

May 1 — July 31, 2026

14 Iyar— 17 Av 5786

Tenuah תנועה

Temple Beth Shalom Creating Community, Celebrating Diversity

Temple Beth Shalom is a dynamic, welcoming congregation, creating community and celebrating diversity. We strive to be a leading religious community by living “Our Shared Values” based on Torah and Jewish tradition. We provide a spiritual home for transformative learning, inspiring prayer and communal gatherings where people are included, embraced and valued. We maintain a deep connection with Israel and world Jewry. We are mindful of our obligation to sustain the environment and heal the world.

Temple Beth Shalom Membership

We invite you to find your unique place in our community, whether it be through spirituality, learning, social justice programs or social activities. By joining Temple Beth Shalom, you help to create and support a community of Jews of all ages and backgrounds who share a common vision. Your membership contribution makes the work of our dynamic community possible.

Temple Beth Shalom Services

On Friday evening welcome Shabbat with joyful singing, introspective readings and other members of your Temple Beth Shalom family. Our Kabbalat Shabbat service bridges the world of progressive and traditional services and is based on the *traditional* siddur.



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OFFICE HOURS

- Monday: 2:30 - 5:30 pm
- Thursday: 3:00 - 5:00 pm

SERVICES

- 7:15 pm (TBS Hybrid Services) May 8 & 22, June 12 & 26 and July 17 & 31
- 11:00 am Saturday Shabbat Services at The Terraces at Capitol Village

SAVE THE DATE !!

- 7:00 pm May 11 & 9:00 a.m. June 14 & July 12 Board Meeting (Zoom)
- 5:00 p.m. May 17 Annual General Meeting
- 5:30 p.m. May 17 Spaghetti Dinner and Raffle
- 1:00 p.m. May 24 Peace Garden Planting Event
- Check the TBS [calendar](#) for additional events.

717-697-2662

tbshalom@gmail.com

www.tbshalom.org

May-June-July Celebrations

Birthdays

May	
9 Robin Golberg	10 Melanie Greenblatt
June	
5 Traci Kornfeld	10 Erica Burg
12 Justin Schoch	15 Lucy Burg
17 Marshall Leopold	18 Kendal Kornfeld
28 Griffin Schoch	
July	
8 Emerson Mary Rudnick	10 Alan Greenblatt
19 Leah Eisenhour	21 Jeremy Kranzel
25 David Kranzel	26 Millie Levine

Anniversaries

MAY

David & Robin Golberg
Paul & Tracy Kornfeld

JUNE

Arnold & Carol Hillman
David & Beth Kranzel
Bill and Karen Gladstone

JULY

C.J. & Lisa Foer
Morton & Myrna Rubenstein



Yahrzeit Plaques:

Remember your departed loved ones throughout the year by putting their name on a Yahrzeit plaque. The plaques are located on the wall at the rear of the Temple sanctuary. Every Memorial Plaque bears the name and Yahrzeit date of the loved one. The Memorial Light adjoining the plaque is illuminated on every Yahrzeit and Yizkor service of the year.

Those individuals who have a memorial plaque in their honor are also listed in the Yahrzeit section of our newsletter with an asterisk next to their name.

If you are interested in purchasing a Memorial Plaque, please contact the Temple office by phone at 697-2662 or email us at tbshalom@gmail.com. The cost is \$250 per plaque. We continue to strive to maintain accurate records of your loved ones passing so that we may honor them appropriately.

