





breast pump comparison chart









	 Ameda Mya Joy	 Ameda Mya Joy Plus	 Baby Buddha 2.0
insurance coverage	*covered by most insurances	*covered by most insurances	*insurance upgrade
Type of Breast Pump	Traditional	Traditional	Traditional
Suction Modes	Massage/Stimulation Mode is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.		
	Expression Mode is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
Suction Level	6 massage levels 12 expression levels	6 massage levels 12 expression levels	6 levels of new Soft Stimulation & 6 Classic Stimulation levels 9 Expression levels
	250 mmHg maximum	250 mmHg maximum	320 mmHg maximum
Noise Level	FYI - The average conversation noise level is 60 decibels (dB).		
	45 dB	45 dB	55 - 60 dB
Flange/Shield//Insert Size Included with Pump	The Flange/Shield/Insert is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. 🍼 It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need. 🍼		
	25mm / 28.5mm	25mm / 28.5mm	22mm / 24mm
Flange/Shield/Insert Sizes Available	21mm / 22.5mm / 30.5mm	21mm / 22.5mm / 30.5mm	21mm / 28mm / 32mm
Bottle/Cup Capacity	4 oz	4 oz	4.8 oz
BPA Free	Yes	Yes	Yes
Weight	0.5 lbs	0.7 lbs	3.75 lbs
Dimensions	7" x 5.50" x 8"	110 x 93 x 55mm (L x W x H)	5.5" x 2"
Adapter / Battery Pack	Power adapter & 4 AA batteries (batteries not included)	Power adapter, USB cable & built-in rechargeable battery	USB charging cable & built-in rechargeable battery
Battery Life	N/A	2 hours	1 hour
Digital Display	Yes	Yes	Yes
Bluetooth / App	No	No	No
Warranty	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts	One year warranty on pump motor, 90-day warranty on parts

This information has been gathered from the websites, user manuals and costumer service representatives of each breast pump company.

breast pump comparison chart







	 Elvie Stride	 Elvie Stride PLUS	 Elvie Stride 2
insurance coverage	*covered by most insurances	*insurance upgrade	*insurance upgrade
Type of Breast Pump	Hands-free	Hands-free	Hands-free
Suction Modes	Massage/Stimulation Mode is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.		
	Expression Mode is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
Suction Level	10 intensity settings in Stimulation 10 intensity settings Expression	10 intensity settings in Stimulation 10 intensity settings Expression	10 intensity settings in Stimulation 10 intensity settings Expression
	300 mmHg maximum	300 mmHg maximum	300 mmHg maximum
Noise Level	FYI - The average conversation noise level is 60 decibels (dB).		
	Ultra quite (dB not published)	Ultra quite (dB not published)	Ultra quite (dB not published)
Flange/Shield//Insert Size Included with Pump	The Flange/Shield/Insert is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level.  It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need. 		
	24mm	21mm / 24mm	15mm / 17mm / 19mm / 21mm / 24mm / 28mm
Flange/Shield/Insert Sizes Available	15mm / 17mm / 19mm / 21mm / 28mm	15mm / 17mm / 19mm / 28mm	-
Bottle/Cup Capacity	5 oz	5 oz	5 oz
BPA Free	Yes	Yes	Yes
Weight	1.2 lbs	1.2 lbs	1.2 lbs
Dimensions	4.6"L x 2.6"W x 1.7"H	4.6"L x 2.6"W x 1.7"H Bag - 9.84" x 7.48" x 7.68"	4.6"L x 2.6"W x 1.7"H Bag - 9.84" x 7.48" x 7.68"
Adapter / Battery Pack	Built-in rechargeable battery / 1 charging cable (adaptor not included)	Built-in rechargeable battery / 1 charging cable (adaptor not included)	Built-in rechargeable battery / 1 charging cable (adaptor not included)
Battery Life	Nearly three hours	Nearly three hours	Nearly three hours
Digital Display	No	No	No
Bluetooth / App	Yes	Yes	Yes
Warranty	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts

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breast pump comparison chart









