



Preschool Curriculum
(3-5 years)

Personal, Social and Emotional Development

Self-Regulation (Emotions)

We will continue to support your child to recognise and manage their emotions by helping them talk about how they feel, modelling calm responses, and introducing simple strategies such as taking turns, using words to solve problems, and calming techniques when feelings feel overwhelming.

Managing Self (Routines, behaviours and independence)

We will encourage your child to develop independence and confidence by supporting them to follow routines, make choices, and take responsibility for their belongings and self-care. Through positive reinforcement and clear boundaries, your child will continue to develop resilience, perseverance and a strong sense of self.

Building Relationships

We will support your child to build positive relationships by encouraging cooperative play, sharing, and turn-taking, while helping them understand others' feelings and viewpoints. Through group activities and adult guidance, your child will develop friendships, empathy and respect for others.

Key skills:

- Forms friendships
- Manages emotions with support
 - Takes turns and shares
 - Shows confidence
- Understands boundaries

Communication and Language

Listening and Attention

We will support your child to listen attentively during stories, group discussions and play with others. By encouraging turn-taking in conversations and group activities, your child will continue to develop sustained attention and listening skills.

Understanding

We will help your child develop understanding by using rich language, asking questions, and introducing new vocabulary during play and routines. Through conversation and explanation, your child will begin to understand more complex instructions and ideas.

Speaking

We will support your child to use language confidently by encouraging them to share ideas, talk about experiences and take part in conversations. By modelling clear speech and introducing new words, your child will develop their vocabulary, sentence structure and confidence in speaking.

Key skills:

- Speaks in longer, full sentences
- Listens and responds appropriately
- Follows multi-step instructions
- Explains ideas and experiences
 - Asks and answers questions



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Physical Development

Gross Motor Skills

We will support your child to further develop their gross motor skills through activities such as balancing, climbing, pedalling and team games. By exploring different movements indoors and outdoors, your child will build strength, coordination and spatial awareness.

Fine Motor Skills

We will encourage your child to develop fine motor control through activities such as drawing, cutting, threading and using small tools. Through regular practice, your child will build the hand strength and control needed for writing and everyday tasks.

Health and Self-Care

We will support your child to become increasingly independent in caring for themselves by encouraging healthy choices, good hygiene routines, and confidence in dressing and toileting. Through guidance and encouragement, your child will develop a positive attitude towards their health and well-being.

Key skills:

- Runs, jumps and climbs with control
- Uses scissors and pencils effectively
- Makes marks on paper and begins to apply meaning to those marks, drawing recognisable shapes and objects
- Dresses independently and feeds self
 - Shows good coordination
 - Understanding of toileting

