

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Weeatbix, Porridge, Wholemeal Toast & Spread, Fruit, Greek Yoghurt				
AM snack	Toasted Bagels & Fruit	Banana Muffins & Fruit	Cheesy Pittas & Fruit	Crackerbread with Spread & Fruit	Buttered Toast Fingers & Fruit
Lunch (Including Dietary Alternatives)	Lentil Curry with Rice & Naan Bread Watermelon	Tuna Pasta Bake, Broccoli & Garlic Bread Vegetable Pasta Bake, Broccoli & Garlic Bread Fruit Salad	Chicken, Roast Potatoes and Seasonal Veg Quorn Chicken, Roast Potatoes & Seasonal Veg Fruit Kebabs	Salmon & Pea Gnocchi Tomato Gnocchi with Peas Fruit Puree	Wholemeal Macaroni Cheese with Veg Dairy Free Wholemeal Macaroni Cheese with Veg Watermelon
PM snack	Breadsticks or Rice Cakes with spread, and cup of milk				
Tea	Scrambled Egg with Toast Fruit Yoghurt	Wholemeal Wrap Pizzas & Cucumber Bananas & Custard	Cheese & Tomato Pinwheels with Carrot Sticks Ice Cream	Savoury Omelette & Pepper Sticks Fruit Yoghurt	Quiche Lorraine & Tomato Slices Bananas & Custard

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Weatbix, Porridge, Wholemeal Toast & Spread, Fruit, Greek Yoghurt				
AM snack	Toasted Bagels & Fruit	Banana Muffins & Fruit	Cheesy Pittas & Fruit	Crackerbread with Spread & Fruit	Buttered Toast Fingers & Fruit
Lunch (Including Dietary Alternatives)	Wholemeal Macaroni Cheese with Veg Dairy Free Wholemeal Macaroni Cheese with Veg Watermelon	Lentil Curry with Rice & Naan Bread Watermelon	Tuna Pasta Bake, Broccoli & Garlic Bread Vegetable Pasta Bake, Broccoli & Garlic Bread Fruit Salad	Chicken, Roast Potatoes and Seasonal Veg Quorn Chicken, Roast Potatoes & Seasonal Veg Fruit Kebabs	Salmon & Pea Gnocchi Tomato Gnocchi with Peas Fruit Puree
PM snack	Breadsticks or Rice Cakes with spread, and cup of milk				
Tea	Quiche Lorraine & Tomato Slices Bananas & Custard	Scrambled Egg with Toast Fruit Yoghurt	Wholemeal Wrap Pizzas & Cucumber Bananas & Custard	Cheese & Tomato Pinwheels with Carrot Sticks Ice Cream	Savoury Omelette & Pepper Sticks Fruit Yoghurt

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Weeatbix, Porridge, Wholemeal Toast & Spread, Fruit, Greek Yoghurt				
AM snack	Toasted Bagels & Fruit	Banana Muffins & Fruit	Cheesy Pittas & Fruit	Crackerbread with Spread & Fruit	Buttered Toast Fingers & Fruit
Lunch (Including Dietary Alternatives)	Salmon & Pea Gnocchi Tomato Gnocchi with Peas Fruit Puree	Wholemeal Macaroni Cheese with Veg Dairy Free Wholemeal Macaroni Cheese with Veg Watermelon	Lentil Curry with Rice & Naan Bread Watermelon	Tuna Pasta Bake, Broccoli & Garlic Bread Vegetable Pasta Bake, Broccoli & Garlic Bread Fruit Salad	Chicken, Roast Potatoes and Seasonal Veg Quorn Chicken, Roast Potatoes & Seasonal Veg Fruit Kebabs
PM snack	Breadsticks or Rice Cakes with spread, and cup of milk				
Tea	Savoury Omelette & Pepper Sticks Fruit Yoghurt	Quiche Lorraine & Tomato Slices Bananas & Custard	Scrambled Egg with Toast Fruit Yoghurt	Wholemeal Wrap Pizzas & Cucumber Bananas & Custard	Cheese & Tomato Pinwheels with Carrot Sticks Ice Cream

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