

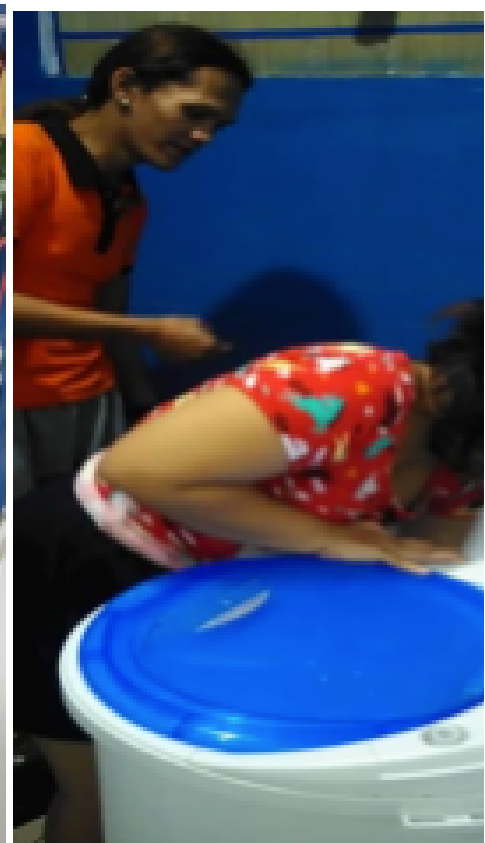
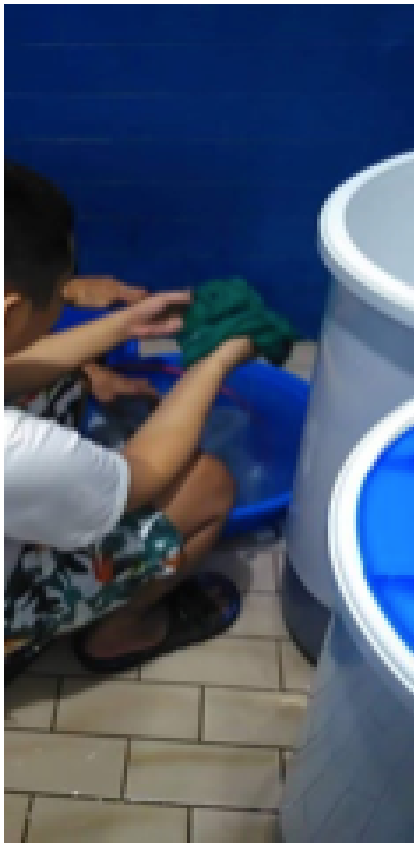
JANUARY- FEBRUARY-MARCH 2019| ISSUE NO. 6

# GIFTED



TRUST HIS WILL  
-AMANDA  
ALLYSON

ACTIVITIES OF DAILY  
LIVING  
PWDMFC TRAINEES  
SOCIALIZATION  
*friendship day*  
LIVELIHOOD ASSISTANCE  
BAKING



Trainees are taught to do household activities that would help their parents in doing daily tasks.

## ACTIVITIES OF DAILY LIVING

*Every Monday, trainees are scheduled to do household chores like laundry, cleaning the yard, and cleaning the Center. Trainees were able to do the activities with the maximum assistance of trainers. These activities will be done regularly until they can do them independently.*

Doing this activity regularly and with the proper assistance in buying items in the grocery trainees will be able to do it with less assistance..

## GROCERY SHOPPING

On Monday afternoon, trainees were taught on how to help in grocery shopping. This activity helps to expose the trainees in other environment and gives additional learning. Parents may allow their child to join in grocery shopping so that they could help them. In this activity, trainees are trained to carry the basket, get the proper item, put the items on the basket and place the items on the encoder table. Trainers gave them a maximum assistance specially in getting the proper item.



WITH CHEF  
CARLA

# PWMDFC's Livelihood - Baking

## GOOD FOOD

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On a warm Sunday afternoon, PWDs in Sta. Rosa gathered in the Foundation Center to learn how to bake cookies, brownies and chocolate bars. This is a livelihood training wherein PWDs and a family member of PWD may use these learnings to start a small bussiness this coming Valentines season.



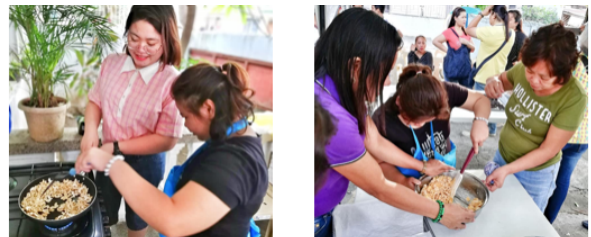
All the participants signed in the attendance sheet and gave them a copy of ingredients and procedure of the lecture. The program started at 1:00pm with the opening prayer of Ptr. Sherwin Bernal then followed by the welcome remarks of Mr. Herson Conopio. He also introduced the assistant of the chef Ms. Claire Escueta who then introduced the head Chef Ms. Carla Valencia. Before Chef Carla started the lecture, she gave aprons from a sponsor to other participants.



