

# GROW

## *My body is amazing (PD)*

- *I will explore a wide variety of equipment to support the development of my gross motor skills*
  - *I can experiment with a range of tools to develop my many important muscles*
  - *I will establish a strong knowledge of my body and how to take care of it*

## *I have a strong sense of self and my emotional well being is important (PSED)*

- *I will start to recognise my emotions and learn how to deal with them through co-regulation and guided self-regulation strategies*
  - *I will spend time with others and form special relationships with those around me*
- *I can begin to understand turn taking and controlling my feelings if someone else has something I want*

## *I have a voice (C&L)*

- *I will learn to confidently communicate my thoughts, ideas, needs & interests*
  - *I can use my knowledge of language to enrich my play*
- *I can demonstrate a strong understanding of others and follow simple instructions*

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## - DISCOVER

### *I will be curious about numbers and shapes (Maths)*

- I will stack, build and create with a variety of blocks, loose parts and building materials
  - I will become familiar with everyday routines and predict 'what comes next'
  - I can count in everyday contexts, sometimes skipping numbers
- I will begin to understand mathematical concepts such as 'full' and 'empty' through physical play

### *I will develop a love of reading and writing (Literacy)*

- I will enjoy listening to a wide range of stories, songs and rhymes- often choosing favourites
  - I will explore mark making through a range of media
- I can be an active listener during rhyme time, joining in with familiar actions or words

### *I will explore ways of being creative (Expressive art & design)*

- I can independently engage in imaginative play, acting out new experiences
- I will explore a wide variety of textures, resources and messy opportunities
  - I will learn to move my body to a variety of songs and sounds

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**I will know that I am part of a family, community and the wider world (Understanding the world)**

- I can talk about my family and understand and respect that there are differences between mine and others
  - I will begin to understand a wide range of events and festivals from all parts of the world
  - I will explore the natural environment

## Explore

**Embrace a love of the outdoors**

- I will spend long periods of time exploring the outdoor world and use my senses to explore all of its curiosities and wonders
  - I can learn all about the natural world, including bugs, plants, seasons and weather changes
  - I will learn to respect the world I live in and understand how I can help to take care of it

**I will be an independent learner and problem solver**

- I can take on new challenges, experience new things and be proud of my accomplishments
- I can manipulate materials in a variety of ways and notice when things have 'cause and effect' to later help me solve problems
  - I will develop resilience and persist when challenges occur

The page is framed by a decorative border of stylized leaves. The leaves are in various shades of green and brown, arranged in a way that they appear to be growing from the edges of the page. The leaves are simple in shape, with some having small veins. The overall style is clean and modern.

### ***I will be curious and learn to take risks***

- *I will take assessed risks in my play and always 'have a go'*
- *I will use my initiative to explore in ways that excite me*
- *I will take on new challenges and ask for help when I need it*