



Bravo748 Military and Combat Speakers Bureau

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Sally Roberts

Keynote- 30 – 60 Minutes with 10 - 15 minutes Q&A.

Courage To Lead (Combat to business lens)

- Sharing life experiences from combat athletics and a combat tour as leadership life lessons.
- Enhance perspective that adversity and challenges are not setbacks or barriers but meant for us to prove how badly we want something.
- Share positive psychology approaches to improve mindset
- Parlay the importance of perspective with failure to support the notion of “failing forward”

Courage To Lead (Combat to women’s empowerment lens)

- Sharing life experiences from combat athletics and a combat tour as leadership life lessons encouraging female bravery.
- Championing courage while addressing shame and guilt
- Share positive psychology approaches to improve mindset, teamwork and sisterhood
- Parlay the importance of perspective with failure to support the notion of “failing forward”.
- Communicate with confidence

Living Elite – Tools and Mindset Preparation For Living Your Best Life

- Dreaming BIG
- Goal-Setting
- Positive psychology approaches to improve mindset
- Parlay the importance of perspective with failure to support the notion of “failing forward”.
- Communicate with confidence (body language and verbal)
- Living brave in spite of adversity

