breast pump comparison chart

	Amēda  Ameda Mya Joy	Amēda  Ameda Mya Joy Plus	BabyBuddha  Baby Buddha 2.0
insurance coverage	*covered by most insurances	*covered by most insurances	*insurance upgrade
Type of Breast Pump	Traditional	Traditional	Traditional
Suction Modes	**Massage/Stimulation Mode** is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode. **Expression Mode** is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	6 massage levels 12 expression levels	6 massage levels 12 expression levels	6 levels of new Soft Stimulation & 6 Classic Stimulation levels 9 Expression levels
Suction Level	**Suction Level** is measured in **mmHg** (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	250 mmHg maximum	250 mmHg maximum	320 mmHg maximum
Noise Level	FYI - The average conversation noise level is 60 **decibels** (dB).		
	45 dB	45 dB	55 - 60 dB
Flange/Shield//Insert Size Included with Pump	The **Flange/Shield/Insert** is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. 🍼 **It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need.** 🍼		
	25mm / 28.5mm	25mm / 28.5mm	22mm / 24mm
Flange/Shield/Insert Sizes Available	21mm / 22.5mm / 30.5mm	21mm / 22.5mm / 30.5mm	21mm / 28mm / 32mm
Bottle/Cup Capacity	4 oz	4 oz	4.8 oz
BPA Free	Yes	Yes	Yes
Weight	0.5 lbs	0.7 lbs	3.75 lbs
Dimensions	7” x 5.50” x 8”	110 x 93 x 55mm (L x W x H)	5.5” x 2”
Adapter / Battery Pack	Power adapter & 4 AA batteries (batteries not included)	Power adapter, USB cable & built-in rechargeable battery	USB charging cable & built-in rechargeable battery
Battery Life	N/A	2 hours	1 hour
Digital Display	Yes	Yes	Yes
Bluetooth / App	No	No	No
Warming Capability	No	No	No
Warranty	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts	One year warranty on pump motor, 90-day warranty on parts

This information has been gathered from the websites, user manuals and costumer service representatives of each breast pump company.

breast pump comparison chart

	elvie  Elvie Stride	elvie  Elvie Stride PLUS	elvie  Elvie Stride 2
insurance coverage	*covered by most insurances	*insurance upgrade	*insurance upgrade
Type of Breast Pump	Hands-free	Hands-free	Hands-free
Suction Modes	**Massage/Stimulation Mode** is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode. **Expression Mode** is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	10 intensity settings in Stimulation 10 intensity settings Expression	10 intensity settings in Stimulation 10 intensity settings Expression	10 intensity settings in Stimulation 10 intensity settings Expression
Suction Level	**Suction Level** is measured in **mmHg** (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	300 mmHg maximum	300 mmHg maximum	300 mmHg maximum
Noise Level	FYI - The average conversation noise level is 60 **decibels** (dB).		
	.48 dB	.48 dB	.48 dB
Flange/Shield//Insert Size Included with Pump	The **Flange/Shield/Insert** is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. **It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need.**		
	24mm	21mm / 24mm	15mm / 17mm / 19mm / 21mm / 24mm / 28mm
Flange/Shield/Insert Sizes Available	15mm / 17mm / 19mm / 21mm / 28mm	15mm / 17mm / 19mm / 28mm	-
Bottle/Cup Capacity	5 oz	5 oz	5 oz
BPA Free	Yes	Yes	Yes
Weight	1.2 lbs	1.2 lbs	1.2 lbs
Dimensions	4.6"L x 2.6"W x 1.7"H	4.6"L x 2.6"W x 1.7"H Bag - 9.84" x 7.48" x 7.68"	4.6"L x 2.6"W x 1.7"H Bag - 9.84" x 7.48" x 7.68"
Adapter / Battery Pack	Built-in rechargeable battery / 1 charging cable (adaptor not included)	Built-in rechargeable battery / 1 charging cable (adaptor not included)	Built-in rechargeable battery / 1 charging cable (adaptor not included)
Battery Life	Nearly three hours	Nearly three hours	Nearly three hours
Digital Display	No	No	No
Bluetooth / App	Yes	Yes	Yes
Warming Capability	No	No	No
Warranty	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts

