

P W M D F C

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*AUGUST 2018 ISSUE*

PWDMFC

# FIRST ONE MONTH

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Blessed life of a PWD

AUGUST 31, 2018

Inauguration  
Day

HOW TO DEAL  
WITH  
BULLYING

WHAT YOU CAN DO TO  
STOP IT!!!

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# C O N T E N T S

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FIRST ONE MONTH ACTIVITIES OF DAILY LIVING TRAINING

*FEATURED PWD ADVOCATE*

**LORELIE LIWANAG**

AN AUTOBIOGRAPHY OF A PWD

*PICTURES AND THE EVENT*

**PWMDFC INAUGURATION**

FINALLY THE BIRTH OF THE FIRST FOUNDATION THAT CATERS THE NEED OF MULTIPLE DISABILITIES IN THE PHILIPPINES

FIGHT

**BULLYING**

*MESSAGE FROM OUR ADMINISTRATOR*

**HERSON CONOPIO**

**HIS MESSAGE DURING THE INAUGURATION**





**“WE OUGHT TO BE THANKFUL NOT FOR OUR EYES BUT FOR OUR ABILITY TO SEE.”**

# LEARNING ACTIVITIES OF DAILY LIVING

*TRAINING TO LIVE  
INDEPENDENTLY*

One of the advocacy of THE ALPHA ENTERPRISE IS to teach trainees to live a life of independency. This is in order for them to prepare themselves to self help and later on to have sustainable livelihood training.

One of our student is Johnielle his case is Congenital Rubella Syndrome. He has multiple disabilities ,Intellectual disability due to vary small information that he can grasps due to profound hearing loss on his left ear and Moderately Severe Hearing loss on the right. He cannot talk and he has vision problem due to cataract extraction done when he was just 3 months old. Activities done by him during his first month was:

- 1) Self care such as:
  - a) proper taking a bath
  - b) Personal hygiene like proper brushing of teeth
  - c) Nail cutting
- 2) ADL trainings such as:
  - a) Proper folding of clothes
  - b) Sweeping of Floor
  - c) Cleaning of table after eating
  - d) Dishwashing plates properly
  - c) Putting things in order.

Fine motor training:

- 1) Clothe's pins
- 2) Playing Sungka ( Imitating number of shells per place)
- 3) Beadings with color combination

The best management for him is to follow systemized schedule per hour so that he will understand and will adopt easily. Since that he easily bored, a change of activities is encourage for him to learn new things everyday. The best reward is drinks such as juice, milk and coffee. The child is being evaluated daily for progress





# LORELIE LIWANAG

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## *A JOURNEY TO HELP OTHERS*

My name is Lorelie M. Liwanag a Person with Disability and an advocate. My disability started when I was accidentally fell on a chair when I was one year old, my parents brought me to the hospital for suffering high fever and the nurse who was assigned that time injected a drug on my back that causes my being an orthopedic. My childhood is not as lucky as any one, I helped my parents earned for a living by selling mangoes. My parents worked hard for us to be able to go to school. I am the eldest and only girl and I have two brothers. I remember walking from school to our home in my elementary days when I can still walk with no crutches but during my fourth grade I notice that my right leg started to get smaller and thinner. I felt pity and sadness especially if someone is bullying me. I always stay at home and helped my mother do household chores. I grew up with no so much friends. I kept myself busy by studying and finished my college degree as Bachelor of Science in Computer Science and my challenge in looking for a job is not easy.

Discrimination is there. But God didn't allow me to lose an opportunity...got my first job in an Internet Shop then worked as an Encoder in a Photo/ Studio Shop then as Secretary at Phycology Laboratory 1, Biological Sciences, UP Los Baños where I worked for eight years. My former boss motivated me to be a good employee and enhance my capability to do more than I can. My first International Conference where I worked as a Secretary is in Asia Pacific Conference

on Algal Biotechnology (APCAB 2016) where I met International Scientist writer and being recognized in an International Journal of Applied Phycology and also being part of the Biofuel team in Chemical Engineering Department, UPLB. Being a PWD Office Focal Person at Municipality of Los Baños (appointed by Mayor) and a former Barangay PWD President...is a step forward for doing my advocacy... I asked myself... what really is the plan why God put me here?...maybe to serve, to help and to be an inspiration to my fellow PWDs?...I started looking for international and local organization who have a heart to share their blessings to PWDs...my line of project...started in helping the amputee, polio and with deformities thru giving them a free prosthesis, a Bloodletting project for the welfare of PWDs, a free Hearing test, a starter fund for Los Banos Federation of PWDs, Resolution for Travel allowance for Barangay PWD Presidents, Ordinance of Expanded VAT for PWDs (R.A. 10754) implemented to Municipality of Los Baños and employment for PWDs (R.A. 10524), a Sunflower Farm at Bay, Laguna for PWDs purposes and tourism. I have so many plan for my fellow PWDs...What really motivate me? It's my motto "In God, I trust" and positive outlook in life.