MAY YAHRZEITS

*Neal Moran	Husband of Fannie Moran	4/28/1972	14 Iyar 5732
Lloyd Patrick Blake	Father of Pam Eisenhour	5/19/2022	18 Iyar 5782
Marge Wolfson	Mother of Jeff Wolfson	5/10/2004	19 Iyar 5764
*Dr. John C. Stoner, Jr.	Husband of Marilyn-Kranzel Stoner	5/2/2021	20 Iyar 5781
Clint Rose	Stepfather of Pam Eisenhour	5/15/2020	21 Iyar 5780
Shalom Armstrong	Son of Tom and Deb Armstrong	5/12/1993	21 Iyar 5753
Shirley Mutchnik Michaelson-Levin	Mother of Robin Golberg	5/28/2019	23 Iyar 5779
Danny Beckerman	Uncle of Ira Beckerman	6/1/2005	23 Iyar 5765
Alexander Ciucci	Nephew of Linda Ries and Ira Beckerman	5/7/2021	25 Iyar 5781
*Saul Fletcher	Father of Trudy Baumgardner	5/28/1968	1 Sivan 5728
Stuart (Stu) Herbert Kranzel	Founding member and pillar of TBS	5/21/2023	1 Sivan 5783
*Theodore Schaeffer	Father of Marlene Barasch	5/31/1976	2 Sivan 5736
*Joe Pellowitz	Husband of Barbara Pellowitz	5/27/1998	2 Sivan 5758
*Devera "Boodie" Tupman	Aunt of George Lurie	5/26/1993	6 Sivan 5753
Kenneth Golberg	Father of David Golberg	6/13/2016	7 Sivan 5776
*Minnie Widoff	Mother of Mark Widoff	6/3/1998	9 Sivan 1998
Honey Aves	Long-time TBS member	5/29/2023	9 Sivan 5783
Rae Goldstone	Mother of Rhoda Shore	6/7/1949	10 Sivan 5709
*Meryl Benn	Father of Eileen Kranzel	6/12/1981	10 Sivan 5741
S. Edwin Snair	Husband of Irene Snair	5/30/2004	10 Sivan 5734
*Fannie Moran	Sister of Morris Kranzel, Aunt of Stu, Eileen and Jack Kranzel, and Marilyn Kranzel-Stoner	5/27/2007	10 Sivan 5767
*Ruth Richter	Mother of Alan Richter		10 Sivan
Sheila McMullen	Cousin of Jennie Kornfeld	5/30/2023	10 Sivan 5783
Sandra "Bootsie" Tickner	Stepmother of Michael Tickner	6/1/2004	12 Sivan 5764
Florence Cohen	Grandmother of Connie Songer	6/13/1973	13 Sivan 5733
Mark Greenwald	TBS Charter Member	6/9/2017	15 Sivan 5777

JUNE YAHRZEITS

Temma Herman	Wife of Ed Herman	6/6/2012	16 Sivan 5772
*Maxwell D. Kranzel	Brother of Morris Kranzel and Fannie Moran	5/31/1980	16 Sivan 5740
*Ernest Kornfeld	Father of Marc Kornfeld	6/3/1969	17 Sivan 5729
Joseph Reynolds	Brother of Rosemary Smith	6/25/2005	18 Sivan 5765
*Samuel Spivak	Father of Verna Shuster	6/4/1950	19 Sivan 5710
Lee Schiller	Long Time TBS Member	6/22/2019	19 Sivan 5779
*Charles Rosett	Father of Honey Aves	6/10/1996	23 Sivan 5756
*Robert "Ruby" Gordon	Father of Marilyn Kranzel-Stoner	6/8/1999	24 Sivan 5759
Richard Aves	TBS member and husband of Honey Aves	6/14/2023	25 Sivan 5783
*Verna Shuster	Founding member of TBS	6/23/2014	25 Sivan 5774
David Goldstone	Father of Rhoda Shore	6/11/1942	26 Sivan 5702
*Jack Widoff	Uncle of Mark Widoff	6/9/1983	28 Sivan 5743
*Helen Gordon	Mother of Marilyn Kranzel-Stoner	6/21/1990	28 Sivan 5750
Cheryl Murray	Cousin of Carol Hillman	6/12/2010	30 Sivan 5770
Rhoda Rosenberg Shore	Friend of TBS	6/19/2015	2 Tammuz 5775
*Evelyn Beck	Mother of Janet Widoff	7/1/1998	7 Tammuz 5758
*Samuel Shuster	Father of Dave Shuster	7/7/1949	10 Tammuz 5709
Harry A. Cohen	Father of Dr. Gene Cohen	7/7/1987	10 Tammuz 5747
Rhona Wolf	Former TBS member, Wife of Fred Wolf	7/11/2022	12 Tammuz 5782
Joseph Hebert	Grandfather of Mary Rudnick	7/11/1995	13 Tammuz 5755
Dr. Gene Cohen	Husband of Naomi Cohen, Father of Larry Cohen	6/30/2007	14 Tammuz 5767
Rose Papier	Sister of David Press	7/12/2014	14 Tammuz 5774

