

Combinations incl. overlaps & underlaps

Go tight with press as ball moves, stop turn, force back

Cover back post if Centre Back out

Range, decisions & quality crosses

Defend & Attack 1v1, 2v2, 3v3

Body Position to see game/ win race

Balance movements of other FB/ CMs/ Winger

Throws to feet- Receive
Bounce

Stop Crosses

Width- first touch forward- carry ball

