

***Crow Wing County Local Advisory Council***

***On Mental Health***

*Lutheran Social Service of MN Building*

716 E Street, Brainerd, MN 56401

Phone (218) 828-7379

**August 15, 2022**

**1:00PM virtual meeting AGENDA**

**Welcome and Introductions:**

**Present:** Jennifer Vaughn (Acquire), Christine Smith (Acquire), Mary Marana (Crisis Line), Jessi Weinhandl (Wellness in the Woods), Pat Sharbonda (CWC, children’s), Sara Aker (Nystrom), Arlene Sealander (Nystrom), Mallori Sheik (Acquire), Jason Ost (Crow Wing County), Dawn Shequen (CWC), Annastasai Raming (Peaceful Mind)

**Updates:**

**Trainings-**

Wellness in Wood sent flyer

Gary from BCBS also sent some information

Wellness in Woods: annual conference: Wellness in our world, 9/17: 9-4 [www.mnwitw.org](http://www.mnwitw.org) to register

**Involvements/Openings-**

LGBTQ Group: closed group: Peaceful Mind: <https://peacefulmindmentalhealth.com>/ “It Get’s Better.”

**LAC county update-**

Jessica H (Smiles for Jake): trying to get ahead of the game. Offering support to the schools.

New Children’s MH workers.

Getting MCO, Northern Pines at HS to come to these meetings?

Collaborative workers, since 1999, no longer funded by Sourcewell but will be by schools. Not able to generate enough money (starting this spring/fall). Dec 31st. Hope to know by December

Higher reimbursements for in-home work? Potential.

Family Sexual Abuse Treatment Program: was a collaboration with NP and CORE, some other agencies, work in conjunction with perpetrators and victims. Morrison, Todd, Crow Wing are hoping to resurrect. Nothing plotted or planned out yet. Possible ask various agencies to see who has capabilities and interest.

Crow Wing Energize: documentary: Agnst (Indie Films),

Tara: going out on calls with county.

**Provider information**

Reimbursement rates not increasing with the need.

Waitlists? Med management: Nystrom: closest for new patients is St. cloud: in person or telehealth.

Peaceful mind: openings but all online

Acquire: immediate openings. Mallori: Autism, level 1, grief/loss, elder caregiver support, couples, families, teens

Better Outlook: New psychiatric med provider in Nisswa. (I spoke with them and someone should be at the next meeting to introduce themselves)

988: shortening national suicide prevention. If need help immediate, just not wanting to talk to someone, call local crisis line.

NP 1st responders: expanded out of CWC potentially. Tow truck drivers? 1st responders, law, social workers, human services field, correctional officers.

**Area Unmet Needs Discussion: (transportation, housing, child care, other)**

Kiddos: struggles finding services for them.

**Old Business- what does everyone want out of LAC?**

Opportunity to network, even if not an hour.

Todd LAC Meetings: consumer stipend: $20.

**Agenda? What do you want to see on it**:

**Adjourn**

**Upcoming meeting dates: October 17th at 1:00**