Each Week We Continue to Remember

Michael H. Kline	Former TBS member, husband of Rabbi Hava Pell	May 6, 2025
Trudy Baumgardner	TBS founding member, wife of Ed	February 14, 2026
Lavi Jacob Santos Cohen	Son of Stacey and Benjamin Cohen, Grandson of Maura and Larry Cohen	February 20, 2026
Phyllis Fisher	Friend of TBS, wife of Louis Fisher	April 24, 2026

JULY YAHRZEITS

*Ed Cades	Uncle of Marc Kornfeld	6/30/1999	16 Tammuz 5759
*Lillian Kranzel	Widow of Morris Kranzel, Mother of Stu, Jack and Burton Kranzel	7/2/2007	16 Tammuz 5767
*Fannie Fletcher	Mother of Trudy Baumgardner	7/9/1963	17 Tammuz 5723
*H. David Lurie	Father of George Lurie	6/26/1994	17 Tammuz 5754
Lillian Prushik	Mother of Andi Russell	6/30/2010	18 Tammuz 5770
Sonia (Sonny) Bowers	Long Time TBS Member	7/10/2020	18 Tammuz 5780
Richard Burnat	Husband of Adria Burnat	7/17/2022	18 Tammuz 5782
Elaine Joy Kaufman-Schiller	Wife of Lee Schiller	7/18/2014	20 Tammuz 5774
Joseph Blassberg	Grandfather of Pam Eisenhour	7/2/2002	22 Tammuz 5762
Erin Johnpoll	Niece of David and Robin Golberg	7/25/2003	25 Tammuz 5763
Norman Sharp	Father of Michelle Sharp	7/10/2002	1 Av 5762
Bob Spalter	Uncle of Carol Hillman	8/3/2008	2 Av 5768
Lillian Sunshine	Mother of Sonia Bowers	7/25/1963	4 Av 5723
Jack W. Ries	Father of Linda Ries	7/12/2013	5 Av 5773
Jim Wolfson	In-law of Mort and Myrna Rubenstein	7/25/2012	6 Av 5772
*Dorothy Seldow	Mother of Richard Seldow	7/29/1974	10 Av 5734
Betty Bracken	Aunt of Jennie Kornfeld	8/4/2012	16 Av 2772
*Marc Kornfeld	Husband of Jennie Kornfeld	8/5/2012	17 Av 5772

Notes from the Presidents...

Hard to believe that the year is moving so fast. Already we are thinking about the summer, and the recent warm weather gives a jump start on the beauty of the blooms of spring.

Thank you everyone who participated in the "Reading of the Names." It is important to me to do this, and I hope those who took part found it meaningful too. We are at a time of great turmoil here at home and in the land of Israel. Rabbi Joseph Soloveitchik writes that "The Jewish law teaches us that an afflicted person commits a criminal act if he allows his pain to go for naught and to remain without meaning and purpose." When we discuss the holocaust Rabbi says that history will "Deem the world to have remained silent in the face of tragedy." He says everyone must take action in the face of tragedy. So, we remember the victims of the holocaust and by keeping their memory alive. Hopefully, make sure such a tragedy does not happen again.

Summer is a quiet time in terms of Jewish celebrations. We will still be having services we hope some of you will attend. It would also be a good time to enjoy and explore the Peace Garden. There is a bench there for you to sit and relax.

We hope everyone has a wonderful summer whatever they have planned. For those of celebration a family milestone, a bar mitzvah, a graduation, a wedding, a special milestone, we wish you joy and happiness. May you have wonderful weather and be surrounded by love and friendship.

Shalom,

Jennie Kornfeld and Eileen Kranzel, Co-presidents

May-June-July Events

Hybrid Shabbat services are held at 7:15 p.m. on May 8 and 22, June 12 and 26, and July 17 and 31 at TBS and on Zoom. Contact the TBS office at (717) 697-2662, or at tbshalom@gmail.com at least 36 hours before the shabbat service if you are interested in participating in services and have not participated previously. TBS services are also available by livestream to the TBS YouTube Channel. The link, identified as “**Temple Beth Shalom – PA**” is:

https://www.youtube.com/channel/UC2t1U2CmwTq_OvMi22QQZlw

*Please note – For those watching the service on YouTube, the service will appear on top. Click on the box to open it. If the service does not appear, refresh your browser. If you are still unable to see the service, contact us at tbshalomtreasurer@gmail.com and we will try to get you in.

