

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Weetabix, Shreddies, Cornflakes and Rice Crispies, Porridge, wholemeal toast & spreads, fruit and Greek yogurt				
Am snack	Cracker bread with a choice of spreads with milk/Crackers with oat milk Fruit	Rice cakes with a choice of spreads and milk/oat milk Fruit	Cheese slices and crackers milk/oat milk Fruit	Toasted buttered bagels milk/oat milk Fruit	Breadsticks with hummus and milk/oat milk Fruit
Lunch (including dietary alternatives)	Chicken tikka masala with rice and naan bread Chana masala with white rice and naan bread Cantaloupe melon	Roast chicken with gravy, roast potatoes, peas and sweetcorn Veggie roast with caramelised onion gravy, carrots, peas and roast potatoes Watermelon slices	Sweet potato shepherd-less pie with peas Watermelon slices	Toni's tomato pasta with peas Gluten free tomato pasta with peas Greek yogurt with mixed fruit	Cowgirl millie's sweet potato chili with mini wraps and mixed vegetables Honeydew melon
Pm snack	Rice cakes with a choice of spreads and milk/oat milk	Cracker bread with a choice of spreads with milk/Crackers with oat milk	Rice cakes with a choice of spreads and milk/oat milk	Breadsticks with hummus and milk/oat milk	Crackers with a choice of spreads and milk/oat milk
Tea	Jumbo fish fingers with sweet potato fries and peas Fish free jumbo fingers with bread and butter and peas	Tomato pasta bake with grated cheese Tomato pasta bake with vegan cheese	A selection of sandwiches with cucumber sticks Dairy free/no pork selection of sandwiches with cucumber sticks	Beans on toast with cheese and a salad selection Beans on toast with vegan cheese	Chicken goujons potato shapes with cucumber sticks Vegetarian goujons with potato shapes and cucumber sticks

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Weetabix, Shreddies, Cornflakes and Rice Crispies, Porridge, wholemeal toast & spreads, fruit and Greek yogurt				
Am snack	Cheese slices and crackers with milk/oat milk Fruit	Toasted buttered bagels and milk/oat milk Fruit	Cracker bread with a choice of spreads and milk/oat milk Fruit	Breadsticks with hummus and milk/oat milk Fruit	Rice cakes with a choice of spreads and milk/oat milk Fruit
Lunch (including dietary alternatives)	Super duper tuna pasta and carrots Super duper vegetable pasta with carrots Cantaloupe melon	Chicken fajitas and piadina wraps with grated cheese and salad sticks Veggie fajitas and piadina wraps with cheese/vegan cheese and salad sticks Watermelon slices	Squash and chickpea curry with rice and naan bread Greek yogurt with mixed fruit	Toni's tomato pasta with white rice and garlic bread Gluten free tomato pasta with white rice and gluten free naan bread Greek yogurt with mixed fruit	Chicken and potato stew with buttered baguette, and mixed vegetables Vegetable and potato stew with buttered baguette and mixed vegetables Honeydew melon
Pm snack	Cracker bread with a choice of spreads with milk/Crackers with oat milk	Breadsticks with hummus and milk/oat milk	Rice cakes with a choice of spreads and milk/oat milk	Crackers with a choice of spreads and milk/oat milk	Cracker bread with a choice of spreads with milk/Crackers with oat milk
Tea	Beans on toast with cheese and a salad selection Beans on toast with vegan cheese and a salad selection	Tomato pasta bake with grated cheese Tomato pasta bake with vegan cheese	Chicken goujons with potato shapes and cucumber sticks Chicken-less goujons with potato shapes and cucumber sticks	Sliced ham and cheese with wholemeal wraps and salad selection Dairy free/no pork slices with wholemeal wrap and salad selection	Jumbo fish fingers with sweet potato fries and peas Veggie fingers with sweet potato fries and peas

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Weetabix, Shreddies, Cornflakes and Rice Crispies, Porridge, wholemeal toast & spreads, fruit and Greek yogurt				
Am snack	Rice cakes with a choice of spreads and milk/oat milk Fruit	Breadsticks with hummus and milk/oat milk Fruit	Toasted buttered bagels with milk/oat milk Fruit	Cracker bread with a choice of spreads and milk/oat milk Fruit	Cheese slices and crackers with milk/oat milk Fruit
Lunch (including dietary alternatives)	Mascarpone pasta with peas and garlic bread Red pepper gluten free pasta bake with peas and garlic bread Watermelon slices	Coco mango chicken curry with rice and naan bread Squash and chickpea curry and with rice and naan bread Honeydew melon	Corn mac n cheese with peas Dairy free mac an cheese with peas Greek yogurt with mixed fruit	Teddy DIY pizza Beef lasagne Cantaloupe melon	Coco cauliflower curry and rice and broccoli Greek yogurt with mixed fruit
Pm snack	Crackers with a choice of spreads and milk/oat milk	Cracker bread with a choice of spreads with milk/Crackers with oat milk	Rice cakes with a choice of spreads and milk/oat milk	Breadsticks with hummus and milk/oat milk	Crackers with a choice of spreads and milk/oat milk
Tea	Tomato pasta bake with grated cheese Tomato pasta bake with vegan cheese	Beans on toast with cheese and a salad selection Beans on toast with vegan cheese and a salad selection	Jumbo fish fingers with sweet potato fries and peas Veggie fingers with sweet potato fries and peas	Chicken goujons in a wholemeal wrap with cucumber sticks Chicken-less goujons with potato shapes and cucumber sticks	Sliced ham and cheese with wholemeal wraps and salad selection Dairy free/no pork slices with wholemeal wrap and salad selection