This information has been gathered from the websites, user manuals and costumer service representatives of each breast pump company.

breast pump comparison chart

	eufy  Eufy S1 Wearable	eufy  Eufy S1 Pro	eufy  Eufy S2 Wearable
insurance coverage	*insurance upgrade	*insurance upgrade	*insurance upgrade
Type of Breast Pump	Hands-free	Hands-free	Hands-free
Suction Modes	**Massage/Stimulation Mode** is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode. **Expression Mode** is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	7 intensity suction levels and 3 cycle speeds; 4 adjustable pumping rhythms	3 adjustable cycle speeds, 4 pumping rhythm modes, and 7 intensity levels	3 adjustable cycle speeds, 4 pumping rhythm modes, and 10 intensity levels
Suction Level	**Suction Level** is measured in **mmHg** (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	300 mmHg maximum	300 mmHg maximum	300 mmHg maximum
Noise Level	FYI - The average conversation noise level is 60 **decibels** (dB).		
	46 dB	46 dB	46 dB
Flange/Shield//Insert Size Included with Pump	The **Flange/Shield/Insert** is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. 🍼 **It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need.** 🍼		
	17mm / 19mm / 21mm / 24mm	17mm / 19mm / 21mm / 24mm	15mm / 17mm / 19mm 21mm / 24mm
Flange/Shield/Insert Sizes Available	27 mm	27 mm	
Bottle/Cup Capacity	5 oz	5 oz	5 oz
BPA Free	Yes	Yes	Yes
Weight	0.6 lbs	0.6 lbs	0.6 lbs
Dimensions	5.0" (L) × 4.5" (W) × 2.5" (H)	5.0" (L) × 4.5" (W) × 2.5" (H)	5.0" (L) × 4.5" (W) × 2.5" (H)
Adapter / Battery Pack	AC Adaptor; Rechargeable battery	AC Adaptor; Rechargeable battery	AC Adaptor; Rechargeable battery
Battery Life	2.5 hours	2.5 hours	2.5 hours
Digital Display	No	No	No
Bluetooth / App	Yes	Yes	Yes
Warming Capability	Yes	Yes	Yes
Warranty	One year warranty on pump motor, 90-day warranty on parts	One year warranty on pump motor, 90-day warranty on parts	One year warranty on pump motor, 90-day warranty on parts

This information has been gathered from the websites, user manuals and costumer service representatives of each breast pump company.

breast pump comparison chart

	 Eufy S2 Pro	 Lansinoh Discreet Duo Flow	 Lansinoh Signature Pro
insurance coverage	*insurance upgrade	*covered by most insurances	*covered by most insurances
Type of Breast Pump	Hands-free	Hands-free	Traditional / Hands-free
Suction Modes	**Massage/Stimulation Mode** is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode. **Expression Mode** is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	3 adjustable cycle speeds, 4 pumping rhythm modes, and 10 intensity levels	9 section levels; 4 customizable pumping modes	3 pumping styles; 8 adjustable suction levels
Suction Level	**Suction Level** is measured in **mmHg** (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	300 mmHg maximum	280 mmHg maximum	250 mmHg
Noise Level	FYI - The average conversation noise level is 60 **decibels** (dB).		
	46 dB	45 dB	50 dB
Flange/Shield//Insert Size Included with Pump	The **Flange/Shield/Insert** is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. 🍼 **It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need.** 🍼		
	15mm / 17mm / 19mm 21mm / 24mm	15mm / 17mm / 19mm 21mm / 24mm	25 mm
Flange/Shield/Insert Sizes Available		27 mm	21 mm / 28 mm / 30.5 mm / 36 mm
Bottle/Cup Capacity	5 oz	6 oz	5 oz
BPA Free	Yes	Yes	Yes
Weight	0.6 lbs	0.5 lbs	0.3 lbs
Dimensions	5.0" (L) × 4.5" (W) × 2.5" (H)	2.8" (L) x 4.4" (W) x 5.3" (H)	6" (L) x 5" (W) x 4" (H)
Adapter / Battery Pack	AC Adaptor; Rechargeable battery	AC Adaptor; Rechargeable battery	AC Adapter / AA Batteries
Battery Life	2.5 hours	3.25 hours	-
Digital Display	No	No	Yes
Bluetooth / App	Yes	No	No
Warming Capability	Yes	No	No
Warranty	One year warranty on pump motor, 90-day warranty on parts	One year warranty on pump motor, 90-day warranty on parts	One year warranty on pump motor, 90-day warranty on parts

