

***Crow Wing County Local Advisory Council***

***On Mental Health***

*Lutheran Social Service of MN Building*

716 E Street, Brainerd, MN 56401

Phone (218) 828-7379

**1:00 Meeting**

**Welcome and Introductions:**

**Present:** Jennifer Vaughn (Chair),Denise Rathy (Vice Chair, Wellness in the Woods), Kathy H (AMHI, Region 5), Pat Sharbonda (CWC), Melanie Clemer (CWC), Rachel Zetah, (CWC), Pat Sharbonda (CWC), Jason Ost (CWC), Jodie Dahl (consumer), Janet Karnes (consumer Rep, AMHI, Todd County LAC, Chair or Regional).

**Updates:**

NAMI: Looking for members, volunteer group. Help with doing activities. Next meeting: May 8 from 4-5: zoom: Sheila People and Arelene Sealander at Seallander Coaching and Consulting.

Out Reach: different mental health places to hang brochures: State Fair: Mental Health Day? Take a bus of people from up here?

REGIONAL LAC:

Going to have 1st evening meeting at Crisis Line and Referral. Odd months, 3rd Thursdays = 1:00, even: 3rd Thursday at 6 (1.5 hours) Hybrid.

AI: allowed? Privacy?

Looking for storage for stuff for events?

Start up a website?

Permission to share zoom link because without Danielle, no one can get in.

Legal aid: is working it’s way around region for housing.

Todd County: Thursdays May 29: 430-730: River of Life Church in Long Prairie. Childcare, food, games.

State LAC: Town Hall meetings: updating guidebook. Open meeting laws, bots, lots of questions going on. Joy is doing things with all LAC’s. Chair of workgroup.

AMHI: Peer support training: going on, May 5-16: not on weekends, 830-430 (M-F): no cost for training. In person: Source well in Staples: mileage, childcare, meals, included.

Work on housing: region5mentalhealth.com and go to find support, then housing resources.

Looking for: 988: Crisis Collaboration Work group: consumer feedback, from anyone who’s used 988 system. Email to Kathy.

Event: You Matter: community conversation, April 30th: Lunch and Learn for lunch and dinner, 12-2 or 5-7. Get location when you register.

Unmet needs: part of survey work group from AMHI: consumer survey. Can use for county report to county board. Events: QR code?

CWC: Children’s: Children’s MH initiative trying to get off ground. Moving forward with mini grants, award letters, 3 entities getting funding for increased in home and improve birth-5 MH services. IMPACT funding from SourceWell. Working on a grant for that.

Children’s LAC: Parent reps, youth reps, agencies on board?

**NAMI steering committee meeting (monthly on the 2nd Thursday)**

**May 8th from 4-5**

[**https://meet.google.com/sgb-hvdd-vnz?authuser=0&hs=122**](https://nam11.safelinks.protection.outlook.com/?url=https%3A%2F%2Fmeet.google.com%2Fsgb-hvdd-vnz%3Fauthuser%3D0%26hs%3D122&data=05%7C02%7Cjennifervaughn%40acquirementalhealth.com%7C98d3a7d6dff64d5e02df08dd7df25961%7C672db6c94ee4440a85b4468e02968ae8%7C1%7C0%7C638805202194108849%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=dTjfAslQm7vyuiDRBZ375ILHy9zeS0gKmc5O0DpxEtk%3D&reserved=0)

**Sheila Piipo,** **grassroots@namimn.org**

**Arlene Selander,** **selandercoachingandconsulting@gmail.com**

**AMHI**

**Survey, Provider:**[**https://www.surveymonkey.com/r/ZZ2W5CG**](https://nam11.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.surveymonkey.com%2Fr%2FZZ2W5CG&data=05%7C02%7Cjennifervaughn%40acquirementalhealth.com%7C98d3a7d6dff64d5e02df08dd7df25961%7C672db6c94ee4440a85b4468e02968ae8%7C1%7C0%7C638805202194134282%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=BRVvkiAuGlfUMwWwlsFpGk8kbSYO5zMEm4JGYqKeZHA%3D&reserved=0)

**Survey, Consumer:**[**https://www.surveymonkey.com/r/G673HKZ**](https://nam11.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.surveymonkey.com%2Fr%2FG673HKZ&data=05%7C02%7Cjennifervaughn%40acquirementalhealth.com%7C98d3a7d6dff64d5e02df08dd7df25961%7C672db6c94ee4440a85b4468e02968ae8%7C1%7C0%7C638805202194144552%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=adg0x9Wgy1uNcK%2BiDY8H2QKgP%2BMRtJV5leMoxnp0pQI%3D&reserved=0)

**Housing info:**[**https://www.region5mentalhealth.com/housing-resources/**](https://nam11.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.region5mentalhealth.com%2Fhousing-resources%2F&data=05%7C02%7Cjennifervaughn%40acquirementalhealth.com%7C98d3a7d6dff64d5e02df08dd7df25961%7C672db6c94ee4440a85b4468e02968ae8%7C1%7C0%7C638805202194156112%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=wB2hpQipJFgJ174AsBf35RlMSrbDhEXcV0NUk6Spptw%3D&reserved=0)

**Peer support training application or 988 consumer feedback - email:****Danielle.Wadsworth@sourcewell-mn.gov**

**Area Unmet Needs Discussion: (transportation, housing, child care, other)**

**Old Business-**

**Run for the Lakes**

**Nisswa Community Center**

May 2-3

[Run for the Lakes – Brainerd Jaycees Run for the Lakes](https://runforthelakes.com/)

**CLC 5k:**

**College Brainerd:**

April 26, walk at 900, arrive about 815-9.

**CLC Get Fit Fair April 23rd**

11-1

**Bylaws**

Still needing to sign

Run through next meeting

**Lunch and Learns**

2 planned.

Flyers, social media posts

**Mini grant**

**New Business**

**Sundays meetings:**

Sundays at 3? Acquire: May 18, July 27, September 21st, Nov 16

**Godaddy: work in progress**

**AI:** More consumers? Share proper information and give each county a true picture, need to be able to share private and personal information. **“AL”**

**Commissioner?**

**Smiles for Jake, Blade, CWC Energize, CRMC**

**Tab for resources**

**ITEMS TO LEARN MORE ON:**

**Adjourn**