

Drop into spaces to turn or link. Receive positive side

Match
midfield
runners

Finish 1/2 touch. Left,
right, head including
turning & disguise. 1v1 v
keeper

Overload opponents back 4

Defend from behind line of ball. Cover rebound
zone in box

Creativity Individual & combination in final 3rd

Penetrative passes- space or feet- know next
pass before receive (check again)

Support striker to secure long balls

Pick up scoring positions in the box

Half pitch out of possession. Press to win.
Double up when on

