





hands-free breast pump comparison chart







	 Motif Aura Glow	 Motif Room	 Willow Go
insurance coverage	*covered by most insurances	*covered by most insurances	*insurance upgrade
Type of Breast Pump	Traditional Breast Pumps are electric pumps designed for powerful, efficient pumping sessions. Milk is pumped into collection bottles that attach to flanges/shields. Hands-free Breast Pumps (also known as wearable) are ultra-portable electric pumps that collect the milk into cups worn inside your bra. Because hands-free pumps are meant to be lightweight and compact, the motor might not be as powerful as a traditional breast pump.		
	Hands-free	Hands-free	Hands-free
Massage / Stimulation / Letdown Mode	Massage/Stimulation Mode is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.		
	9 massage levels	5 massage levels	6 stimulation levels
Expression / Suction Mode	Expression Mode is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	9 massage levels 9 general pumping levels 5 cluster feeding levels	9 massage levels 9 general pumping levels 5 cluster feeding levels	9 expression levels
Suction Level	Suction Level is measured in mmHg (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	280 mmHg maximum	280 mmHg maximum	280 mmHg maximum
Noise Level	FYI - The average conversation noise level is 60 decibels (dB).		
	<45 dB	<55 dB	43 dB
Flange/Shield//Insert Size Included with Pump	The Flange/Shield/Insert is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. 🍼 It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need. 🍼		
	24mm	28mm	21mm / 24mm
Flange/Shield/Insert Sizes Available	11mm / 12mm / 13mm / 14mm / 15mm / 17mm / 19mm / 21mm / 27mm	16mm / 19mm / 21mm / 24mm	13mm / 15mm / 17mm / 19mm / 27mm
Bottle/Cup Capacity	6 oz	5 oz	5 oz
BPA Free	Yes	Yes	Yes
Weight	.55 lbs	0.6 lbs	13.6 oz
Dimensions	4.88" x 4.37" x 2.68"	4.3" x 2.8" x 1.8"	5.3 x 3.15 x 4.7 in
Adapter / Battery Pack	Power adapter, USB-C cable & built-in rechargeable battery	Power adapter, USB-C cable & built-in rechargeable battery	Built-in rechargeable batteries / 2 USB charging cables (adapter not included)
Battery Life	90 minutes	90 minutes	Lasts 3 pumping sessions
Digital Display	Yes	Yes	No
Bluetooth / App	No	No	Yes
Warranty	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts	One year warranty on pump motor, 90-day warranty on parts

This information has been gathered from the websites, user manuals and customer service representatives of each breast pump company.

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	 elvie Elvie Stride	 elvie Elvie Stride PLUS	 elvie Elvie Stride 2
insurance coverage	*covered by most insurances	*insurance upgrade	*insurance upgrade
Type of Breast Pump	Traditional Breast Pumps are electric pumps designed for powerful, efficient pumping sessions. Milk is pumped into collection bottles that attach to flanges/shields. Hands-free Breast Pumps (also known as wearable) are ultra-portable electric pumps that collect the milk into cups worn inside your bra. Because hands-free pumps are meant to be lightweight and compact, the motor might not be as powerful as a traditional breast pump.		
	Hands-free	Hands-free	Hands-free
Massage / Stimulation / Letdown Mode	Massage/Stimulation Mode is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.		
	10 intensity settings in Stimulation	10 intensity settings in Stimulation	10 intensity settings in Stimulation
Expression / Suction Mode	Expression Mode is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	10 intensity settings Expression	10 intensity settings Expression	10 intensity settings Expression
Suction Level	Suction Level is measured in mmHg (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	300 mmHg maximum	300 mmHg maximum	300 mmHg maximum
Noise Level	FYI - The average conversation noise level is 60 decibels (dB).		
	Ultra quiet (dB not published)	Ultra quiet (dB not published)	Ultra quiet (dB not published)
Flange/Shield//Insert Size Included with Pump	The Flange/Shield/Insert is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. 🍼 It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need. 🍼		
	24mm	21mm / 24mm	15mm / 17mm / 19mm / 21mm / 24mm / 28mm
Flange/Shield/Insert Sizes Available	15mm / 17mm / 19mm / 21mm / 28mm	15mm / 17mm / 19mm / 28mm	-
Bottle/Cup Capacity	5 oz	5 oz	5 oz
BPA Free	Yes	Yes	Yes
Weight	1.2 lbs	1.2 lbs	1.2 lbs
Dimensions	4.6"L x 2.6"W x 1.7"H	4.6"L x 2.6"W x 1.7"H Bag - 9.84" x 7.48" x 7.68"	4.6"L x 2.6"W x 1.7"H Bag - 9.84" x 7.48" x 7.68"
Adapter / Battery Pack	Built-in rechargeable battery / 1 charging cable (adaptor not included)	Built-in rechargeable battery / 1 charging cable (adaptor not included)	Built-in rechargeable battery / 1 charging cable (adaptor not included)
Battery Life	Nearly three hours	Nearly three hours	Nearly three hours
Digital Display	No	No	No
Bluetooth / App	Yes	Yes	Yes
Warranty	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts

