

# Embracing Me

By: La'Seana

In the quiet dawn, I rise anew,  
With whispers of love, soft and true.  
I cradle my heart, both tender and bold,  
In the warmth of my soul, a story unfolds.

Each scar is a map of battles I've fought,  
A tapestry woven from lessons I've sought.  
I honor my journey, the laughter, the tears,  
In the symphony of life, I embrace all my years.

My flaws are my beauty, my quirks are my grace,  
In the mirror's reflection, I find my own space.  
I dance with my shadows, I shine in the light,  
In the depths of my being, I claim my own right.

With each gentle breath, I whisper, "I'm here,"  
In the chorus of self-love, I banish all fear.  
For I am enough, just as I am,  
A wild, wondrous soul, a radiant gem.

So here's to the love that starts from within,  
To the courage to rise, to forgive, and begin.  
In the embrace of my spirit, I find my own song,  
A melody of self-love, forever strong.

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