Shabbat Services are held on Saturday mornings at 11 a.m. at **Capitol Terraces** (the former Residence at the former Jewish Home).

Board Meetings are May 11 at 7:00 p.m. and June 14 and July 12 at 9:00 a.m. using Zoom.

TBS Annual General Meeting is May 17 at 5:00 p.m. at TBS immediately before the **Spaghetti Dinner and Raffle** at 5:30 p.m.

In the Peace Garden Sunday Afternoon, May 24 meet for planting the new section of the Garden.

Check the TBS [website](#) calendar for events that may be added after this bulletin is distributed.

Save the Date! Upcoming Peace Garden Activities

Sunday Afternoon, May 24 for planting the new section of the Garden.

Watch this space for more details, workshops, learning and dialogues focusing on peace, sustainability, diversity and interconnection among peoples, communities, plants, and nature.

For information about religious education for children at TBS, visit the web site, or contact Lisa Foer at 717-697-4138 or lhfoer@aol.com.



STUFF THE TRUCK

SUNDAY MAY 3RD 9 am - 1 pm

Temple Ohev Sholom Sisterhood, in partnership with Beth El, Chisuk Emuna and Keshet Israel are working with Blue Mountain Thrift Stores to collect gently used household items, clothing, books, small furniture, electronics, and toys.

Bring your donations to Ohev Sholom's parking lot from 9 a.m. to 1 p.m. on May 3 and help us fill a truck.

We can give new life to our old stuff and support our neighbors!

 Temple Ohev Sholom - Parking Lot
2345 N Front Street, Harrisburg 17110

 BLUE MOUNTAIN THRIFT STORES

Community News

JFS Food Pantry Needs

Jewish Family Services and the Libby Urie Food Pantry distributes hundreds of pounds of food each month to community members facing food insecurities.

As we expand our pantry services and have moved to a new building on the Alexander Grass Campus for Jewish Life, we will need more volunteers than ever. Food Pantry operations will thrive with your support.

Volunteer opportunities are as follows:

Volunteers to assist with Food Pantry operations.

Volunteers with trucks or vans to pick up food bank items - Tuesday mornings.

Volunteers to help check in, unpack, stock and clean - Friday mornings to early afternoon.

If you are interested in volunteering, need additional information, or are not available to volunteer but would like to make a donation to the pantry, please email info@jfsfhbg.org or call 717-233-1681.

If you are able to donate, these are the items that are needed:

- Tomato sauce/paste
- Pasta sauce
- Kosher foods
- Canned vegetables
- Laundry detergent
- Personal hygiene products



TBS received a donation to the Cemetery Fund in memory of Trudy Baumgardner from Dottie Gottfried.

TBS received a donation from Fran Grafman for Larry and Maura Cohen: "Sending my deepest sympathies to you in memory of your beloved grandson, Lavi."

TBS received a donation to the Cemetery Fund from Eileen Kranzel in memory of Lavi Cohen

TBS received a donation from Ira Beckerman and Linda Reis , in memory of Trudy Baumgardner

TBS received a donation from Mort and Myrna Rubenstein in memory of Trudy Baumgardner

New Hope Ministries Wish List ...

Volunteer applications can be obtained by visiting the website or by stopping by the center. See the website (<https://nhm-pa.org>) for more information.

Canned Meats (Tuna Chicken, Salmon)	Canned Vegetables
Canned Beans	Peanut Butter
Canned Soups and Stews	Canned Fruits
Pasta	Breakfast Cereal
Macaroni and Cheese	Spaghetti Sauce
Rice	Cleaning Supplies
Bath Soap	Shampoo & Conditioner
Antiperspirant	Paper Towels
Laundry Detergent	Toothpaste
Feminine Hygiene Products	Shampoo and Conditioner

TBS received a donation to the Cemetery Fund: In loving memory of Hedwig Rischoni, from Chava Rischoni.

TBS received a donation from Ira Beckerman and Linda Ries in memory of Lavi Cohen.

TBS received a donation from Mark and Janet Widoff, in memory of his parents, David and Minnie Widoff.

Community News

Saturday Morning Shabbat Services

TBS encourages members and friends to attend Saturday morning Shabbat services from 11 am until noon at The Terraces at Capitol Village (the former Residence at the former Jewish Home).