	 Eufy S1 Pro	 Evenflo Deluxe Advanced	 Lansinoh Discreet Duo
insurance coverage	*insurance upgrade	*covered by most insurances	*covered by most insurances
Type of Breast Pump	Hands-free	Traditional	Hands-free
Suction Modes	Massage/Stimulation Mode is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.		
	Expression Mode is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	3 adjustable cycle speeds, 4 pumping rhythm modes, and 7 intensity levels	9 levels in total between the massage and expression modes	4 pumping styles that mimic feeding patterns / 8 levels of each style
Suction Level	Suction Level is measured in mmHg (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	300 mmHg maximum	250 mmHg maximum	260 mmHg maximum
Noise Level	FYI - The average conversation noise level is 60 decibels (dB).		
	<46 dB		
Flange/Shield//Insert Size Included with Pump	The Flange/Shield/Insert is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level.		
	It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need.		
	17mm / 19mm / 21mm / 24mm	24.5mm / 28mm / 30.5mm	21mm / 24mm
Flange/Shield/Insert Sizes Available		21mm / 33mm / 36mm	19mm
Bottle/Cup Capacity	5 oz	5 oz	6 oz
BPA Free	Yes	Yes	Yes
Weight		2.8 lbs	1.56 lbs
Dimensions			7.09" x 6.3" x 5.51"
Adapter / Battery Pack	AC Adaptor; Rechargeable battery	Power adapter & 6 AA batteries (batteries not included)	AC Adaptor; Rechargeable battery
Battery Life	Up to 5 days	N/A	2 hours
Digital Display	No	No	Yes
Bluetooth / App	Yes	No	No
Warranty	One year warranty on pump motor, 90-day warranty on parts	Two year warranty on the pump motor, 90 day limited warranty on parts	One year warranty on pump motor, 90-day warranty on parts

This information has been gathered from the websites, user manuals and costumer service representatives of each breast pump company.

breast pump comparison chart












	 Lansinoh Wearable	 Lansinoh Smartpump 3.0	 Medela Freestyle Hands-free
insurance coverage	*insurance upgrade	*covered by most insurances	*insurance upgrade
Type of Breast Pump	Hands-Free	Traditional	Hands-free
Suction Modes	Massage/Stimulation Mode is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.		
	Expression Mode is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
Suction Level	8 adjustable suction levels, 2-Phase technology, and 3 pumping styles	3 pumping styles that mimic feeding patterns / 8 levels of each style	9 levels in total between the massage and expression modes
	Suction Level is measured in mmHg (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
Noise Level	280 mmHg maximum	280 mmHg maximum	245 mmHg maximum
	FYI - The average conversation noise level is 60 decibels (dB).		
Flange/Shield//Insert Size Included with Pump	The Flange/Shield/Insert is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level.  It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need. 		
	21mm / 25mm / 28mm / 30.5mm	25mm / 28mm / 30.5mm	21mm / 24mm
Flange/Shield/Insert Sizes Available	N/A	21mm / 36mm	Not available
Bottle/Cup Capacity	8 oz	5 oz	5 oz
BPA Free	Yes	Yes	Yes
Weight	7.4 oz	4.5 lbs	0.6 lbs
Dimensions	2.8"		148 x 66 x 46.5 mm
Adapter / Battery Pack	2 charging cords	Power adapter, rechargeable battery (sold separately)	Power adapter, USB cable & built-in rechargeable battery
Battery Life	Up to 8 pumping sessions	N/A	2 hours
Digital Display	No	Yes	Yes
Bluetooth / App	No	Yes	No
Warranty	One year warranty on pump motor, 90-day warranty on parts	One year warranty on pump motor, 90-day warranty on parts	One year warranty on pump motor, 90 day warranty on parts

This information has been gathered from the websites, user manuals and costumer service representatives of each breast pump company.

breast pump comparison chart







	medela   Medela Pump In Style Hands-free	medela   Medela Pump In Style Pro	medela   Medela Swing Maxi Hands-free
insurance coverage	*covered by most insurances	*covered by most insurances	*insurance upgrade
Type of Breast Pump	Traditional / Hands-free	Traditional	Hands-free
Suction Modes	Massage/Stimulation Mode is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode. Expression Mode is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	10 levels in total between the massage and expression modes	16 levels in total between the massage and expression modes	9 levels in total between the massage and expression modes
Suction Level	Suction Level is measured in mmHg (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	240 mmHg maximum	295 mmHg maximum	245 mmHg maximum
Noise Level	FYI - The average conversation noise level is 60 decibels (dB).		
	58 dB	58 dB	45 dB
Flange/Shield//Insert Size Included with Pump	The Flange/Shield/Insert is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level.  It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need. 		
	21mm / 24mm	21mm / 24mm	21mm / 24mm
Flange/Shield/Insert Sizes Available	Not available	18mm / 27mm	27mm / 30mm
Bottle/Cup Capacity	5 oz	5 oz	5 oz
BPA Free	Yes	Yes	Yes
Weight	1.2 lbs	1.2 lbs	0.7 lbs
Dimensions	248 x 128 x 219 mm	13.14"L x 6.13"W x 9.08"H	126 x 125 x 58 mm
Adapter / Battery Pack	Power adapter & 8 AA batteries (batteries not included)	Power adapter & 8 AA batteries (batteries not included)	Power adapter, USB cable & built-in rechargeable battery
Battery Life	N/A	N/A	Up to 6 pumping sessions
Digital Display	No	No	No
Bluetooth / App	No	No	No
Warranty	One year warranty on pump motor, 90 day warranty on parts	One year warranty on pump motor, 90 day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts

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breast pump comparison chart







	momcozy  Momcozy M5 Wearable	motif  Motif Aura Glow	motif  Motif Duo with Bra
insurance coverage	*insurance upgrade	*covered by most insurances	*covered by most insurances
Type of Breast Pump	Hands-Free	Hands-free	Traditional
Suction Modes	Massage/Stimulation Mode is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.		
	Expression Mode is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
Suction Level	9 levels in total between the massage and expression modes	9 massage levels 9 massage levels 9 general pumping levels	10 massage levels 10 expression levels
	280 mmHg maximum	280 mmHg maximum	250 mmHg maximum
Noise Level	FYI - The average conversation noise level is 60 decibels (dB).		
	> 50 dB	<45 dB	55 dB
Flange/Shield//Insert Size Included with Pump	The Flange/Shield/Insert is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. 🍼 It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need. 🍼		
	17mm / 19mm / 21mm / 24mm	24mm	21mm / 24mm / 27mm
Flange/Shield/Insert Sizes Available	15mm / 27mm	11mm / 12mm / 13mm / 14mm / 15mm / 17mm / 19mm / 21mm / 27mm	32mm
Bottle/Cup Capacity	4 oz	6 oz	6 oz
BPA Free	Yes	Yes	Yes
Weight	230 g	.55 lbs	0.6 lbs
Dimensions	3 x 4 x 5"	4.88" x 4.37" x 2.68"	2.8"W x 1.8"D x 4.3"H
Adapter / Battery Pack	2 USB cables	Power adapter, USB-C cable & built-in rechargeable battery	Power adapter & built-in rechargeable battery
Battery Life	100-120 minutes	90 minutes	2.5 hours
Digital Display	Yes	Yes	Yes
Bluetooth / App	No	No	No
Warranty	One year warranty on pump	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts

This information has been gathered from the websites, user manuals and costumer service representatives of each breast pump company.

breast pump comparison chart







	 Motif Luna with Battery	 Motif Roam	 Spectra 9 Plus
insurance coverage	*covered by most insurances	*covered by most insurances	*covered by most insurances
Type of Breast Pump	Traditional	Hands-free	Traditional
Suction Modes	Massage/Stimulation Mode is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.		
	Expression Mode is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
Suction Level	5 massage levels 12 expression levels	5 massage levels 9 massage levels 9 general pumping levels	5 massage levels 10 expression levels
	280 mmHg maximum	280 mmHg maximum	260 mmHg maximum
Noise Level	FYI - The average conversation noise level is 60 decibels (dB).		
	<40 dB	<55 dB	45 dB
Flange/Shield//Insert Size Included with Pump	The Flange/Shield/Insert is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. 🍼 It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need. 🍼		
	24mm / 28mm	28mm	24mm
Flange/Shield/Insert Sizes Available	16mm / 19mm / 21mm / 27mm / 32mm	16mm / 19mm / 21mm / 24mm	20mm / 28mm / 32mm
Bottle/Cup Capacity	5.4 oz	5 oz	160 ml
BPA Free	Yes	Yes	Yes
Weight	2 lbs	0.6 lbs	0.5 lbs
Dimensions	7"L x 8"W x 2.25"H	4.3" x 2.8" x 1.8"	4.75L x 2.75"W x 1.5"H
Adapter / Battery Pack	Power adapter & built-in rechargeable battery	Power adapter, USB-C cable & built-in rechargeable battery	Built-in rechargeable battery & Power adapter
Battery Life	2+ hours	90 minutes	2.5 hours
Digital Display	Yes	Yes	Yes
Bluetooth / App	No	No	No
Warranty	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts

This information has been gathered from the websites, user manuals and costumer service representatives of each breast pump company.

