



**KneeRover® Deluxe  
Knee Cycle User Manual**

**CE**

## **Congratulations on your purchase of the KneeRover® Deluxe Knee Cycle!**

**The KneeRover® Knee Cycle Knee Scooter provides a more reliable and comfortable alternative to crutches for patients needing an effective mobility solution at an affordable price.**

### **Operating Instructions:**

This medical device is designed to maximize mobility during your recovery from foot/ankle surgery or injury.

Place the knee of your injured leg on the knee platform and stand as straight as possible. Adjust the handlebar to approximately waist high or the top of your hips. This will allow you to find the most comfortable position for your hands while holding the grips. Adjust the knee platform height so that your injured leg is supported at a 90 degree angle when standing.

Ensure that the hand brake is fully engaged before mounting the KneeRover® scooter. To move the scooter, simply push forward with your good foot. Allow the scooter to glide, and as it slows down, push again.

We recommend operating the KneeRover® scooter at a safe walking speed (< 3 mph).

### **Ongoing Maintenance:**

We recommend saving the tools that are provided with your KneeRover® product, as you may need them to provide ongoing maintenance. With routine use, nuts and bolts on the KneeRover® knee walker can become loose. To ensure safe operation of your KneeRover® scooter, it is important to periodically inspect for loose nuts and bolts and re-tighten as appropriate.

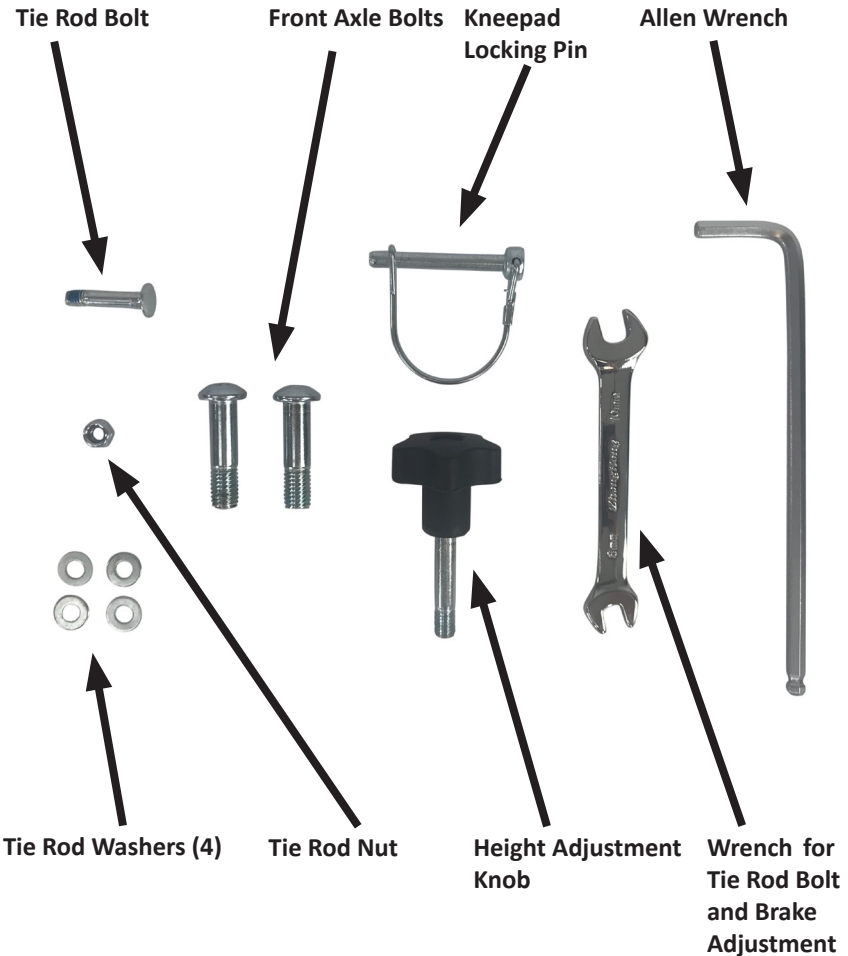
Please visit <https://kneerover.com/pages/kneerover-maintenance-videos> for additional support in maintaining your KneeRover® product.