This information has been gathered from the websites, user manuals and costumer service representatives of each breast pump company.

breast pump comparison chart

	medela  Medela Freestyle Hands-free	medela  Medela Freestyle Mini Hands-free	medela  Medela Pump In Style Pro
insurance coverage	*insurance upgrade	*covered by most insurances	*covered by most insurances
Type of Breast Pump	Hands-free	Hands-free	Traditional
Suction Modes	**Massage/Stimulation Mode** is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode. **Expression Mode** is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	9 levels in total between the massage and expression modes	4-button interface; 9 adjustable pump settings; 2-phase expression technology	16 levels in total between the massage and expression modes
Suction Level	**Suction Level** is measured in **mmHg** (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	245 mmHg maximum	270 mmHg	295 mmHg maximum
Noise Level	FYI - The average conversation noise level is 60 **decibels** (dB).		
	56 dB	50 dB	45 dB
Flange/Shield//Insert Size Included with Pump	The **Flange/Shield/Insert** is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. 🍼 **It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need.** 🍼		
	21mm / 24mm	15mm / 18mm 21mm / 24mm	21mm / 24mm
Flange/Shield/Insert Sizes Available	Not available	27 mm	15 mm / 18mm / 27mm
Bottle/Cup Capacity	5 oz	5 oz	5 oz
BPA Free	Yes	Yes	Yes
Weight	0.6 lbs	0.75 lbs	1.2 lbs
Dimensions	148 x 66 x 46.5 mm	3.5” (L) x 2.5” (W) x 1.5” (H)	13.14”L x 6.13”W x 9.08”H
Adapter / Battery Pack	Power adapter, USB cable & built-in rechargeable battery	USB cable & built-in rechargeable battery	Power adapter & 8 AA batteries (batteries not included)
Battery Life	2 hours	2 hours	N/A
Digital Display	Yes	No	No
Bluetooth / App	No	No	No
Warming Capability	No	No	No
Warranty	One year warranty on pump motor, 90 day warranty on parts	One year warranty on pump motor, 90 day warranty on parts	One year warranty on pump motor, 90 day warranty on parts

This information has been gathered from the websites, user manuals and costumer service representatives of each breast pump company.