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	 Zomee FIT	 Medela Swing Maxi Hands-free	 Medela Pump In Style
insurance coverage	*covered by most insurances	*insurance upgrade	*covered by most insurances
Type of Breast Pump	Traditional Breast Pumps are electric pumps designed for powerful, efficient pumping sessions. Milk is pumped into collection bottles that attach to flanges/shields. Hands-free Breast Pumps (also known as wearable) are ultra-portable electric pumps that collect the milk into cups worn inside your bra. Because hands-free pumps are meant to be lightweight and compact, the motor might not be as powerful as a traditional breast pump.		
	Hands-free	Hands-free	Traditional
Massage / Stimulation / Letdown Mode	Massage/Stimulation Mode is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.		
	9 massage levels	9 levels in total between the massage and expression modes	10 levels in total between the massage and expression modes
Expression / Suction Mode	Expression Mode is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	9 expression levels + 2-Phase Mode w/ 9 levels	9 levels in total between the massage and expression modes	10 levels in total between the massage and expression modes
Suction Level	Suction Level is measured in mmHg (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	260 mmHg maximum	245 mmHg maximum	240 mmHg maximum
Noise Level	FYI - The average conversation noise level is 60 decibels (dB).		
	< 48 dB	45 dB	58 dB
Flange/Shield//Insert Size Included with Pump	The Flange/Shield/Insert is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. 🍼 It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need. 🍼		
	17mm / 21mm / 25mm	21mm / 24mm	24mm
Flange/Shield/Insert Sizes Available	Not available	27mm / 30mm	21mm / 27mm / 30mm
Bottle/Cup Capacity	180 ml	5 oz	5 oz
BPA Free	Yes	Yes	Yes
Weight	0.58 lbs	0.7 lbs	1.2 lbs
Dimensions	5"L x 4"W x 2"D	126 x 125 x 58 mm	13.14"L x 6.13"W x 9.08"H
Adapter / Battery Pack	Built-in rechargeable battery / 2 Type-C charging cables (adaptor not included)	Power adapter, USB cable & built-in rechargeable battery	Power adapter & 8 AA batteries (batteries not included)
Battery Life	2 hours	Up to 6 pumping sessions	N/A
Digital Display	Yes	No	No
Bluetooth / App	No	No	No
Warranty	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts	One year warranty on pump motor, 90 day warranty on parts