ANNUAL SPAGHETTI DINNER

Sunday, May 17 | 5:30 pm
Temple Beth Shalom



The purchase of one \$50 ticket will allow the entire family to enjoy our fabulous spaghetti dinner and enter you to win cash prizes!

RSVP appreciated: 717-697-2662 or
tbshalom@gmail.com





Interfaith Peace Garden



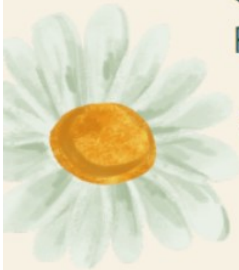
NOW THAT SPRING IS HERE, WE'RE EXCITED TO GATHER AGAIN IN THE INTERFAITH PEACE GARDEN. JOIN US FOR UPCOMING DAYS OF CARE, CONNECTION, AND COMMUNITY:

SUNDAY, APRIL 19 | 1:00 PM

CLEANING, TRIMMING, AND PREPARING THE GARDEN FOR THE SEASON

SUNDAY, MAY 24 | 1:00 PM

PLANTING A NEW SECTION OF THE GARDEN



PLEASE MARK YOUR CALENDARS AND STAY TUNED FOR MORE EVENTS FOCUSED ON PEACE, SUSTAINABILITY, DIVERSITY, AND CONNECTION.



RSVP: TBSHALOM@GMAIL.COM

**913 ALLENDALE ROAD
MECHANICSBURG, PA**



SIP & SHARE

A FRIENDLY VIRTUAL GATHERING WHERE SENIORS COME TOGETHER FOR MID WEEK COFFEE, CONVERSATION AND COMMUNITY.



Register Here

Every Wednesday,
from 9:30-10:30am


Questions? Call 717-233-1681
or email
SeniorSvcs@jfsfobg.org





SPIRITUAL SIP & SHARE

Hosted by Rabbi Marshal Klaven and JFS

A relaxed hour of coffee and connection with Rabbi Klaven. Come explore Jewish wisdom, ask questions, and share in community.

 Date: Thursday April 30, 2026

 Location: Zoom

 Time: 9:00-10:00am

This group will be held on the last Thursday of every month

**Register using the QR code or by calling
717-233-1681**





Jewish Family Service
of Greater Harrisburg, Inc.

JEWISH AGING MASTERY PROGRAM

PRESENTED BY JFS OF GREATER HARRISBURG
WITH SUPPORT FROM THE JEWISH COMMUNITY
FOUNDATION OF CENTRAL PA SAGE FUND



A fun and innovative, National Council on Aging accredited program to help you age well by improving well-being, stability, and community connections. Meet new friends and support each other on this journey!

Details and Examples of Topics

Dates: Mondays - April 13, 20, 27, May 4, 11, June 1

Time: 1-3 PM

Location: Jewish Federation Building

Cost: \$0 with thanks to the Jewish Community Foundation of Central PA, SAGE Fund

- ✓ Navigating Longer Lives
- ✓ Healthy Relationships
- ✓ Exercise and You
- ✓ Nutrition and Hydration
- ✓ Medication Management
- ✓ Advance Planning
- ✓ Financial Fitness
- ✓ Falls Prevention

Participants described the program as "great," "informative," and "empowering."

Space is limited. Please register by April 10th by calling JFS at **717-233-1681** or using the QR code.

QUESTIONS?

SeniorSvc@jfsfhhbg.org

717-233-1681

Flourish!

Community Learning Network

A generous gift of the Samuel Levine & Dr. Irene Berman-Levine Philanthropic Fund of the Jewish Community Foundation of Central PA



Generously sponsored by The Schein Family

In celebration of Mother's Day and America's 250th Birthday, join us in exploring and honoring the mothers and women who have made an impact throughout history. Cake, tea, and other treats will be provided.

We'll be joined by Dr. Robert Watson, whose award-winning writing presents a fascinating perspective on history. Dr. Watson has published nearly 50 books, including *The Nazi Titanic*, *Washington's Final Battle*, and *Escape!*



Sunday, May 10 | 2pm

Harrisburg JCC at the Grass Campus

2986 N. 2nd St., Harrisburg

\$10/JCC & Senior Adult Club members, \$20/non-members



Register at

jewishharrisburg.org/mothers-day-26





Save The Dates

**Thursday, May 14 through
Thursday, May 21, 2026**

The Harrisburg Jewish Film Festival returns for a full week of powerful storytelling, global perspectives, and unforgettable cinema.