breast pump comparison chart

	medela  Medela Pump In Style Pro+	medela  Medela Pump In Style Pro+ Handsfree	medela  Medela Motion InBra
insurance coverage	*insurance upgrade	*insurance upgrade	*insurance upgrade
Type of Breast Pump	Traditional	Hands-Free	Hands-Free
Suction Modes	**Massage/Stimulation Mode** is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode. **Expression Mode** is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	16 adjustable suction levels; 2 pumping modes (stimulation and expression)	16 adjustable suction levels; 2 pumping modes (stimulation and expression)	9 adjustable suction levels; 2 pumping modes (Stimulation and Expression)
Suction Level	**Suction Level** is measured in **mmHg** (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	295 mmHg maximum	295 mmHg maximum	300 mmHg
Noise Level	FYI - The average conversation noise level is 60 **decibels** (dB).		
	45 dB	45 dB	45 dB
Flange/Shield//Insert Size Included with Pump	The **Flange/Shield/Insert** is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. 🍼 **It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need.** 🍼		
	21mm / 24mm	21mm / 24mm	15 mm / 18 mm / 21 mm / 24 mm
Flange/Shield/Insert Sizes Available	15 mm / 18mm / 27mm	15 mm / 18mm / 27mm	27 mm
Bottle/Cup Capacity	5 oz	5 oz	5 oz
BPA Free	Yes	Yes	Yes
Weight	1.2 lbs	1.2 lbs	0.55 lbs
Dimensions	4.75” (L) x 4.25” (W) x 35” (H)	4.75” (L) x 4.25” (W) x 35” (H)	4.5” (H) x 4.2” (W)
Adapter / Battery Pack	AC Adapter; Internal Rechargeable Battery	AC Adapter; Internal Rechargeable Battery	USB-C Cables; Internal Rechargeable Battery
Battery Life	1+ hour	1+ hour	2.5 hours
Digital Display	No	No	No
Bluetooth / App	No	No	No
Warming Capability	No	No	No
Warranty	One year warranty on pump motor, 90 day warranty on parts	One year warranty on pump motor, 90 day warranty on parts	One year warranty on pump motor, 90 day warranty on parts

This information has been gathered from the websites, user manuals and costumer service representatives of each breast pump company.

breast pump comparison chart

	MOMCOZY  Momcozy M5 Smart Wearable	MOMCOZY  Momcozy M6 Mobile Style	MOMCOZY  Momcozy S9 Pro Wearable
insurance coverage	*insurance upgrade	*insurance upgrade	*covered by most insurances
Type of Breast Pump	Hands-Free	Hands-free	Hands-free
Suction Modes	**Massage/Stimulation Mode** is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode. **Expression Mode** is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	9 levels in total between the massage and expression modes	3 modes and 9 levels of hospital-strength suction	2 modes; 9 levels of hospital-strength suction
Suction Level	**Suction Level** is measured in **mmHg** (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	280 mmHg maximum	295 mmHg maximum	280 mmHg maximum
Noise Level	FYI - The average conversation noise level is 60 **decibels** (dB).		
	50 dB	48 - 50 dB	45 dB
Flange/Shield//Insert Size Included with Pump	The **Flange/Shield/Insert** is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. 🍼 **It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need.** 🍼		
	17mm / 19mm / 21mm / 24mm	17mm / 19mm / 21mm / 24mm	17mm / 19mm / 21mm / 24mm
Flange/Shield/Insert Sizes Available	15mm / 27mm	27 mm	27 mm
Bottle/Cup Capacity	4 oz	6 oz	6 oz
BPA Free	Yes	Yes	Yes
Weight	0.5 lbs	0.6 lbs	0.5 lbs
Dimensions	5” (L) x 4.6” (W) x 2.9” (H)	5.12” (L) x 4.49” (W) x 2.87” (H)	4.41” (L) x 4.41” (W) x 2.68” (H)
Adapter / Battery Pack	2 USB cables; Internal Rechargeable Battery	2 USB cables; Internal Rechargeable Battery	2 USB Type C Cables; Internal Rechargeable Battery
Battery Life	100-120 minutes	3 hours	4.5 hours
Digital Display	Yes	No	No
Bluetooth / App	No	No	No
Warming Capability	No	No	No
Warranty	One year warranty on pump	One year warranty on pump	One year warranty on pump

This information has been gathered from the websites, user manuals and costumer service representatives of each breast pump company.

