



Toddlers Curriculum
(18 months-3 years)

Personal, Social and Emotional Development

Self-Regulation (Emotions)

We will continue to support your child to recognise, express and begin to manage their emotions by naming feelings, offering reassurance, and modelling calm behaviour. Through consistent responses and gentle guidance, your child will learn strategies to cope with big feelings such as frustration, excitement or upset.

Managing Self (Routines, behaviours and independence)

We will help your child develop confidence and independence by encouraging them to try new experiences, make simple choices, and take part in daily routines such as tidying up, handwashing and snack time. With praise and encouragement, your child will begin to understand boundaries and develop a positive sense of themselves.

Building Relationships

We will support your child to build positive relationships by modelling kind behaviour, supporting turn-taking, and encouraging cooperative play. Through shared activities and adult guidance, your child will develop confidence in playing alongside others and begin to form friendships.

Key skills:

Shows increasing independence

Expresses feelings

Plays alongside other children

Seeks adult reassurance

Begins to understand the rules

Communication and Language

Listening and Attention

We will continue to support your child's listening skills by encouraging them to focus during songs, stories and short group activities. By using visual cues and engaging activities, your child will develop longer attention and enjoyment in listening.

Understanding

We will support your child to understand more language by giving simple instructions, using clear sentences and repeating key words. Through everyday play and routines, your child will begin to follow instructions and understand familiar questions.

Speaking

We will encourage your child to develop their spoken language by modelling words and short sentences, expanding on what they say, and giving them time to respond. Through play and interaction, your child will build confidence using words to express their needs, thoughts and feelings.

Key skills:

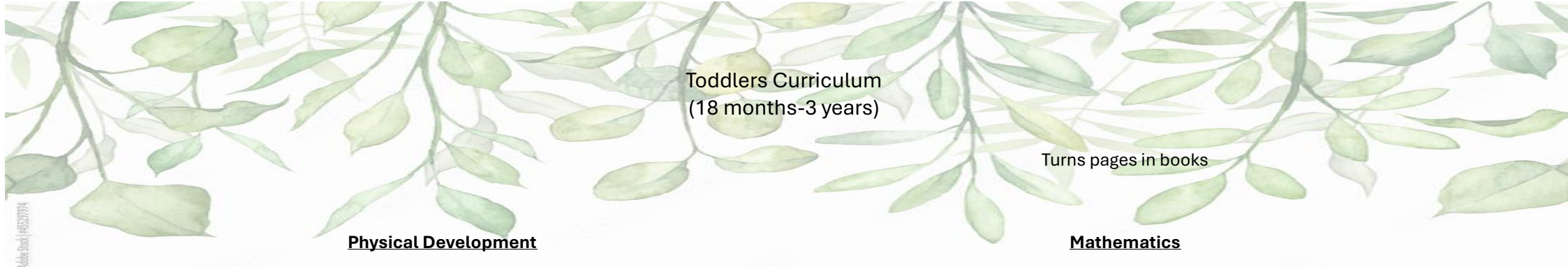
Uses words and short phrases

Understands simple instructions

Names familiar people or objects

Enjoys listening to stories

Begins to ask questions



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Physical Development

Gross Motor Skills

We will continue to support your child's physical development by providing opportunities for climbing, running, jumping and outdoor play. Through active play and adult encouragement, your child will develop strength, balance and confidence in moving their body.

Fine Motor Skills

We will encourage your child's fine motor skills by offering activities such as stacking, threading, mark-making and using simple tools. Through practice and play, your child will develop greater control and coordination in their hands and fingers.

Health and Self-Care

We will support your child to develop independence in self-care by encouraging skills such as handwashing, feeding themselves and beginning to dress with support. Through consistent routines and positive guidance, your child will develop healthy habits and confidence.

Key skills:

Walks, runs and climbs confidently

Uses spoon, cup or fork

Shows interest in toilet training

Builds with blocks

Turns pages in books

Mathematics

Number

We will support your child to develop early number understanding by counting during play, routines and songs. By using numbers in meaningful ways, your child will begin to recognise quantities and enjoy counting.

Numerical Patterns

We will help your child explore patterns, shapes and size through sorting, matching and play with everyday objects. Through hands-on experiences, your child will begin to notice similarities, differences and simple patterns.

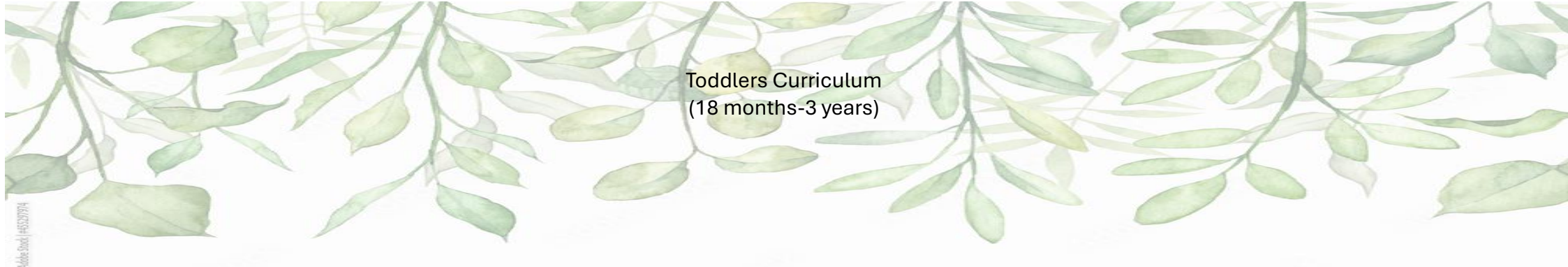
Key skills:

Uses language such as big or more

Counts small numbers with support

Matches shapes or objects

Notices patterns in routine



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Literacy

Understanding

We will support your child's understanding by sharing stories, asking simple questions and encouraging them to talk about pictures. Through repetition and discussion, your child will begin to follow simple storylines.

Reading

We will encourage your child's interest in print by sharing books, songs and rhymes daily. By noticing familiar logos, pictures and words, your child will begin to develop early reading awareness.

Writing

We will support your child's early writing skills by encouraging mark-making through drawing, painting and exploring tools. Through play, your child will begin to give meaning to the marks they make.

Key skills:

Enjoys sharing books

Recognises favourite stories

Joins in with rhymes

Makes marks using tools

Understanding the World

People and Communities

We will support your child to learn about themselves and others by talking about family members, familiar routines and special events. Through conversation and play, your child will begin to recognise similarities and differences between people.

The Natural World

We will encourage your child to explore the natural world by spending time outdoors, noticing plants, animals and weather changes. Through hands-on experiences, your child will begin to show curiosity and ask questions about what they see.

Technology

We will help your child explore technology by using simple tools such as torches, cameras or interactive toys. With adult support, your child will begin to understand how technology is used in everyday life.

Key skills:

Talks about familiar people and events

Explores natural materials

Shows interest in animals or vehicles

Understands daily routines

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Expressive arts and design

Creating with Materials

We will support your child to explore and experiment with a variety of materials such as paint, playdough, collage and construction resources. Through hands-on experiences, your child will begin to use materials in different ways and express their ideas creatively.

Being Imaginative and Expressive

We will encourage your child to express their thoughts and feelings through music, dance, role play and pretend play. By joining in with songs, actions and imaginative play, your child will develop confidence in expressing themselves.

Key skills:

Explores paint and other materials

Engages in pretend play

Moves their body to music

Uses their imagination

Our curriculum is rooted in secure relationships, gentle routines and meaningful play — supporting toddlers as they grow in confidence, independence and curiosity within a calm, nurturing environment





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