Screenings will be held at both the Alexander Grass Campus for Jewish Life and Midtown Cinema. For a complete schedule and all Festival details, please visit www.hbgjff.com.



Harrisburg Israel Trip Virtual Info Sessions

Sessions: March 25th, April 12th, May 28th, June 17th

ALL Sessions 6:30 pm (April 12 @ 1:00 PM)

Zoom link provided on registration confirmation page. Register here:

<https://forms.gle/bSPf8ilTBSkzJ9E9>

Join your fellow community members and participants from other small communities across the US for 7 life-changing days in Israel. Spend a weekday afternoon and Shabbat in Harrisburg's partner region, Ramat HaNegev, PLUS, see the beautiful Galilee and Arava regions.

FEATURING

Dov Gordon

Associate Director, Small Communities

For more info, contact Dov Gordon, at dgordon@jnf.org. Trip registration:

[JNF.ORG/SCTOUR](https://www.jnf.org/SCTOUR)



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Your Voice in Israel

jnf.org
800.JNF.0099

JEWISHNATIONALFUND
JNFUSA
JNFUSA



Jewish Community Foundation
of Central Pennsylvania

HONORING OUR COMMUNITY LUMINARIES WHO ARE SUSTAINING AND LIGHTING UP THE
JEWISH WORLD TODAY AND SECURING A BRIGHT JEWISH FUTURE FOR TOMORROW

DONOR RECOGNITION EVENT

*&
Dinner Gala*

**MAY
28
2026**

RECEPTION: 5:30 PM

DINNER: 6:30 PM

*DIETARY LAWS WILL BE OBSERVED

BETH EL TEMPLE
2637 N. FRONT STREET
HARRISBURG PA

COST \$136 PER PERSON
REGISTER BY MAY 18TH



USE QR CODE

OR

[TINYURL.COM/JCF2026DONOR_GALA](https://tinyurl.com/JCF2026DONOR_GALA)

2026 HONOREES

COMMUNITY LUMINARIES

JILL BRUCE, ETHEL CARRYER, STEPHEN TOMPKINS
(CONGREGATION BETH TIKVAH CEMETERY COMMITTEE)

PAUL AND MIMI LATCHFORD

STAND AND RUTH LEWIN

LINDA STEWART

LIBBY URIE (Z'L)

ENDOWMENT ACHIEVEMENT AWARD

SHELLEY ADLER

TZEDAKAH SOCIETY INDUCTEES

CONGREGATION BETH TIKVAH CEMETERY FUND
JILL BRUCE, ETHEL CARRYER, STEPHEN TOMPKINS

IF YOU HAVE QUESTIONS PLEASE CONTACT US
FOUNDATION@PAJEWISHENDOWMENT.ORG
OR CALL 717-409-8220

CALL THE JEWISH COMMUNITY FOUNDATION TO DISCUSS WHAT IS IN YOUR HEART AND HOW YOU CAN LEAVE A LEGACY TO CAUSES THAT ARE IMPORTANT TO YOU!
CONTACT PAULETTE KEIFER AT 717-409-8220 (EXT 1) OR EMAIL PAULETTE.KEIFER@PAJEWISHENDOWMENT.ORG

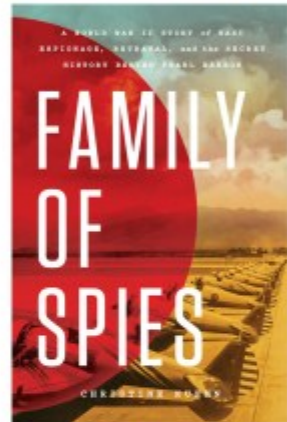


Christine Kuehn

Family of Spies

Tuesday, May 5
7:00 p.m.

When a letter from a screenwriter arrived, asking about the family’s involvement as Nazi spies in WWII, Christine Kuehn was shocked and confused. But when she asked her 70 year-old father what this could be about, he stalled, deflected, demurred, and then wept. He knew this day would come. A propulsive, never-before-told story of one family’s shocking involvement as Nazi and Japanese spies during WWII and the pivotal role they played in the bombing of Pearl Harbor.