breast pump comparison chart

	MOMCOZY  Momcozy S12 Pro Quick Wearable	MOMCOZY  Momcozy Wellness 1	motif  Motif Aura Glow
insurance coverage	*covered by most insurances	*insurance upgrade	*covered by most insurances
Type of Breast Pump	Hands-free	Hands-free	Hands-free
Suction Modes	**Massage/Stimulation Mode** is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode. **Expression Mode** is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	3 pumping rhythms; 9 suction levels	Pumping Rhythms: 1 expert rhythm (Milk Boost) + 3 standard modes	9 massage levels, 9 expression levels, 9 general pumping levels, & 5 cluster feeding levels
Suction Level	**Suction Level** is measured in **mmHg** (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	295 mmHg maximum	295 mmHg maximum	280 mmHg maximum
Noise Level	FYI - The average conversation noise level is 60 **decibels** (dB).		
	46 dB	50 dB	<45 dB
Flange/Shield//Insert Size Included with Pump	The **Flange/Shield/Insert** is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. 🍼 **It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need.** 🍼		
	21 mm / 24 mm	17mm / 19mm / 21mm / 24mm	24mm
Flange/Shield/Insert Sizes Available	17mm / 19mm / 21mm	15 mm	11mm / 12mm / 13mm / 14mm / 15mm / 17mm / 19mm / 21mm / 27mm
Bottle/Cup Capacity	7 oz	4.4 oz	6 oz
BPA Free	Yes	Yes	Yes
Weight	0.53 lbs	0.64 lbs	.55 lbs
Dimensions	5.16” (L) x 4.49” (W) x 2.91” (H)	5.0” (L) x 4.29” (W) x 3.03” (H)	4.88” x 4.37” x 2.68”
Adapter / Battery Pack	2 USB Type C Cables; Internal Rechargeable Battery	2-in-1 USB Cable; Internal Rechargeable Battery	Power adapter, USB-C cable & built-in rechargeable battery
Battery Life	8 pumping sessions	Up to 10 pumping sessions	90 minutes
Digital Display	No	No	Yes
Bluetooth / App	No	No	No
Warming Capability	No	Yes	No
Warranty	One year warranty on pump	Two year warranty on pump	Two year warranty on pump motor, 90-day warranty on parts

This information has been gathered from the websites, user manuals and costumer service representatives of each breast pump company.

breast pump comparison chart

	 Motif Duo with Bra	 Motif Luna with Battery	 Motif Roam
insurance coverage	*covered by most insurances	*covered by most insurances	*covered by most insurances
Type of Breast Pump	Traditional	Traditional	Hands-free
Suction Modes	**Massage/Stimulation Mode** is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode. **Expression Mode** is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	10 massage levels 10 expression levels	5 massage levels 12 expression levels	9 massage levels, 9 expression levels, 9 general pumping levels, & 5 cluster feeding levels
Suction Level	**Suction Level** is measured in **mmHg** (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	250 mmHg maximum	280 mmHg maximum	280 mmHg maximum
Noise Level	FYI - The average conversation noise level is 60 **decibels** (dB).		
	55 dB	<40 dB	<55 dB
Flange/Shield//Insert Size Included with Pump	The **Flange/Shield/Insert** is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. 🍼 **It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need.** 🍼		
	21mm / 24mm / 27mm	21mm / 24mm	16mm / 19mm / 21mm / 24mm / 28mm
Flange/Shield/Insert Sizes Available	32mm	16mm / 19mm / 21mm / 27mm / 32mm	-
Bottle/Cup Capacity	6 oz	5.4 oz	5 oz
BPA Free	Yes	Yes	Yes
Weight	0.6 lbs	2 lbs	0.6 lbs
Dimensions	2.8"W x 1.8"D x 4.3"H	7"L x 8"W x 2.25"H	4.3" x 2.8" x 1.8"
Adapter / Battery Pack	Power adapter & built-in rechargeable battery	Power adapter & built-in rechargeable battery	Power adapter, USB-C cable & built-in rechargeable battery
Battery Life	2.5 hours	4+ hours	90 minutes
Digital Display	Yes	Yes	Yes
Bluetooth / App	No	No	No
Warming Capability	No	No	No
Warranty	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts

This information has been gathered from the websites, user manuals and costumer service representatives of each breast pump company.

