



Bravo748 Military and Combat Speakers Bureau

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Sally Roberts



Sally Roberts is a former elite wrestler, Army soldier, sport psychology consultant and founder of Wrestle Like A Girl® nonprofit organization.

Sally was a resident at the Colorado Springs Olympic Training Center for eight years during which she was a 3-time national champion, 2003 World Cup Champion, 2003 & 2005 World Bronze Medalist, and a 2008 Olympic Alternate.

She served 6 years in the Army as a Special Operations soldier where she volunteered for deployment in Afghanistan. She was also a member of the Army's prestigious World Class Athlete Program and represented both the U.S. Army and Team USA in elite athletic competitions.

She earned a B.A. in Psychology from University of Colorado - Colorado Springs and a Master of Arts degree in Sport and Performance Psychology from University of the Rockies. She has a certification in nutrition from Institute of Integrative Nutrition.

In 2016, Sally founded the nonprofit organization Wrestle Like A Girl® on the premise that girls can do anything and that through sport can realize their full potential.

Sally received the 2016 Women in Sport Award on behalf of United World Wrestling and the International Olympic Committee. She is a Committee member of USA Wrestling, the United States Olympic Committee Youth Development Working Group, and on the Advisory Council for Equality League, a sports and human rights organization. She is an athlete ambassador for TrueSport, the grassroots organization for the United States Anti-Doping Agency.

Sally spoke at the United Nations 'Global Good' summit and participated in the Global Goals World Cup activist soccer tournament on Team Sports Equality Enforcers promoting the U.N. Sustainable Development Goals. Sally and Wrestle Like A Girl was featured on Megyn Kelly's Today show. In 2019 Sally was named USA Wrestling 'Women of the Year', and the IOC 'Women In Sport' achievement diploma.

