



**Bravo748 Speakers Bureau**  
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## **GLEN WILLIAMS** **OFFICER (RET)**

LAW ENFORCEMENT

MOTIVATIONAL SPEAKER \* COMMUNICATIONS and RELATIONS

### **Keynote**

#### **Turning Fear to Joy**

A quick, humorous reflection on 26 years in law enforcement, with experiences of trauma and fear. The joy of becoming vulnerable and overcoming those elements – focusing on:

- Self accountability
- Being tested
- Overcoming trauma
- Being the leader I want to be

### **Presentations**

#### **Bridging the Gap: An Inside Look at Communications and Relationships (8 hours)**

We share techniques for stress relief and ways to reduce the effects of PTSD, along with ways to communicate safely about traumatic events with our family. Keeping the lines of communication open is one key to reducing divorce and suicide.

- The importance of being self-accountable in our actions and choices
- Techniques and methods to reduce stress and the effects of post-traumatic stress
- The value of open, honest communication to reduce post-traumatic stress, divorce, suicide
- Methods to safely share traumatic events within our families and community

## The Trauma of Leadership: Reducing or Creating Trauma in Our Employees: (4 hours)

What kind of leader do you want to be? Techniques and leadership skills that assist your employees in working through traumatic events. Ways to avoid methods that create trauma in employees and create open, honest communication and relationship (leadership) versus ego-driven management.

- Self-accountability in leadership
- Definition, characteristics, and dynamics of a leader
- Difference between a manager and a leader
- Define your type of leadership
- Outline for becoming a leader your company and employees deserve

