Dahl (consumer)

Kudos: State reworked funding for AMHI’s for the state, giving a lot more money to rural areas, because we have more barriers to services. Recovery On the Road program reaching 2000 people in the last month. CLC 5K was busy.

**Updates:**

**Lighthouse Beginnings:**

New groups, Closing on weekends

**Kathy Halbeck, Region 5:**

988 Collaborations still meeting with different police/sheriff, going well.

Surveys: annual surveys available. Consumer survey for input on services and provider surveys.

In person peer training: Certified peer support specialist. Free. Sometime this fall. People interested can email: Danielle.wadsworth@sourcewell-mn.gov

Effort on housing: what to do to increase housing for felonies, bad credit history, Issue: rental rights. A lot of changes at the state level. Putting together resources. If have a pet: ESA: rights around that, rights around being evicted. Hybrid presentation? Page on site. Who do you go to, next step?

NAMI North Central: reforming in region. Next meeting July 11 from 4-530 at lighthouse beginnings: looking for board members

Annual work plan: Aitkin County did do one. Get a copy to look at it.

Presenters/topics:

Travis Law: Rights in crisis services: call in crisis team to help handle it.

WRAP facilitator trained.

Mental Health: terminology: who does what, diagnoses, what they may look like. Differences between CNP vs Primary doctor.

Advocacy: how to advocate for self or have a support person? **What are your rights as a consumer? How to file a complaint?** Attachment and importance of support people?

Psychiatric Health Care Directive? Vs Medical Directive. Navigators?

Social Security: how you interact with them. SSI, credits, what you get

**LSS:** Na

**CWC:**

Mary Marana retired. New person is Heather

**Safe Harbor, Saving Grace**: NA

**Nystrom:**

Carlie is doing AHRMS groups**.** Tuesdays from 10-1130. CTSS for children: been without program for a while, but service is offered again.

No waitlist for AHRMS or ITCS.

Pharmacy is up and running

**Wellness in the Woods**:

Bilingual Texting: Somali, Chinese, Hmong, Spanish.

<https://mnwitw.org>

**Crisis Line:** NA

**Acquire:**

SHINE paused for summer

Ivy East Peterson: 16+, LGBTQIA, People living with HIV/SPMI/DID, multicultural, Indigenous people, trauma, Domestic violence survivors

**Northern Pines Urgent Care:**  na

**BCBS:** Na

**New Business:**

**Trainings/Events:**

Color Walk in Aitkin for Mental Health

Open Arms Skills Group: Restoring hope at Lighthouse Beginnings: Wednesdays at 10-11AM.

**Old Business**

**Co-Chair, Secretary, treasure, work groups? Social media poster?**

Denise: Co-chair?

 Helps chair, runs/helps run events, helps organize things, attends break outs, does chair in event co-chair is not available, reach out.

Kathy: Treasure?

 Helps invoice with funds, process for reimbursed.

**Secretary: Looking for????**

 Meeting minutes, bi-laws.

Interim until voting in the fall?

**Work groups: Some are happening at regional level**

1. Mini grant: Priority: Jennifer, Kathy, Denise, Melanie Clemmer
2. Bi-laws: 2nd priority

Can wait: Put in presentation/annual report for county commissioners

Can wait: Getting people from diverse communities

Can Wait: Events

**Stipends and mileage for consumers**

Consumers: stipends for those who want to participate, mileage. Reimburse for childcare.

Regional LAC: also a stipend

**In person/Hybrid meetings/Changing meeting**

Lighthouse Beginnings in Baxter

Thursdays: 12/1? Friday Morning? Aug 15? Oct 17?

Maria and Pat input.

**Agenda? What do you want to see on it**:

**\*\*adding people—send Jen V their email to add to email list\*\***

**Adjourn**

**Upcoming meeting dates: August 15 at 1:00 PM**

Acquire MHC is inviting you to a scheduled Zoom meeting.

Topic: LAC Meeting

Time: Oct 16, 2023 01:00 PM Central Time (US and Canada)

        Every 2 months on the Third Mon, until Aug 19, 2024, 6 occurrence(s)

        Oct 16, 2023 01:00 PM

        Dec 18, 2023 01:00 PM

        Feb 19, 2024 01:00 PM

        Apr 15, 2024 01:00 PM

        Jun 17, 2024 01:00 PM

        Aug 19, 2024 01:00 PM

**Please download and import the following iCalendar (.ics) files to your calendar system.**

Monthly: https://zoom.us/meeting/tJIofuCrqT8iEtC3xV9eUhvpqBhYMWUmaaTO/ics?icsToken=98tyKuCuqzIjGdORuBGDRowAGYr4XenwtilHj7d-zwfTWiVmahXmJ8BKC59IJdXR

Join Zoom Meeting

https://zoom.us/j/96599374884?pwd=WjE5YUZjUTQyeXVhVHRSLytrclcydz09

Meeting ID: 965 9937 4884

Passcode: 450972

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• +1 929 205 6099 US (New York)

• +1 719 359 4580 US

• +1 253 205 0468 US

• +1 253 215 8782 US (Tacoma)

• +1 346 248 7799 US (Houston)

• +1 360 209 5623 US

• +1 386 347 5053 US

• +1 507 473 4847 US

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Meeting ID: 965 9937 4884

Passcode: 450972

Find your local number: https://zoom.us/u/ak6U8viOG