

# GROW

## ***My body is amazing (PD)***

- I will explore feeding myself and holding my own cup to drink from
- I will learn to move and use my body in new and exciting ways until I am able to walk
- I will explore a wide range of activities that support my fine motor skills
  - I am able to engage and cooperate with care routines

## ***I have a strong sense of self and my emotional well being is important (PSED)***

- I will form special relationships with those around me, using my key worker as a secure base
  - I can display a wide range of emotions and learn to deal with these through co-regulation
- I will be supported in developing my confidence until I feel secure enough to explore independently

## ***I have a voice (C&L)***

- I will learn to recognise and respond to my name
- I will communicate using gestures, babbling, single words or signs
  - I can understand simple sentences and instructions

A decorative border of green and brown leaves surrounds the text.

# DISCOVER

## *I will be curious about numbers and shapes (Maths)*

- I will stack, build and create with a variety of blocks and building materials
  - I will become familiar with everyday routines
  - I will experience a range of counting and number songs

## *I will develop a love of reading and writing (Literacy)*

- I will listen to and start to join in with a wide range of songs
- I will explore mark making through a wide range of media
- I will look at a variety of books and printed materials on my own and with an adult

## *I will explore ways of being creative (Expressive art & design)*

- I will begin to explore real life resources, role play areas and discover different ways of playing imaginatively
  - I will explore a wide variety of textures and messy play opportunities
  - I can learn to move my body to a variety of music & songs

The page is framed by a decorative border of stylized leaves in various shades of green and brown, arranged in a natural, flowing pattern around the edges.

***I will know that I am part of a family, community and the wider world (Understanding the world)***

- *I will spend lots of time in the garden and on walks within the community*
- *I will explore the natural environment and begin to learn how to take care of it*
- *I will see pictures of myself and my family represented in the environment*

## ***Explore***

***Embrace a love of the outdoors***

- *I will spend time out in the garden and use my senses to explore the world around me*
- *I will explore the natural world by doing things such as collecting pine cones, flowers, leaves and experiencing all types of weather*
  - *I will explore sand and water as part of the continuous provision*

***I will be an independent learner and problem solver***

- *I can take on new challenges and experience new things*
- *I will make my own choices about how I want to explore, learn or create*
- *I can manipulate materials in a variety of ways and start to notice 'cause and effect'*



The page is framed by a decorative border of stylized leaves. The leaves are in two colors: a muted sage green and a light taupe. They are arranged in a way that they appear to be growing from the edges of the page, with some leaves overlapping. The overall style is soft and naturalistic.

### *I will be curious and learn to take risks*

- *I will explore and take on risks and challenges in a safe and secure environment*
- *I will use my initiative to explore in ways that excite me and always 'have a go'*
- *I will use familiar adults as a secure base to explore new challenges and experiences*