## KneeRover® Deluxe Knee Cycle - Tools & Parts List:

The following tools and parts are included with your KneeRover® Deluxe Knee Cycle. Please follow assembly instructions for your specific KneeRover® model, using the tools and parts provided.

Assembly videos for your KneeRover® model can also be found at:

<https://kneerover.com/pages/assembly-video>



# KneeRover® Deluxe Knee Cycle Set Up Instructions:

Please follow the step by step instructions on the following pages to properly assemble your KneeRover® scooter. The diagram below identifies the key components of the scooter to aid with assembly.

Visit <https://kneerover.com/pages/assembly-video> for assembly videos.

**Weight capacity = 300 pounds**



## Step 1: Front Axle Assembly

Please take your time to carefully complete all steps before operating your new KneeRover® scooter. First, place the front axle with 7.5" wheels under the scooter frame, ensuring the round bolts by the wheels are facing up (Top). Align the axle and frame holes, insert front axle bolts and tighten completely using the allen wrench provided (Bottom). Make sure the welded nuts on the front axle are facing towards the ground.

**Install Front Axle Bolt through the top hole and into the welded nut on the bottom**

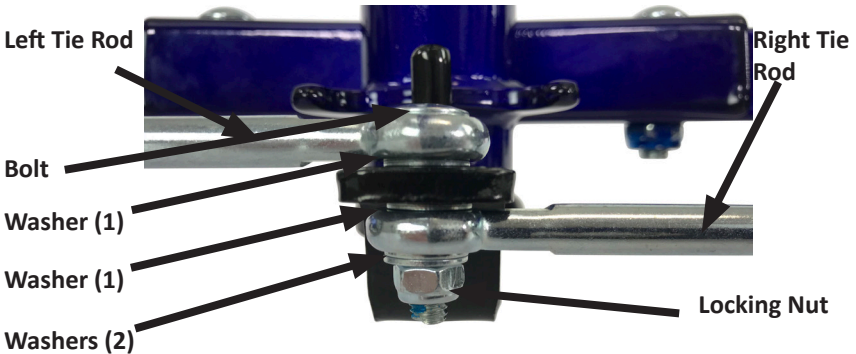
**Round Bolt needs to face up**



**Tighten Front Axle Bolt with the provided allen wrench**

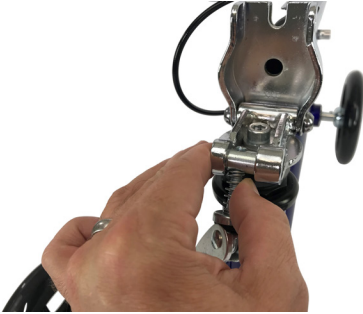
## Step 2: Tie Rod Assembly

The tie rod ends are already attached to the spindles/wheels. Bring the left tie rod (square hole) and place over the black guide and the right tie rod (round hole) under the black guide. Insert the bolt into the top tie rod so the head of the bolt is sitting flush (Top Left). Next, insert the bolt through the washer and black guide. Place another washer on the tie rod bolt under the black guide and then the bolt through the right tie-rod round hole. Next, place two washers onto the tie-rod bolt from the bottom and then the locking nut. After the tie rods are assembled, tighten the locking nut until it barely touches the bottom washer (Top Right). Take care not to over tighten the locking nut, as this could cause some resistance while turning the knee walker. Below is a picture of a properly assembled Tie Rod (Bottom).



### Step 3: Steering Column Assembly

Raise the steering column up by pushing the clamp lever to the left allowing the column to raise all the way up (Top Left and Right). Raise the clamp lever upward in to the “U” slot and tighten by turning it clockwise (Bottom Left). Finally, push clamp lever down firmly to secure the steering column (Bottom Right). Reverse these steps when needing to lower steering column for transport.



Push pin to the left



Raise steering column and release the pin



Raise the clamp into the “U” shaped slot



Push clamp down firmly

## Step 4: Handle Bar Assembly

Please make sure the brake line is not twisted and the brake handle is facing forward. Insert the handle bar into the steering column (Left). Raise the handle bar to a comfortable position and insert the height adjustment knob into the hole and tighten (Right). We recommend the handle bar height to be set approximately waist high.



## Step 5: Basket Assembly

Locate the basket bracket on the front of the steering column (Top Left). Place the rear basket holes over the bracket and push down (Top Right). Your basket is now installed on the steering column (Bottom).





