## **NEOtech Care Maternity Belt User Instructions**

Model: NTC-T007



Available in black, beige, and white.

- 1. Center the abdominal pad under your abdomen and attach with hooks and loops fabric with the desired level of support.
- 2. Cut the hooks and loops band that is labelled "Cut the extra hooks and loops band you don't need" to keep a length that matches the border of the abdominal pad. The hooks and loops band should cover the abdominal pad but not more. As the belly grows and position of the hooks and loops fabric on abdominal pad changes, you might want to cut the hooks and loops band again (more explanations below).
- 3. Attach the hooks and loops fabric of the back support to the location on the abdominal pad that provides the desired tension.
- 4. To help keep the support in place and keep from sliding down, stretch the top strap over your stomach and attach both sides to the hooks and loops fabric on the back support