Chef Carla started the lecture by dividing the participants in to three and each group has certain tasks. The task in each group is to prepare and mix the ingredients

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One of the Trainees in the center, Mary Mar Arabit, voluntarily participated in the activity with the assistance of another participant. Chef Carla explained the procedures well then she let the participants do the process. She also gave some tips in baking like the proper do's and dont's and she answered the questions of some participants.



PWDs and the families of PWDs were very grateful for attending free training learning how to bake brownies, cookies, and make chocolate bars. They also had a chance to mingle with other participants. After the lecture, was a short announcement of PWMDFC welcoming all the PWD and a family member of PWD to be one of our members. PWMDFC also announced the upcoming activities where PWDs will benefit.

## TO TEACH THEM TO EARN

BEFORE THE PROGRAM ENDED, PTR. MORISON SHARED AN INSPIRATIONAL STORY OF HIS LIFE FOLLOWED BY HIS CLOSING PRAYER OF THE PROGRAM.

### ➞ GUEST SPEAKER



### ➞ PASTOR MARISON OF COC

"Give a man a fish and you feed him for a day. Teach him how to fish and you feed him for a lifetime"

## CHEF CARLA LEOPOLDO VALENCIA

Special thanks to Chef Carla Leopoldo Valencia and Ms. Claire Escueta for sharing their knowledge in baking and for their warm support in the program.

### ➞ FINISH PRODUCT



# TRUST HIS WILL

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GIFTED FIRST  
QUARTER 2019 ISSUE

**“It is not easy. It will require you to become weak. However, that’s the beauty of Christ. For when I am weak, He is strong”**

We, as humans, go through seasons in our lives as God works, grows, and teaches us. I personally believe I do my best writing when I write about what is currently going on around me —when I write about a season that I am currently in.

In this particular case, I knew I was in the midst of a season of learning to trust God in a BIG way. He was challenging and testing me, seeing what I wanted to do. Ultimately I had to make a decision. Fortunately, that decision was to follow God in whatever direction He pointed me in, even though it required a massive amount of trust.

We as Christians need to understand the importance of trust and all that it entails. This means learning both the requirements and ramifications of fully committing to God. Sure, we love the idea of faith, but what do we really do when the going gets tough? When the finances stop flowing, our relationships are struggling, or our health isn’t perfect, what do we do? Do we trust God, or do we begin to back away and blame Him? The truth is that it’s incredibly easy to trust the Lord when the waters are calm, when everything around us is going well. But the true test of our relationship with Him comes when the storm hits, when the waves crash down on us and everything is out of control. This is when it is the most crucial that we run to Him and trust that His plan is better than ours.

GOD HAS A  
REASON  
FOR ALLOWING  
THINGS TO  
HAPPEN.  
WE MAY NEVER  
UNDERSTAND  
HIS WISDOM,  
BUT WE SIMPLY  
HAVE TO TRUST  
HIS WILL.

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INTER SCHOOL EVENT

# FRIENDSHIP DAY

ASP-

## LAGUNA CHAPTER

### A

Trainees were very glad and excited seen on their faces as they joined to celebrate the 13th ASP Laguna Friendship games. It was held on January 18, 2019 at the Holy Rosary College, Brgy. Tagapo, Sta. Rosa City, Laguna. The program started at 8:00am with the opening prayer and message from different individuals then finally the lightning of torch. Before the games started, everybody was invited to go at the center of the court to dance. Trainees participated and enjoyed dancing with everyone.

DONE LAST JANUARY 25, 2019

EVENT



AUTISM SOCIETY OF THE PHILIPPINES

After the games, Trainees had their lunch and then got home to rest.



DETAIL >

## MEET THE PARENTS AND TRAINEES

### H



# HOME VISIT

*Mary Mar's House (January 29, 2019 – Tuesday)*  
*Isaac's House (February 4, 2019 – Monday)*



## COOKING WITH THE FAMILY



Tuesday afternoon, we visited the house of one of our trainees located at Pooc, Sta. Rosa Laguna. In this visit, we were going to cook pancit. We came to their house with a basket of ingredients we bought in a grocery shop together with the trainees.