breast pump comparison chart

	 Spectra S1 Plus	 Spectra S2 Plus	 Spectra Synergy Gold
insurance coverage	*insurance upgrade	*covered by most insurances	*insurance upgrade
Type of Breast Pump	Traditional	Traditional	Traditional
Suction Modes	**Massage/Stimulation Mode** is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode. **Expression Mode** is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	5 massage levels 12 expression levels	5 massage levels 12 expression levels	5 massage levels 15 expression levels
Suction Level	**Suction Level** is measured in **mmHg** (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	270 mmHg maximum	270 mmHg maximum	270 mmHg maximum
Noise Level	FYI - The average conversation noise level is 60 **decibels** (dB).		
	45 dB	45 dB	45 dB
Flange/Shield//Insert Size Included with Pump	The **Flange/Shield/Insert** is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. **It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need.**		
	24mm / 28mm	24mm / 28mm	24mm / 28mm
Flange/Shield/Insert Sizes Available	20mm / 32mm	20mm / 32mm	20mm / 32mm
Bottle/Cup Capacity	160 ml	160 ml	160 ml
BPA Free	Yes	Yes	Yes
Weight	3 lbs	2.5 lbs	4.2 lbs
Dimensions	7.9"L x 7.9"W x 6.7"H	7.9"L x 7.9"W x 6.7"H	8.5"L x 8.5"W x 8.5"H
Adapter / Battery Pack	Built-in rechargeable battery & Power adapter	Power adapter	Power adapter
Battery Life	3 hours	N/A	N/A
Digital Display	Yes	Yes	Yes
Bluetooth / App	No	No	No
Warming Capability	No	No	No
Warranty	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts	Two year warranty on pump motor, 90-day warranty on parts

This information has been gathered from the websites, user manuals and costumer service representatives of each breast pump company.

breast pump comparison chart

	 Spectra Synergy Gold Portable	 Willow Go	 Willow Sync
insurance coverage	*insurance upgrade	*insurance upgrade	*covered by most insurances
Type of Breast Pump	Traditional	Hands-free	Hands-free
Suction Modes	**Massage/Stimulation Mode** is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode. **Expression Mode** is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	5 massage levels 12 expression levels	6 stimulation levels 9 expression levels	20 customizable suction levels in total
Suction Level	**Suction Level** is measured in **mmHg** (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	270 mmHg maximum	280 mmHg maximum	245 mmHg maxicum
Noise Level	FYI - The average conversation noise level is 60 **decibels** (dB).		
	45 dB	43 dB	42 dB
Flange/Shield//Insert Size Included with Pump	The **Flange/Shield/Insert** is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. 🍼 **It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need.** 🍼		
	24mm / 28mm	21mm / 24mm	21mm / 24mm
Flange/Shield/Insert Sizes Available	20mm / 32mm	13mm / 15mm / 17mm / 19mm / 27mm	13mm / 15mm / 17mm / 19mm
Bottle/Cup Capacity	160 ml	5 oz	5 oz
BPA Free	Yes	Yes	Yes
Weight	1.5 lbs	13.6 oz	0.8 lbs
Dimensions	7.375" x 4" x 3.5"	5.3 x 3.15 x 4.7 in	5.67" L x 4.41" W x 3.35" H
Adapter / Battery Pack	Built-in rechargeable battery & Power adapter	Built-in rechargeable batteries / 2 USB charging cables (adapter not included)	Built-in rechargeable battery / 1 charging cable (adaptor not included)
Battery Life	2 hours	Lasts 3 pumping sessions	1 hour
Digital Display	Yes	No	No
Bluetooth / App	No	Yes	Yes
Warming Capability	No	No	No
Warranty	Two year warranty on pump motor, 90-day warranty on parts	One year warranty on pump motor, 90-day warranty on parts	One year warranty on pump motor, 90-day warranty on parts

This information has been gathered from the websites, user manuals and costumer service representatives of each breast pump company.