Free and Open to the Community • Forward this email to a friend!
 Outside book clubs are welcome to join our Zoom
 For further information call 717-232-0556 or amy@bethelhbg.org



Click image to register





[Virtual Shabbat Box](#). Includes essays, meditations for Shabbat

On Lighting the Yahrzeit Candle...

TBS members requested that we include a prayer for lighting the yahrzeit candle in the bulletin. With Rabbi Choper's assistance, the following is provided.

There is no one blessing that is traditionally required to be said when lighting a yahrzeit candle. It is an opportunity to remember our loved ones and how their presence somehow remains with us. The practice of lighting a candle is based at least in part on the verse (Proverbs 20:27) "The Human Soul is the Lamp Of G-d." This is a beautiful teaching that emphasizes the importance of each human being as an opportunity for some aspect of Divine Light to enter into the world, and that somehow each soul is a connection to G-d.

"The Human Soul is the Lamp of G-d." May it be Your will, Adonai our G-d and the G-d of our Ancestors, that the soul of my beloved one should be bound up in the bonds of life, as with the souls of Abraham, Isaac and Jacob, Sarah, Rebecca, Rachel and Leah. May (his/her) memory be a blessing to us all."

If desired, it is also traditionally appropriate to recite Psalm 23 or 121.

Neir Adonai Nishmat Adam. Yehi Ratzon Milfanecha, Adonai Eloheinu
Veilohei Avoteinu, Shetehei Nishmat (insert name) Tzerurah betzeror
hachayim, im nishmot Avraham Yitzchak ve'Ya'akov, Sarah Rivkah,
Rachel VeLeah. Tehi Menutchatah kavod, Selah

Mourner's Kaddish

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעַלְמָא דִּי בְּרָא כְרַעוּתֵיהּ,
וְיַמְלִיךְ מַלְכוּתֵיהּ בְּחַיֵּיכוּן וּבְיוֹמֵיכוּן וּבְחַיֵּי דְכָל בֵּית
יִשְׂרָאֵל, בְּעַגְלָא וּבְזַמַּן קָרִיב, וְאָמְרוּ: אָמֵן.
יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעַלְמֵי עֵלְמַיָּא.
יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדָּר
וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְּקַדְשָׁא בְּרִיךְ הוּא, לְעַלְמָא מִן כָּל
בְּרַכְתָּא וְשִׁירְתָּא תְּשַׁבְּחָתָא וְנַחֲמָתָא, דְּאָמְרוּן בְּעַלְמָא,
וְאָמְרוּ: אָמֵן.
יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא, וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל,
וְאָמְרוּ: אָמֵן.
עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו, הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל
יִשְׂרָאֵל, וְאָמְרוּ: אָמֵן.

Yitgadal v'yitkadash sh'mei raba.
B'alma di v'ra chirutei,
v'yamlich malchutei,
b'chayeichon uv'yomeichon
uv'chayei d'chol beit Yisrael,
baagala uviz'man kariv. V'im'ru: Amen.

Y'hei sh'mei raba m'varach
l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpaar
v'yitromam v'yitnasei,
v'yit'hadar v'yitaleh v'yit'halal

sh'mei d'kud'sha b'rich hu,
l'eila min kol birchata v'shirata,
tushb'chata v'nechemata,
daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya,
v'chayim aleinu v'al kol Yisrael.
V'imru: Amen.

Oseh shalom bimromav,
Hu yaaseh shalom aleinu,
v'al kol Yisrael. V'imru: Amen.

Exalted and hallowed be G-d's great name
in the world which G-d created, according to plan.
May G-d's majesty be revealed in the days of our lifetime
and the life of all Israel -- speedily, imminently, to which we say Amen.

Blessed be G-d's great name to all eternity.

Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded
be the name of the Holy Blessed One, beyond all earthly words and songs of blessing,
praise, and comfort. To which we say Amen.

May there be abundant peace from heaven, and life, for us and all Israel,
to which we say Amen.

May the One who creates harmony on high, bring peace to us and to all Israel.
To which we say Amen.

<http://www.reformjudaism.org/practice/prayers-blessings/mourners-kaddish>