Being part of The Alpha Enterprise is also I am thankful for... for giving an opportunity and to continue my advocacy. I always believe in giving than receiving... sharing even you have no lots of money as long as you have a clean heart and determination to share... God will provide... you only have to trust God...and your outlook in life.

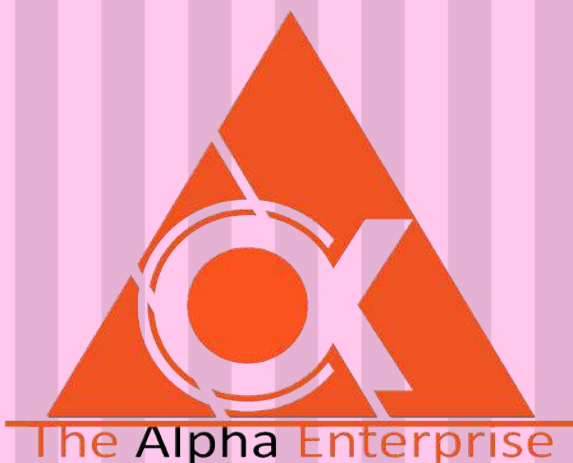




## MY LIFE HAS A PURPOSE.....

Working with The Alpha Enterprise has given me the opportunities to continue to be an inspiration to PWDs. The Alpha has given an equal opportunity to us and has shared the same advocacy.

Quotation of my life..." Positive Outlook in Life and Trust in God ..I will not worry .. Believe that everything has a purpose"



- LORELIE LIWANAG  
MARKETING OFFICER  
THE ALPHA ENTERPRISE  
[WWW.THEALPHAENTERPRISE.COM](http://WWW.THEALPHAENTERPRISE.COM)



# PWMDFC INAUGURATION DAY

*The start of our Foundation marks August 31, 2018 as the official day of the birth of a very unique foundation that caters the needs of PWDs specially Multiple Disabilities for the CITY OF STA ROSA AND THE ENTIRE OF LAGUNA*

On a sunny Friday morning of August 31st, 2018, the inauguration of the PWMDFC (Person With Multiple Disabilities Foundation Corp.), was celebrated at the Foundation Center compound in Sampaguita St., Amihan Subdivision, Brgy. Tagapo, Sta. Rosa City, Laguna. The ceremony commenced with the cutting of ribbon by Mr. & Mrs. Johnny A. Bauyon (Founder of the PWMDFC), to open the door of the Foundation Center for all PWD. This was then followed by an opening prayer led by Ptr. Sherwin Bernal, who was also the Emcee of the program together with Ms. Claire Escueta.

Then the Opening remarks by Mr. Herson Conopio (PWMDFC Administrator), welcoming each and everyone on the inauguration event.

Followed by two Inspirational Talks from Mr. Aristotle Palad (Sta. Rosa PWD Federation President), and from Ms. Cyrel Buenabajo (Consultant for PWMDFC) both has stressed on the importance of supporting the vision and mission and main goal of the Foundation.

Next was the short greetings from all invited guest from the City Government officials, Barangay Captains, Kagawads and Parents, and also from a special guest, the Founder of the Mabini Foundation of Batangas, Mr. Edwin de Villa. The guests was then thanked and presented with a Certificate of Appreciation.