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	 medela  Medela Pump In Style Hands-free	 medela  Medela Freestyle Hands-free	 Lansinoh  Lansinoh Discreet Duo
insurance coverage	*covered by most insurances	*insurance upgrade	*covered by most insurances
Type of Breast Pump	Traditional Breast Pumps are electric pumps designed for powerful, efficient pumping sessions. Milk is pumped into collection bottles that attach to flanges/shields. Hands-free Breast Pumps (also known as wearable) are ultra-portable electric pumps that collect the milk into cups worn inside your bra. Because hands-free pumps are meant to be lightweight and compact, the motor might not be as powerful as a traditional breast pump.		
	Traditional / Hands-free	Hands-free	Hands-free
Massage / Stimulation / Letdown Mode	Massage/Stimulation Mode is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.		
	10 levels in total between the massage and expression modes	9 levels in total between the massage and expression modes	4 pumping styles that mimic feeding patterns / 8 levels of each style
Expression / Suction Mode	Expression Mode is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	10 levels in total between the massage and expression modes	9 levels in total between the massage and expression modes	4 pumping styles that mimic feeding patterns / 8 levels of each style
Suction Level	Suction Level is measured in mmHg (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	240 mmHg maximum	245 mmHg maximum	260 mmHg maximum
Noise Level	FYI - The average conversation noise level is 60 decibels (dB).		
	58 dB	56.8	
Flange/Shield//Insert Size Included with Pump	The Flange/Shield/Insert is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. 🍼 It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need. 🍼		
	21mm / 24mm	21mm / 24mm	21mm / 24mm
Flange/Shield/Insert Sizes Available	Not available	Not available	19mm
Bottle/Cup Capacity	5 oz	5 oz	6 oz
BPA Free	Yes	Yes	Yes
Weight	1.2 lbs	0.6 lbs	1.56 lbs
Dimensions	248 x 128 x 219 mm	148 x 66 x 46.5 mm	7.09" x 6.3" x 5.51"
Adapter / Battery Pack	Power adapter & 8 AA batteries (batteries not included)	Power adapter, USB cable & built-in rechargeable battery	AC Adaptor; Rechargeable battery
Battery Life	N/A	2 hours	2 hours
Digital Display	No	Yes	Yes
Bluetooth / App	No	No	No
Warranty	One year warranty on pump motor, 90 day warranty on parts	One year warranty on pump motor, 90 day warranty on parts	One year warranty on pump motor, 90-day warranty on parts

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	 <p>Lansinoh Wearable</p>	 <p>Momcozy M5 Wearable</p>	
<p>insurance coverage</p>	<p>*insurance upgrade</p>	<p>*insurance upgrade</p>	
<p>Type of Breast Pump</p>	<p>Traditional Breast Pumps are electric pumps designed for powerful, efficient pumping sessions. Milk is pumped into collection bottles that attach to flanges/shields. Hands-free Breast Pumps (also known as wearable) are ultra-portable electric pumps that collect the milk into cups worn inside your bra. Because hands-free pumps are meant to be lightweight and compact, the motor might not be as powerful as a traditional breast pump.</p>		
<p>Message / Stimulation / Letdown Mode</p>	<p>8 adjustable suction levels, 2-Phase technology, and 3 pumping styles</p>	<p>9 levels in total between the massage and expression modes</p>	
<p>Expression / Suction Mode</p>	<p>8 adjustable suction levels, 2-Phase technology, and 3 pumping styles</p>	<p>9 levels in total between the massage and expression modes</p>	
<p>Suction Level</p>	<p>Suction Level is measured in mmHg (millimeters of mercury), which is the standard unit of measuring vacuum pressure.</p>		
<p>Noise Level</p>	<p>280 mmHg maximum</p>	<p>280 mmHg maximum</p>	
<p>Flange/Shield//Insert Size Included with Pump</p>	<p>FYI - The average conversation noise level is 60 decibels (dB).</p>		
<p>Flange/Shield/Insert Sizes Available</p>	<p>The Flange/Shield/Insert is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level.  It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need. </p>		
<p>Bottle/Cup Capacity</p>	<p>21mm / 25mm / 28mm / 30.5mm</p>	<p>17mm / 19mm / 21mm / 24mm</p>	
<p>Bottle/Cup Capacity</p>	<p>N/A</p>	<p>15mm / 27mm</p>	
<p>BPA Free</p>	<p>8 oz</p>	<p>4 oz</p>	
<p>BPA Free</p>	<p>Yes</p>	<p>Yes</p>	
<p>Weight</p>	<p>7.4 oz</p>	<p>230 g</p>	
<p>Dimensions</p>	<p>2.8"</p>	<p>3 x 4 x 5"</p>	
<p>Adapter / Battery Pack</p>	<p>2 charging cords</p>	<p>2 USB cables</p>	
<p>Battery Life</p>	<p>Up to 8 pumping sessions</p>	<p>100-120 minutes</p>	
<p>Digital Display</p>	<p>No</p>	<p>Yes</p>	
<p>Bluetooth / App</p>	<p>No</p>	<p>No</p>	
<p>Warranty</p>	<p>One year warranty on pump motor, 90-day warranty on parts</p>	<p>One year warranty on pump</p>	

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