breast pump comparison chart

	 Zomee FIT	 Zomee Mother's Nature H1	 Zomee Mother's Nature W1
insurance coverage	*covered by most insurances	*covered by most insurances	*covered by most insurances
Type of Breast Pump	Hands-free	Traditional	Hands-free
Suction Modes	**Massage/Stimulation Mode** is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode. **Expression Mode** is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	9 massage levels 9 expression levels + 2-Phase Mode w/ 9 levels	12 customizable suction levels (stimulation, expression, 2-phase	12 customizable suction levels (stimulation, expression, 2-phase
Suction Level	**Suction Level** is measured in **mmHg** (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	260 mmHg maximum	300 mmHg maximum	300 mmHg maximum
Noise Level	FYI - The average conversation noise level is 60 **decibels** (dB).		
	48 dB	46 dB	46 dB
Flange/Shield//Insert Size Included with Pump	The **Flange/Shield/Insert** is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. 🍼 **It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need.** 🍼		
	17mm / 21mm / 25mm	19 mm / 21 mm	15 mm / 17 mm / 19 mm 21 mm / 24 mm
Flange/Shield/Insert Sizes Available	Not available	13 mm / 15 mm / 17 mm / 24 mm	13 mm
Bottle/Cup Capacity	6 oz	6 oz	6 oz
BPA Free	Yes	Yes	Yes
Weight	0.58 lbs	0.64 lbs	0.5 lbs
Dimensions	5"L x 4"W x 2"D	6" (L) x 5" (W) x 3" (H)	4.84" (L) x 4.37" (W) x 2.68" (H)
Adapter / Battery Pack	Built-in rechargeable battery / 2 Type-C charging cables (adaptor not included)	AC Adaptor; Internal Rechargeable Battery	2 charging cables; Internal Rechargeable Battery
Battery Life	2 hours	2 hours	2 hours
Digital Display	Yes	Yes	Yes
Bluetooth / App	No	No	No
Warming Capability	No	No	Yes
Warranty	Two year warranty on pump motor, 90-day warranty on parts	Three year warranty on pump motor	One year warranty on pump motor, 90-day warranty on parts

This information has been gathered from the websites, user manuals and costumer service representatives of each breast pump company.

breast pump comparison chart

	ZOMEE  Zomee Z2		
insurance coverage	*covered by most insurances		
Type of Breast Pump	Traditional		
Suction Modes	**Massage/Stimulation Mode** is a setting on your breast pump that mimics the fast, fluttering suckling of a baby to stimulate your milk-flow (letdown). The breast pump will suck and release at more cycles per minute than in expression mode. The vacuum level (strength of suction) does not get as intense as it can in expression mode. **Expression Mode** is used once milk starts flowing. The breast pump will have a slower but stronger suction.		
	3 modes and 19 different suction levels		
Suction Level	**Suction Level** is measured in **mmHg** (millimeters of mercury), which is the standard unit of measuring vacuum pressure.		
	260 mmHg maximum		
Noise Level	FYI - The average conversation noise level is 60 **decibels** (dB).		
	40 dB		
Flange/Shield//Insert Size Included with Pump	The **Flange/Shield/Insert** is the plastic or silicone part that is placed on the breast in order for breast milk to be expressed. The right size flange should allow the milk to flow well and should be comfortable while using the pump at medium to maximum suction level. 🍼 **It is important to make sure that the breast pump you select offers the size Flange/Shield/Insert you need.** 🍼		
	21mm / 24mm		
Flange/Shield/Insert Sizes Available	15mm / 17mm / 19mm / 21mm / 28mm / 32mm		
Bottle/Cup Capacity	140 ml		
BPA Free	Yes		
Weight	0.5 lbs		
Dimensions	8”L x 8”W x 8”H		
Adapter / Battery Pack	Built-in rechargeable battery / Power Adapter		
Battery Life	2 hours		
Digital Display	Yes		
Bluetooth / App	No		
Warming Capability			
Warranty	Two year warranty on pump motor, 90-day warranty on parts		

This information has been gathered from the websites, user manuals and costumer service representatives of each breast pump company.