breast pump comparison chart







	 Spectra S1 Plus	 Spectra S2 Plus	 Spectra Synergy Gold
insurance coverage	*insurance upgrade	*covered by most insurances	*insurance upgrade
Type of Breast Pump	Traditional	Traditional	Traditional
Suction Modes	Massage/Stimulation Mode is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.		
	Expression Mode is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
Suction Level	5 massage levels 12 expression levels	5 massage levels 12 expression levels	5 massage levels 15 expression levels
	270 mmHg maximum	270 mmHg maximum	270 mmHg maximum
Noise Level	FYI - The average conversation noise level is 60 decibels (dB).		
	45 dB	45 dB	45 dB
Flange/Shield//Insert Size Included with Pump	The Flange/Shield/Insert is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. 🍼 It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need. 🍼		
	24mm / 28mm	24mm / 28mm	24mm / 28mm
Flange/Shield/Insert Sizes Available	20mm / 32mm	20mm / 32mm	20mm / 32mm
Bottle/Cup Capacity	160 ml	160 ml	160 ml
BPA Free	Yes	Yes	Yes
Weight	3 lbs	2.5 lbs	4.2 lbs
Dimensions	7.9"L x 7.9"W x 6.7"H	7.9"L x 7.9"W x 6.7"H	8.5"L x 8.5"W x 8.5"H
Adapter / Battery Pack	Built-in rechargeable battery & Power adapter	Power adapter	Power adapter
Battery Life	3 hours	N/A	N/A
Digital Display	Yes	Yes	Yes
Bluetooth / App	No	No	No
Warranty	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts

This information has been gathered from the websites, user manuals and costumer service representatives of each breast pump company.

breast pump comparison chart






	 Spectra Synergy Gold Portable	 Willow Go	 Willow Sync
insurance coverage	*insurance upgrade	*insurance upgrade	*covered by most insurances
Type of Breast Pump	Traditional	Hands-free	Hands-free
Suction Modes	Massage/Stimulation Mode is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.		
	Expression Mode is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	5 massage levels 12 expression levels	6 stimulation levels 9 expression levels	20 customizable suction levels in total
Suction Level	Suction Level is measured in mmHg (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	270 mmHg maximum	280 mmHg maximum	245 mmHg maximum
Noise Level	FYI - The average conversation noise level is 60 decibels (dB).		
	45 dB	43 dB	42 dB
Flange/Shield//Insert Size Included with Pump	The Flange/Shield/Insert is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. 🍼 It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need. 🍼		
	24mm / 28mm	21mm / 24mm	21mm / 24mm
Flange/Shield/Insert Sizes Available	20mm / 32mm	13mm / 15mm / 17mm / 19mm / 27mm	13mm / 15mm / 17mm / 19mm
Bottle/Cup Capacity	160 ml	5 oz	5 oz
BPA Free	Yes	Yes	Yes
Weight	1.5 lbs	13.6 oz	0.8 lbs
Dimensions	7.375" x 4" x 3.5"	5.3 x 3.15 x 4.7 in	5.67" L x 4.41" W x 3.35" H
Adapter / Battery Pack	Built-in rechargeable battery & Power adapter	Built-in rechargeable batteries / 2 USB charging cables (adapter not included)	Built-in rechargeable battery / 1 charging cable (adaptor not included)
Battery Life	2 hours	Lasts 3 pumping sessions	1 hour
Digital Display	Yes	No	No
Bluetooth / App	No	Yes	Yes
Warranty	Two year warranty on pump motor, 90-day warranty on parts	One year warranty on pump motor, 90-day warranty on parts	One year warranty on pump motor, 90-day warranty on parts

This information has been gathered from the websites, user manuals and customer service representatives of each breast pump company.

breast pump comparison chart



	 Zomee Z2	 Zomee FIT	
insurance coverage	*covered by most insurances	*covered by most insurances	
Type of Breast Pump	Traditional	Hands-free	
Suction Modes	Massage/Stimulation Mode is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode.		
	Expression Mode is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
Suction Level	3 modes and 19 different suction levels	9 massage levels 9 expression levels + 2-Phase Mode w/ 9 levels	
	260 mmHg maximum	260 mmHg maximum	
Noise Level	FYI - The average conversation noise level is 60 decibels (dB).		
	40 dB	< 48 dB	
Flange/Shield//Insert Size Included with Pump	The Flange/Shield/Insert is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. 🍼 It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need. 🍼		
	24mm / 28mm	17mm / 21mm / 25mm	
Flange/Shield/Insert Sizes Available	15mm / 17mm / 19mm / 21mm / 32mm	Not available	
Bottle/Cup Capacity	140 ml	180 ml	
BPA Free	Yes	Yes	
Weight	0.5 lbs	0.58 lbs	
Dimensions	8"L x 8"W x 8"H	5"L x 4"W x 2"D	
Adapter / Battery Pack	Built-in rechargeable battery / Power Adapter	Built-in rechargeable battery / 2 Type-C charging cables (adaptor not included)	
Battery Life	2 hours	2 hours	
Digital Display	Yes	Yes	
Bluetooth / App	No	No	
Warranty	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts	

This information has been gathered from the websites, user manuals and costumer service representatives of each breast pump company.