



## **SWIM MAISON**

### **COVID-19 POLICY**

#### **COVID-19 SAFETY - WE'RE FULLY COMPLIANT WITH STAY SAFE GUIDELINES**

The peace-of-mind and safety of all visitors to our facility is a cornerstone of our operational principles. In order to ensure we are guarding members against Covid-19 risks, we have implemented the following measures, as we continue to work within government guidelines during the Covid-19 pandemic.

- Dedicated cleaning sessions
- Bookable sessions and the NHS COVID-19 app in use
- Controlled capacity
- Equipment cleaned before and after use
- Maintain social distancing
- Masks worn in communal areas of the swim studio

England has moved to 'Plan B' of the [COVID-19 Autumn/Winter Plan](#), in response to the risks of the Omicron variant (B.1.1.529). The government guidance was updated on 23 December 2021 to include the following changes:

The following statements are lifted directly from the most current guidance available on the government website.....

Face coverings are legally required in most public indoor venues, including many types of events and businesses.

This new guidance sets out information for the public and sport providers on how to organise and participate in grassroots sport and physical activity as safely as possible. This includes advice on steps you can take to reduce the risk of transmission within the sport environment.

## **How to Participate Safely**

There are no restrictions on how many people can take part in sport and physical activity, or on the activities they can do. Sport participation events such as races and walks can take place provided participants and spectators can be safely accommodated. You are not legally mandated to show your COVID-19 status to participate in sporting activity, regardless of the number of participants or whether the activity is indoors or outdoors.

However, there are some steps you should take to reduce the risk of transmission when you are participating.

### **Check for COVID-19 Symptoms and Health Conditions**

Before attending any sport or physical activity, all participants, officials, volunteers and spectators should self-assess for symptoms of coronavirus (COVID-19). These are:

- a high temperature
- a new, continuous cough
- a loss of, or change to, your sense of smell or taste

If you have one or more of these symptoms you should not attend any sporting activity, even if your symptoms are mild. You should follow NHS guidance on testing and self-isolation.

### **Follow your Sport Provider's Safety Measures**

Your sport facility or provider may ask you to 'check in' using the NHS COVID-19 app to scan their QR code. This supports NHS Test and Trace, and helps to reduce the spread of the virus. ***(Swim Maison requires you to check in using your NHS Covid-19 app until government advice is changed).***

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