



Elevated Kenpo

Class Schedule

Monday:	3:30 - 4:00	Little's
	4:00 - 4:45	Children (Beginner)
	5:00 - 5:45	Children (Intermediate/Advanced)
	6:00 - 6:45	Adults (All levels)
Tuesday:	5:00 - 5:45	Children (All levels)
	6:00 - 6:45	Children Sparring
	7:00 - 7:45	Teen and Adult Sparring
Wednesday:	4:00 - 4:45	Children (Beginner)
	5:00 - 5:45	Teen (All levels)
	6:00 - 7:00	Women's Self-Defense
Thursday:	3:30 - 4:00	Little's
	4:00 - 4:45	Children (Beginner)
	5:00 - 5:45	Children (Advanced)
	6:00 - 6:45	Adults (All levels)
Friday:	Private Lessons Available	
Saturday:	9:00 - 11:00	Point Sparring/KickBoxing (<i>Invite only</i>)
	11:00 - 11:45	Children (All Levels)
	12:00 - 12:45	Teen/Adults (All levels)



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