

***Crow Wing County Local Advisory Council***

***On Mental Health***

*Lutheran Social Service of MN Building*

716 E Street, Brainerd, MN 56401

Phone (218) 828-7379

**4/15/2024**

**1:00PM virtual meeting AGENDA**

**Welcome and Introductions:**

**Present: Jennifer Vaughn (Acquire), Christine Smith (Acquire), Kathy Halbeck (consumer, region 5 plus), Denise Rathy (Wellness in the Woods), Maria Essman (LSS), Pat Sharbonda (CWC), Melanie Clemmer (CWC), Dawn Shequen (CWC), Jason Ost (CWC)**

**Updates:**

**Kathy Halbeck, Region 5:**

Grants have been awarded. Surveys.

**LSS:**

Funding for hotel vouches for youth ages under 25. Warming shelter closing. Funding for those 18-23 who’ve aged out of foster care. 2000 for rent, household needs, deposits, utilities, ect.

**CWC:**

Pat:

Morrison, Todd, Cass, Wadena.

Look for client survey.

Last 3 weeks lots of referrals

Melanie:

Funding for flex funds: SPMI/Chemical

Day center: Mental Health Skills group

**Safe Harbor, Saving Grace**:

NA

**Nystrom:**

NA

**Wellness in the Woods**:

Recovery on the Roads plans.

Jail work

**Crisis Line:**

NA

**Acquire:**

Still hiring!

SHINE: LGBTQ+ and Ally support group. 4682 Wilderness Court, Acquire:

**Northern Pines Urgent Care:**

NA

**BCBS:**

NA

**New Business:**

**Regional LAC**

May 16, 1-2 (Thursday)

Trying to get people from both groups in a work group together

**Trainings/Events:**

April 17: Get Fit Fair

April 27: CLC 5k: Stomp the Stigma

CWC Fair?

**Funds: Grant and Funds (1000)**

Website and domain: $175.00

Minutes? zoom link? History of? Sharing with CWC? Or it’s own?

Facebook/Instagram accounts and ads: $200

 Banner/tablecloth: $500

 Event funds (CWC Fair, WeAre, CLC Walk, other?): $1000

Advertising costs/items: $500

 Pop up canopy: $200

 Table, Chairs: $100

 Event with speakers: $2,000

 Other speaking events: 325

Total: $5,000

Logo: each LAC: Region 5 in center? Pieces that come together? Puzzle?

Lunch and Learns? Snacks?

**Co-Chair, Secretary, treasure, work groups? Social media poster?**

Looking for spots to fill positions

Work groups for social media, events, ect

Denise: Co-chair?

Kathy: Treasure?

Secretary: ???

**Work groups: Some are happening at regional level**

Mini grant

Bi-laws

Put in presentation/annual report for county commissioners

Getting people from diverse communities

Meet more?

**Stipends and mileage for consumers**

Consumers: stipends for those who want to participate, mileage. Reimburse for childcare.

Regional LAC: also a stipend

**In person meetings**

Hybrid model: in person and virtual, location?

County: meeting rooms may be available: Pat?

LSS has a room available as well: Maria?

Habitat: Denise

Drop in Center: Kathy

Library: Denise

Art Center: Denise

Acquire: Available

Bus routes? Dial a ride

OWLS

**Describe what LAC is/what it’s for/how it funnels to state:**

LACS are state mandated. Each county is supposed to have one. Gives input to county board, can have 2 reps from each region 5 +. Regional LAC: regions come together to share information, information from regional LAC feeds into region 5 + adult initiative, goes to AMHI (programs, grants, ect), State advisory counsel. Annuel report to county board of commissioners. Link broken: State advisory counsel and regional LAC.

51% of LAC should be people with live experience

**Other Groups**

Crow Wing Energize?

Community Action?

The Sewing Room and other communities of excellence

**Old Business-**

Work groups: RENEW bylaws:

Work Group: Annual report

Mini grant

Bi-laws

Put in presentation/annual report for county commissioners

Getting people from diverse communities

**Agenda? What do you want to see on it**:

**\*\*adding people—send Jen V their email to add to email list\*\***

**Adjourn**

**Upcoming meeting dates:**

Sunday at 1 with Jenny and Denise. Graphic design

6/17/2024 at 1:00 for next LAC

Acquire MHC is inviting you to a scheduled Zoom meeting.

Topic: LAC Meeting

Time: Oct 16, 2023 01:00 PM Central Time (US and Canada)

        Every 2 months on the Third Mon, until Aug 19, 2024, 6 occurrence(s)

        Oct 16, 2023 01:00 PM

        Dec 18, 2023 01:00 PM

        Feb 19, 2024 01:00 PM

        Apr 15, 2024 01:00 PM

        Jun 17, 2024 01:00 PM

        Aug 19, 2024 01:00 PM

**Please download and import the following iCalendar (.ics) files to your calendar system.**

Monthly: https://zoom.us/meeting/tJIofuCrqT8iEtC3xV9eUhvpqBhYMWUmaaTO/ics?icsToken=98tyKuCuqzIjGdORuBGDRowAGYr4XenwtilHj7d-zwfTWiVmahXmJ8BKC59IJdXR

Join Zoom Meeting

https://zoom.us/j/96599374884?pwd=WjE5YUZjUTQyeXVhVHRSLytrclcydz09

Meeting ID: 965 9937 4884

Passcode: 450972

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• +1 929 205 6099 US (New York)

• +1 719 359 4580 US

• +1 253 205 0468 US

• +1 253 215 8782 US (Tacoma)

• +1 346 248 7799 US (Houston)

• +1 360 209 5623 US

• +1 386 347 5053 US

• +1 507 473 4847 US

• +1 564 217 2000 US

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• +1 669 900 6833 US (San Jose)

• +1 689 278 1000 US

Meeting ID: 965 9937 4884

Passcode: 450972

Find your local number: https://zoom.us/u/ak6U8viOG