



Troop 709 Ten Essentials

Wilderness Experts	BSA Handbook	Troop 709 Essentials	10 Essentials
Knife	Pocketknife	Pocketknife (Toten Chip req.)	1
Lighter	Matches/fire starters	Matches / fire starters*	2
Garbage Bag		Garbage Bag*	
Water	Canteen	2 quarts water	3
High Calorie Food	Trail Food	Emergency Snack (Power Bar, etc)	4
Map and Compass	Map and Compass	Map and Compass	5
Rain Gear	Rain Gear	Poncho or Rain Suit	6
Warm Clothing	Extra Clothing	Warm Clothing	7
Whistle and Mirror		Whistle* (metal mirror is a good idea)	8
First Aid Kit	First Aid Kit	First Aid Kit - appropriate for activity and group	9
Sunglasses		Sunglasses always smart – not always required	
Flashlight and spare batteries/bulbs	Flashlight	Flashlight and spare batteries and bulbs	10
Iodine for water treatment		<u>only</u> if req. and individual is trained in its use	
Emergency Kit		Kit is a good idea but not essential.	
	Sun Protection	Sun protection – as required. Hat, sunglasses, sun screen, long sleeve shirt, lip balm.	
		Mountain Money (toilet paper)*	
		*Troop 709 Get Lost Kit	11

***Parts of the Troop 709 Get Lost Kit**