Mathematics

Number

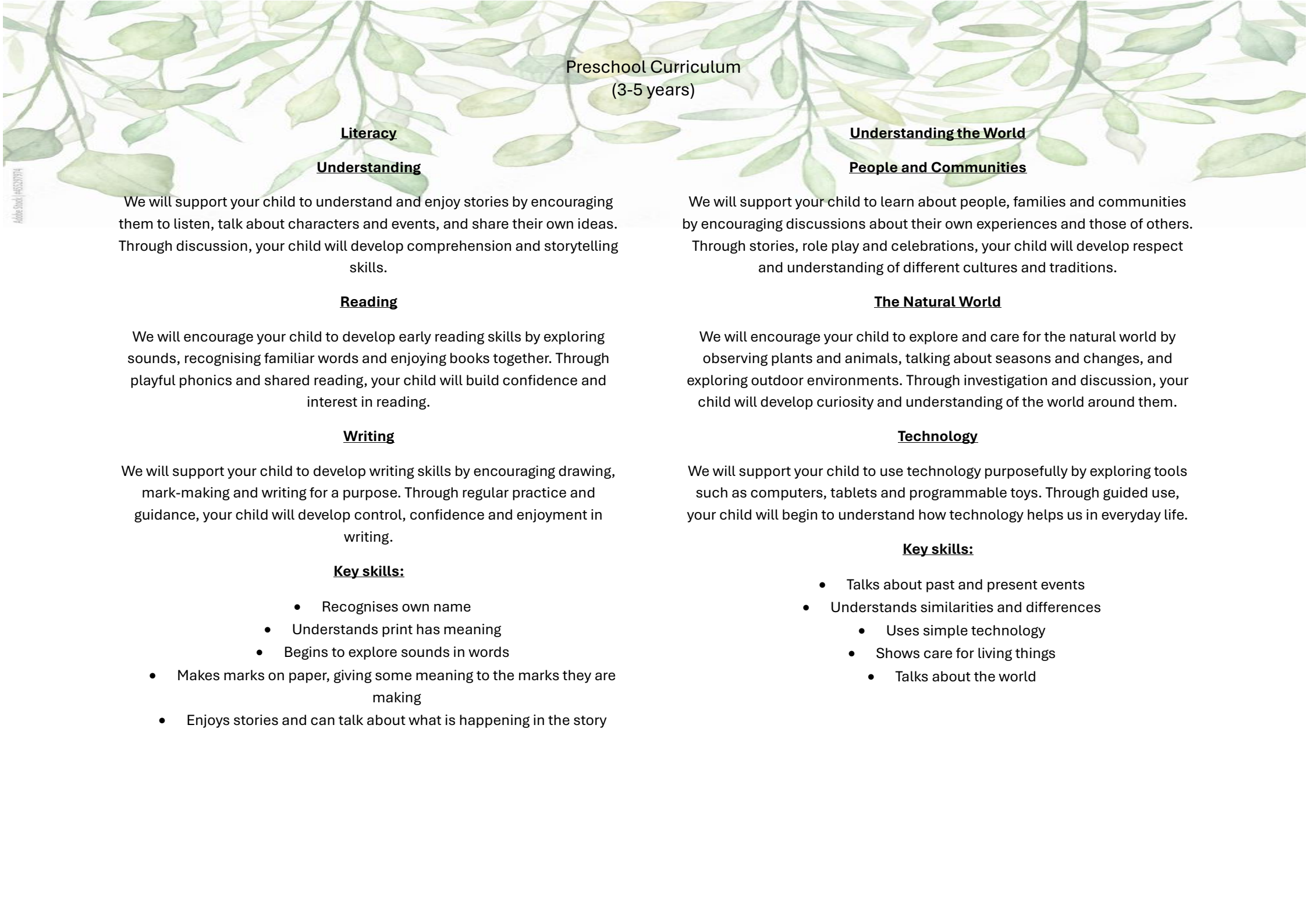
We will support your child to develop confidence with numbers by counting objects, recognising numerals and using number language during play. Through practical activities, your child will begin to understand quantities, comparison and simple problem-solving.

Numerical Patterns

We will encourage your child to explore patterns, shapes and measures through construction, games and creative activities. By talking about what they notice, your child will develop mathematical thinking and reasoning skills.

Key skills:

- Counts to 10
- Recognises numbers in the environment
- Shows understanding of size, weight and capacity
 - Recognises patterns
- Can name some 2D shapes and begin to make arrangements using shapes



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Literacy

Understanding

We will support your child to understand and enjoy stories by encouraging them to listen, talk about characters and events, and share their own ideas. Through discussion, your child will develop comprehension and storytelling skills.

Reading

We will encourage your child to develop early reading skills by exploring sounds, recognising familiar words and enjoying books together. Through playful phonics and shared reading, your child will build confidence and interest in reading.

Writing

We will support your child to develop writing skills by encouraging drawing, mark-making and writing for a purpose. Through regular practice and guidance, your child will develop control, confidence and enjoyment in writing.

Key skills:

- Recognises own name
- Understands print has meaning
- Begins to explore sounds in words
- Makes marks on paper, giving some meaning to the marks they are making
- Enjoys stories and can talk about what is happening in the story

Understanding the World

People and Communities

We will support your child to learn about people, families and communities by encouraging discussions about their own experiences and those of others. Through stories, role play and celebrations, your child will develop respect and understanding of different cultures and traditions.

The Natural World

We will encourage your child to explore and care for the natural world by observing plants and animals, talking about seasons and changes, and exploring outdoor environments. Through investigation and discussion, your child will develop curiosity and understanding of the world around them.

Technology

We will support your child to use technology purposefully by exploring tools such as computers, tablets and programmable toys. Through guided use, your child will begin to understand how technology helps us in everyday life.

Key skills:

- Talks about past and present events
- Understands similarities and differences
 - Uses simple technology
 - Shows care for living things
 - Talks about the world

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Expressive Arts and Design

Creating with Materials

We will support your child to develop their creativity by encouraging them to explore, combine and talk about different materials and techniques. Through art, design and construction activities, your child will begin to plan, create and take pride in their work.

Being Imaginative and Expressive

We will encourage your child to express ideas and emotions through imaginative play, storytelling, music, dance and performance. By exploring roles, narratives and creative experiences, your child will develop confidence, imagination and self-expression.

Key skills:

- Uses materials creatively
- Engages in imaginative role play
- Sings songs and performs actions
 - Creates original ideas
- Talks about their creations

Our curriculum is rooted in curiosity, independence and purposeful play — empowering children to become confident learners, thinkers and communicators as they prepare for their next stage of learning.