### THE FOLLOWING WEEK

On the second week, we visited another house of our trainees to cook sopas this time. this visit, every trainee had their respective tasks in preparing the ingredients. One peeled the garlic, one cut some vegetables and the other one peeled the other vegetables and cleaned the garbages.

While we were doing the actual cooking, trainees washed the utensils used in preparing ingredients and then prepared other utensils for eating time.

*This home visit helps the trainees to be able to perform on their own house. They must do the activities they've done in the center.*

# SOCIALIZATION PARK VISIT

## PHYSICAL ACTIVITIES

Early morning of JANUARY 17, trainees had prepared for a very memorable recreational visit where they were able to experience a task that they never did before. From our center in Amihan, we went outside to explore new activities that may improve the skills of our trainees.



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## FACING FEAR

This activity visit was conducted at the Camp N, Nuvali. The parents and I as a trainer actually had a bit hesitation the first time we saw the area of the activity. The level of heights and the challenge of the obstacles seemed to be hard for the Trainees. But because of the full support and care we received from the crew, we gave our trust to them in taking care of our trainees while doing the tasks. Also, trainees were very excited to experience this kind of activity.

As soon as we settled the payment, everyone had prepared for the challenging activity called Aerial walk. They put on the harness and then everyone started to enjoy the activity.

Trainees did the first level of Aerial walk.

Everyone tried their best to finish the steps

with help of others. At first, hesitation was noted to the trainees but when they already started making a step, the

frustrations lessened and they continued to move. We saw that the Trainees had a hard

time for this activity but still, they tried to finish the certain task. Trainees bravely did

the aerial walk level 2 with the help again of the crew. This part showed more the

ability of the trainees. They were able to climb with bigger steps, walk in a high

surface and experience the zip line at the end of the task.



41



56



63



*THANK YOU*  
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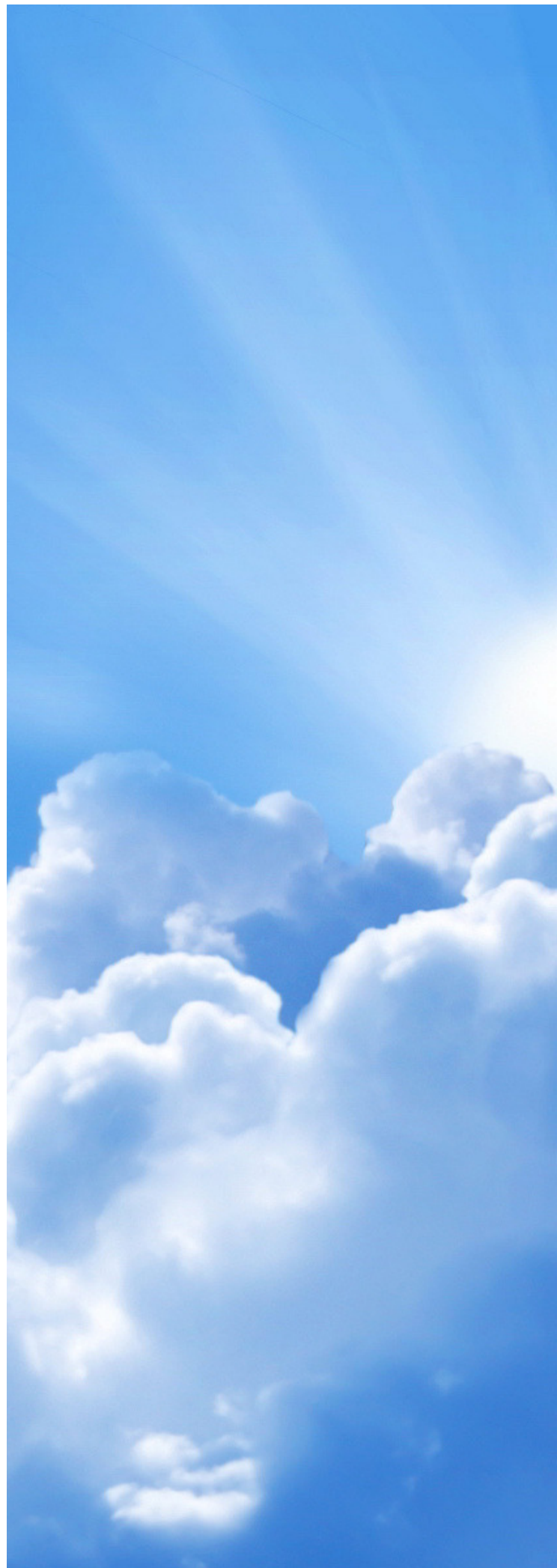
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# SERBISYONG **ALGABRE**



**RE-ELECT**

**4**

**CITY COUNCILOR**

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Engr. / Dr. **SONIA "LUISON"**