Back 4/ Keeper

Organise players ahead
Marking/ no easy touch in box
Stop Shots
Ball Loss- React- Regain or Delay- Recovery Runs
2/3 touch own half
Compress Game- Manage Space between lines
Play under Pressure
Shift Across Pitch with Ball- Manage Gaps Between Players
Win Ball- Secure with easy pass- Counter when on
Drop on open ball to come forward and win long balls