Merkaba Activation Process

Time Period	Task	Description	Avatar
Week 1 (4 hours)	Submit "Inner Voice"	Send Practitioner 10 Second voice note stating your "Name"	Client
	Check Vitals (Biofield Scan)	Send Client Vitals Report (confirming email set-up)	Practitioner
	Review Education	https://hathorcollective.com/consciousness	Client and Practitioner
	Activate Merkaba	Lead client through a short guided visualization to help them connect with their intentions and prepare for the activation process.	Client and Practitioner
	Activate Harmonics (Sound Therapy)	Each session is tailored to your unique energy and spiritual goals, ensuring that the activation process resonates deeply with your personal journey	Client
Week 2 (1 hour)	Integration & Support	Post-session guidance and resources are available to support the integration of the Merkaba activation into your daily life. This ongoing support ensures you continue to benefit from the heightened energetic frequencies.	Client and Practitioner
Week 3 (1 hour)	Submit "Inner Voice"	Send Practitioner 10 Second voice note stating your "Name"	Client
	Check Vitals (Biofield Scan)	Send Client Vitals Report	Practitioner
	Activate Harmonics (Sound Therapy)	Each session is tailored to your unique energy and spiritual goals, ensuring that the activation process resonates deeply with your personal journey	Client
	Integration & Support	Post-session guidance and resources are available to support the integration of the Merkaba activation into your daily life. This ongoing support ensures you continue to benefit from the heightened energetic frequencies.	Client and Practitioner