## Step 6: Knee Platform Assembly

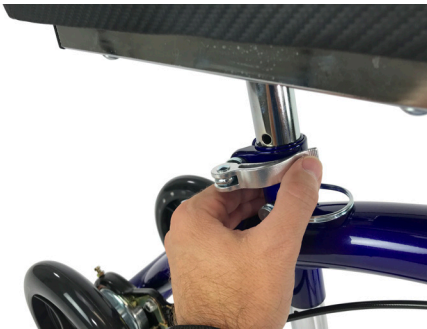
The knee platform is designed to be used with either the right or left leg. Insert the knee platform post into the receptacle tube (Top Left). Next, set the knee platform at your desired height for use by inserting the locking pin through the aligned holes (Top Right). We recommend that the knee on the knee platform be at a 90 degree angle while the leg on the ground is straight. Finally, tighten the clamp lever to secure the knee platform in place (Bottom Left).



Insert Knee platform into the receptacle tube



Insert the locking pin through the aligned holes



Tighten and secure the clamp



Properly assembled kneepad

## Brake and Parking Brake Operation

Your KneeRover® knee walker comes equipped with a Brake Lock/Parking Brake. To engage the brake, squeeze the brake lever on the handle bar. To apply the parking brake, squeeze brake handle firmly and while squeezing the brake handle press the silver button to engage the lock. While still holding the button down, release the brake handle and your parking brake will be set. To release the lock, squeeze the brake handle again and the silver button will pop up.



Unlocked Brake



Locked Brake

## Brake Adjustment

If there is ever a need to perform a brake adjustment, please follow these steps.

Locate the brake cable and spring at the rear of the scooter. Use a 10mm wrench and loosen the nut (Left). Squeeze the spring together and pull the brake cable down (Right). While holding the brake cable, retighten the nut.

You may also view the brake adjustment video by visiting <https://kneerover.com/pages/kneerover-maintenance-videos>.



# WARRANTY

**Who is Covered?** This warranty applies to the original owner. To validate your warranty, the KneeRover® scooter must be registered within 30 days of the purchase date and have a valid proof of purchase. Please make sure to visit <https://kneerover.com/apps/product-registration> to complete the product registration.

**What is Covered?** While the frame is covered for the life of the KneeRover®, some parts of the scooter are subject to normal wear and tear and depending on the use, may not last the lifetime of the scooter. The applicable warranty coverage for all parts are listed below.

**Frame, Cross Braces and Welds: LIFETIME**  
**Brake Components and Hardware: 1 YEAR**  
**Wheels, Kneepad, Seat and Grips: 6 MONTHS**

**What is NOT Covered?** This warranty does not cover defects or malfunction caused by misuse, abuse, negligence, improper maintenance, or failure to follow the user manual instructions and safety instructions. This warranty will not apply to damage caused by unauthorized parts, alterations or modifications of this product. Cosmetic or incidental damages are not covered.

**How to obtain Warranty Service:** To obtain warranty service for products, please submit a warranty claim at <https://kneerover.com/pages/warranty> and have your serial number and proof of purchase available.

If the part that you need is no longer covered under your warranty, please visit <https://kneerover.com/collections/parts> as we carry replacement parts for all KneeRover® models.

If you have any questions regarding your KneeRover® product or this warranty, please contact our Customer Care Team by calling 1-877-737-9877 or by email at [help@kneerover.com](mailto:help@kneerover.com). We are available Monday - Friday from 9:00 am to 5:00 pm Eastern.

## KneeRover® Knee Walker Safety Instructions:

The following safety instructions and warnings are provided to educate the user on how to safely operate a knee walker. Knee Walkers are mobility devices designed to provide increased mobility during recovery from foot/ankle/lower leg surgery or injury. This is a walking aid, not a recreational device. For the user's safety, it is important to follow these safety instructions at all times.

**Dealer:** User manual and safety instructions must be given to the user.

**User:** BEFORE using the knee walker, you must read the user manual and safety instructions and save for future reference.



**Caution: DO NOT attempt to adjust or operate the knee walker without carefully reading all sections of the user manual and following safety instructions.**

If you do not understand the User Manual or the Warnings and Cautions provided here, please contact us or your healthcare professional for a complete explanation before attempting to assemble or operate this equipment. Failure to read and comply may result in injury to user or damage to the unit. If you have any questions, please contact us at **1-877-737-9877** or at **help@kneerover.com**.