*Finally, the Closing remarks from Ms. Michelle V. Bauyon, expressing her best gratitude for those who came and gave their time and support for the success of the inauguration. She mentioned about the significance of supporting the mission and vision of the PWMDFC.*





A special thanks for those who supported the inaugural event:

Congresswoman Arlene Arcillas  
Mayor Danilo Fernandez  
Vice Mayor Arnold Arcillas  
Councilor Roy Gonzales  
Councilor Ina Clariza Cartagena  
Councilor Dr. Sonia Algabre  
Councilor Rodrigo Malapitan  
Councilor Mariel Cendana  
Councilor Jose Joel Aala  
Councilor Wilfredo Castro  
Councilor Antonio Tuzon  
Councilor Arthur Tiongco  
Councilor Eric Puzon  
Councilor Oscar Ong-iko  
Councilor Roy M. Gonzales  
Councilor Jose Joel L. Aala  
Councilor Eric Puzon  
Mayor Danilo Ramon S. Fernandez  
Hon. Aldrin Lumague  
Kap. Ariel D.C. Gomez  
Kap. Aluin Cartano  
Brgy. Chairman Aldrin Lumague  
Ms. Evangeline Kirchner  
Ms. Eva Busante  
WORK OF HEART CHILD CENTER

SPONSOR OF LITSON

**THANK YOU AMB. MARICEL  
DIMASUAY**

NEW YORK MANHATTAN



# THE INAUGURATION

# DISABILITY BULLYING

- Specifically targeting the disabled
- Normally the physically disabled are bullied
- Can also extend to other disabilities
- Autism, cleft lips, and dyspraxia

WHETHER IT IS IN PERSON OR IN CYBER

## STOP BULLYING!

By Johnny Bauyon  
Co-Founder of PWMDFC and Operations Manager of  
THE ALPHA ENTERPRISE

BULLYING is a Psychological problem. according to Psychiatry 101, those who are using superior strength or influence to intimidate (someone), typically to force him or her to do what one wants, has a psychological impact to the one being bullied and also to those who are doing it.

### Types of Bullying

There are three types of bullying:

I. Verbal bullying is saying or writing mean things. Verbal bullying includes:

\*Teasing

\*Name-calling

\*Inappropriate sexual comments

\*Taunting

\*Threatening to cause harm

II. Social bullying, sometimes referred to as relational bullying, involves

\* hurting someone's reputation or relationships.

\* Leaving someone out on purpose

\* Telling other children not to be friends with someone

\* Spreading rumors about someone

\* Embarrassing someone in public

III. Physical bullying involves

\* hurting a person's body or possessions

\* Hitting/kicking/pinching

\* Spitting

\* Tripping/pushing

\* Taking or breaking someone's things

\* Making mean or rude hand gestures

According to the bible, whatever you did to those people ,you have done it to God. It has to stop whether it is thru social Media or in person.

Remember, it has to stop! From the very first attack of bullying you have to stand for your right! Do not allow them to do it to you . Confront the person and stop them. If they continue, report to the authorities whether it is a teacher or even report them to police if necessary because no one on earth has the right to step on you whatever the status in life, especially if it is your disability. You have the right to live at peace and remember those who are bullying you has a mind and Psychological problem as well because they also have been bullied in some time of their lives. Believe in yourself , trust in God and Pray for those who persecute you.





# A MESSAGE FROM MR. HERSON CONOPIO

PWMDFC ADMINISTRATOR

We did it! Thanks to your generous support. On behalf of PWMDFC (Person With Multiple Disabilities Foundation Corp.), we sincerely appreciate your TIME to the last inauguration of PWMDFC.

The inauguration was a great success and we could not do it without all of you. Because of each one of you, we can keep helping persons with multiple disabilities in the City of Sta. Rosa, to become equipped with the knowledge, skills, and turn into a contributing citizens who are valued by society. Truly it's easier to give than to give up! In view of that, the PWMDFC will go on and we sincerely hope that you will stay involved.

Again, thank you for caring, and thank you for giving, but most importantly, thank you for being kind. Our vision and mission continues because of your generosity.

Thank you to each and every one of you for being here with us today, on the inauguration day of the Persons With Multiple Disabilities Foundation Corp.(PWMDFC). We are very pleased to be able to welcome those of you who has been a part already of this Foundation on it's mission and vision. The mission and vision: to provide transitional adult training and advocacy services for children with more than one disabilities developmental disabilities, as our whole goal is to provide total integration of people with disabilities into the whole of society.

Today marks the blessing and opening of PWMDFC, founded by a mother of Person with multiple disabilities (Ms. Michelle V. Bauyon together with her husband – Mr. Johnny A. Bauyon and their special son – Johnelle V. Bauyon). The Foundation is a part of the corporate social responsibility of her company, The Alpha Enterprise.

So, before we get started, I would like to express my sincere appreciation to all of you who generously helped us make this event come together to become a success. Most with the whole City of Sta Rosa Gov't officials.