



Babies Curriculum  
(Birth-18 months)

**Personal, Social and Emotional Development**

**Self-Regulation (Emotions)**

We will continue to support your baby to recognise and express their feelings by responding promptly and sensitively to their cries, sounds, facial expressions and movements. Through calm reassurance, cuddles and soothing routines, your baby will begin to feel understood and emotionally secure.

**Managing Self (Routines, behaviour and independence)**

We will help your baby to feel safe and confident by maintaining consistent routines for care, rest and play. By offering comfort, encouragement and gentle support, we will help your baby develop trust in familiar adults and begin to build a positive sense of themselves.

**Building Relationships**

We will encourage your baby to build strong, secure relationships by providing warm, loving interactions such as talking, singing, smiling and playing together. Through shared attention and responsive communication, your baby will develop enjoyment in social interaction and early relationships.

**Key skills:**

- Respond to familiar adults
- Smiles, laughs and shows enjoyment
- Seeks comfort when upset
- Shows preferences for people or toys
- Shows awareness of others

**Communication and Language**

**Listening and Attention**

We will support your baby to develop listening skills by talking, singing and responding to their sounds during everyday routines. By getting down to their level and sharing moments of attention, your baby will begin to focus on familiar voices and sounds.

**Understanding**

We will help your baby develop understanding by using simple words, repetition and actions during daily care routines. By consistently naming people, objects and actions, your baby will begin to link words with meaning.

**Speaking**

We will encourage your baby's early communication by responding to their babbling, sounds, gestures and facial expressions. Through turn-taking, talking and singing, your baby will begin to experiment with making sounds to communicate their needs and interests.

**Key skills:**

- Turn towards sounds and voices
- Babbles and vocalises
- Responds to own name
- Uses gestures such as pointing or reaching
- Understands familiar routines or words



Babies Curriculum  
(Birth-18 months)

**Physical Development**

**Gross Motor Skills**

We will support your baby's physical development by providing opportunities for tummy time, rolling, reaching and movement. Through safe floor play and encouragement, your baby will develop strength, balance and coordination.

**Fine Motor Skills**

We will encourage your baby's hand and finger control by offering a range of safe objects to grasp, hold and explore. Through sensory play and exploration, your baby will develop early hand-eye coordination.

**Health and Self-Care**

We will support your baby's health and well-being by following consistent care routines for feeding, rest and nappy changing. By responding to their needs and providing comfort, your baby will begin to feel secure and develop awareness of their body.

**Key skills:**

- Develops head and body control
- Rolls, sits, crawls or begins walking
- Grasps and releases objects
- Brings objects to mouth
- Begins to feed themselves

**Mathematics**

**Number**

We will support your baby's early awareness of number by using number language during everyday routines, such as counting steps, songs and actions. Through repetition and play, your baby will begin to notice patterns and rhythms.

**Numerical Patterns**

We will encourage your baby to explore patterns and differences through sensory play, music and movement. By repeating actions and sounds, your baby will begin to notice cause and effect and early patterns.

**Key skills:**

- Notices changes in quantity
- Explores objects by banging or dropping
- Shows awareness of routines



Babies Curriculum  
(Birth-18 months)

**Literacy**

**Understanding**

We will support your baby's early understanding by sharing books, songs and rhymes, responding to their sounds and gestures. Through repetition and interaction, your baby will begin to enjoy stories and familiar words.

**Reading**

We will encourage your baby's interest in books by offering a range of sensory and picture books. Through exploration and shared reading, your baby will begin to develop early awareness of print.

**Writing**

We will support your baby's early mark-making by providing opportunities to explore textures, movements and tools. Through sensory play, your baby will begin to develop the physical skills needed for later writing.

**Key skills:**

Enjoys sharing books

Responds to songs and rhymes

Handles books with support

**Understanding the World**

**People and Communities**

We will support your baby to learn about people by talking to them about familiar adults, responding warmly to their attempts to communicate, and sharing routines together. Through positive interactions, your baby will begin to recognise familiar people and feel a sense of belonging.

**The Natural World**

We will encourage your baby to explore the world around them by providing opportunities to experience different textures, sounds and outdoor environments. Through sensory play and observation, your baby will begin to notice changes and features in their surroundings.

**Technology**

We will support your baby's awareness of everyday technology by allowing them to explore safe objects such as push-button toys and household items. Through play, your baby will begin to understand cause and effect.

**Key skills:**

Explores through senses

Recognises familiar people and places

Shows curiosity about objects

## Babies Curriculum (Birth-18 months)

### **Expressive Arts and Design**

#### **Creating with Materials**

We will support your baby to explore different materials by offering safe sensory experiences such as paint, textures, sounds and objects. Through touching, mouthing and exploring, your baby will begin to investigate cause and effect and enjoy sensory play.

#### **Being Imaginative and Expressive**

We will encourage your baby to express themselves through movement, sounds and facial expressions. By singing, sharing rhymes and responding to their actions, your baby will begin to show enjoyment in music, movement and early imaginative experiences.

#### **Key skills:**

Explores sound and movement

Enjoys movement and singing

Explores textures and materials

Our curriculum is rooted in care, connection and calm — supporting each baby's emotional wellbeing and sense of belonging.