**(Customer Service Hours: M-F 9AM to 5PM Eastern)**



## WARNINGS:



### **BEFORE OPERATING KNEE WALKER:**

DO NOT exceed the maximum weight capacity of 300 pounds for this knee walker. Exceeding the maximum weight capacity may result in injury to the user or damage to the knee walker.

After fully assembling the knee walker according to this user manual, ensure that the brakes are working correctly, meaning they engage the rear wheel(s) when the brake handle is squeezed. Failure to do this may result in injury to the user.

Inspect the knee walker periodically to ensure the brakes and wheels are functioning properly. Be sure steering column clamp and height adjustment knob are tightened and fully engaged before each use. Also, ensure that the knee platform height adjustment clamp is tightened and fully engaged and the locking pin is locked in place prior to use.

Only use accessories and replacement parts authorized by the KneeRover® brand. Accessories designed by other manufacturers have not been tested by KneeRover® and are not recommended for use with KneeRover® products.

As a reminder, this is a mobility / walking aid, not a recreational device. For the user's safety, it is important to follow these safety instructions at all times.

## SAFETY INSTRUCTIONS FOR OPERATING KNEE WALKER:

As with any new physical activity, practice and common sense are necessary for successful use of the knee walker. Before operating the knee walker at normal walking speed, practice maneuvering and making turns at slow rates of speed to get familiar with the knee walker and how to best maintain balance. Gradually increase the time spent using the knee walker to allow muscles to adjust to this new activity. A user's learning curve for use of the knee walker depends on the individual's level of activity, balance, and ability. Consult a healthcare professional for additional guidance on height settings and use of the knee walker for maximum support and comfort during recovery.



**The following warnings are intended to help the user achieve the safest operation of the knee walker during recovery. Failure to read and comply may result in injury to user or damage to the unit.**

DO NOT operate the knee walker faster than a comfortable walking speed (we recommend not more than 3 miles per hour). Running with the knee walker or riding it fast down a hill is dangerous as one can easily lose control of the knee walker and serious injury could result.

Use extra caution when turning the knee walker. Do not turn unless one foot is on the ground. Do not turn at speeds over 1 mph (very slow walking speed). Never make a sharp turn at high speed as this could result in a fall and serious injury.

DO NOT travel over loose gravel, large cracks, or other uneven surfaces.

DO NOT operate on inclines above 15 degrees (slight incline). Use Extreme Caution when operating the knee walker on any slopes, as there is risk of losing balance. It is best to avoid slopes. Only mount or dismount your knee walker on a level surface.

DO NOT attempt to reach for objects while the knee walker is in motion. Ensure that you have come to a complete stop with brake fully engaged or locked, and have established good balance before reaching for an object.

Be aware of your surroundings when operating the Knee Walker. Stop and move forward slowly when encountering cracks or separations in walkway surfaces. Look for hazards on the ground and avoid them to prevent falls. Use caution when moving from one surface to another, such as hard floors or carpet.

DO NOT use the knee walker on or near stairs, curbs, obstacles, ect. Doing this increases risk of fall and/or injury.

DO NOT walk backwards while using the knee walker.

All wheels must be in contact with the floor at all times while moving on the knee walker to ensure proper balance. Always keep both hands on the handlebar grips when in use.

## Your Satisfaction is Our Top Priority:

Thank you for your business - we appreciate having you as a Customer! We are committed to providing innovative and affordable mobility solutions to get you moving as soon as possible after injury or surgery and for the duration of your recovery - free to go about your busy, active life - and have a little fun doing it.

We hope that you are completely satisfied with your purchase! If you have any issues, please contact us and we will do everything possible to help you. Reviews have a significant impact on our small business and if you purchased this product on Amazon or ebay, we would greatly appreciate a review once you've had a chance to use your new KneeRover® scooter. We hope we've earned a 4 or 5 star review - if not, please give us the opportunity to help you before leaving a review. Thank you for your support. We appreciate you!

## Need Help - Contact us:

Phone: 877-737-9877

Email: [help@kneerover.com](mailto:help@kneerover.com)

Web: [www.kneerover.com](http://www.kneerover.com)

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