1-ON-1 MENTORING MEDIA KIT

BHASKAR GOSWAMI

RADICAL
TRANSFORMATION MENTOR

Private mentoring with a Senior Level 2 Master Coach

For accomplished people ready to close the gap between **the life they are living** and **the life they know is possible.**



radicaltransformationmentor.com

IS THIS YOU?

You've built a life that works. Now let it feel true.

There is a particular kind of person who seeks out Bhaskar. Accomplished, often visibly so. They lead companies, build practices, raise families and pursue excellence. And yet, beneath the surface, something feels misaligned.

1. A ceiling you can't break through, however hard you push.
2. A restlessness that success hasn't quieted.
3. Relationships that could be more authentic, at home and at work.
4. Habits and old emotions that willpower and therapy haven't moved.
5. The sense that you are performing your life rather than living it.
6. A quiet knowing that there is more: more presence, more joy, more of you.



> *Before working with Bhaskar, I thought I was fine. I was productive and high functioning, but emotionally numb... Now I feel grounded, make clearer decisions, communicate honestly, lead with empathy, and live with real presence and self trust... He doesn't fix you. He helps you meet yourself.*

Frederic Melanson Owner, Lee Farm Inn

Life was never meant to be a struggle.

Those who thrive in this work share one thing: readiness. Ready to stop managing their limitations and start dissolving them; ready to stop performing and arrive.

THE MENTOR

Engineer's precision. Sage's depth.

Bhaskar Goswami was born in Assam, India, into the lineage of Vasishtha, one of the founding fathers of yoga, and was trained from childhood by master teachers in yoga and meditation. At fifteen, the Gulf War tore apart his life in Kuwait; he arrived in the UK alone, as a refugee.

He went on to earn a Masters Honours in Electronic Engineering from the University of Nottingham, then spent a decade as an international engineer by day and yoga teacher by night. When his son Jai was born, his purpose became undeniable: to be the bridge between ancient Eastern wisdom and modern life.

He founded two award-winning organizations, BODHI and daana. Today, as a Senior Level 2 Master Coach, he is the personal mentor of choice for CEOs, Olympic athletes, executives, artists and seekers, including two consecutive Quebec CEOs of the Year, Caterina Milioto (2022) and Marie-Josée Gagnon (2023).

Crisis, reinvention and the search for purpose are territory he knows from the inside. That is where he meets you: with an engineer's clarity, a sage's depth, and a warm, playful heart.

"Like Michelangelo, I see your 'David' inside the stone. I am devoted to this highest expression of you."



CREDENTIALS & DISTINCTIONS

- **Senior Level 2 Executive Master Coach**
- **Master Coach Trainer**, Accelerated Evolution Academy
- **Masters Honours, Electronic Engineering**, University of Nottingham, UK
- **Entrepreneur of the Year** (BODHI) · CBC Media Prize, Startup of the Year (daana)
- **Speaker**, COP22 UN Climate Summit · keynote, RISE Hong Kong
- **Author & host**, Wisdom Stories · albums Open Yoga & Wisdom Stories · podcast Light Conversations
- **Lifelong training**, Transcendental Meditation School (India), Yogacharyas Nandakumar & Sriram, Sivananda Yoga Vedanta, Vipassana (Canada)

25+	1,000s	2	4
YEARS GUIDING TRANSFORMATION	PEOPLE GUIDED WORLDWIDE	QUEBEC CEOs OF THE YEAR MENTORED	CONTINENTS OF TEACHING

THE APPROACH

Most coaching tends the branches. Bhaskar works at the root.

Mindset, habits and strategy matter, but they grow from something deeper. Bhaskar's methodology, forged at the intersection of somatic psychology, transpersonal coaching, yogic science and modern neuroscience, works with the whole human being: body, breath, mind, emotions, relationships, purpose and spirit.

He has an uncommon gift for locating, often within minutes, the invisible belief or somatic pattern that has been running your life from behind the scenes, and for helping you dissolve it. The shift happens in your nervous system and your felt sense of who you are, which is why it lasts.

THE FIVE FREEDOMS OF LIFE

Radical Transformation elevates every dimension of a life, not just one corner of it.

1	**Finance & Purpose**	Use the full power of your intelligence and intuition to see your goal clearly and dissolve the inner conflicts in its way.
2	**Family & Relationships**	Clear the residue of past relationships, like resentment and distrust, and bring your masculine and feminine energies into balance.
3	**Fitness & Health**	Practical health practices and personality upgrades that turn self-care from a hassle into a joyful experience.
4	**Fun & Pleasure**	Move from a bland, colourless routine to a life that reminds you it is abundant with joy, and that you are here to thrive.
5	**Faith & Connection**	Guided practices that bring you, by direct experience, to the true essence of who you really are.



THE WAY OF RADICAL TRANSFORMATION

Straight Spine · Open Heart · With Wisdom

Grounded strength, a heart that stays open, and the wisdom to hold both: the way Bhaskar lives, and the way he guides.

THE RADICAL TRANSFORMATION PROGRAM

Private. Personal. Profound.
Built entirely around you.

This is not a coach/client relationship. It is a mentor/mentee bond. You won't receive a template or a program someone else already went through. You receive Bhaskar's complete presence, precision and mastery, turned entirely toward you and what you came here to change.

1

DISCOVER

A complimentary 30-minute call to explore what you want, and whether this is the right work at the right time.

2

REMOVE

Removing all that is unnecessary: the limiting beliefs, old emotional charges and patterns quietly running the show.

3

HEAR

Hearing your aligned wisdom: clarity on what you truly want, and a road map along the path of least resistance.

4

CULTIVATE

Cultivating all that is necessary: new ways of being, anchored in practices you own for life, so the change holds.

With the least effort and maximum impact.

WHAT THE PROGRAM INCLUDES

- Private 1-on-1 sessions with Bhaskar, in person in Montreal or virtually, anywhere in the world
- Powerful exercises and tools for mind, heart and body alignment
- Personalized practices and homework that carry the work into daily life
- A written personal summary after each session, so every insight stays anchored
- Work across all Five Freedoms: purpose, relationships, health, joy and connection
- **A program length set together with you, because real change needs time to take root**



"

From the very beginning, Bhaskar helped me achieve an inner union state regarding my deep-rooted fears and opposing polarities that created struggle and unrest. His insightful guidance led me to newfound vitality, inner faith, and the strength to pursue my desires with a warrior's determination.

Louis Delisle Director, Leadership Development, Norda Stelo

Bhaskar mentors a small number of people at a time. Sessions are delivered in English.

WHAT CHANGES

What becomes possible when the root shifts.

> *There are few humans with whom you can feel seen, understood, validated and playful all at the same time.*

Sophie Grégoire Trudeau Former First Lady of Canada · Global speaker and advocate for mental health

Clarity & direction

Know what you want, why it matters, and your next aligned step.

"Today, I am back to putting one action in place at a time with faith that I am on the right path. I know my priorities and how to stay focused."



Michele Leblanc
International Business Coach

Emotional freedom

Meet what was buried, release its charge, and use emotions as trustworthy information.

"We visited painful emotions to drop the charges and touched blissful states of unity. That's full-spectrum coaching!"



Dr. Maxime Bourgault
D.Psy, Director of Psychotherapy

Decisive leadership

See your blind spots, decide with clarity, and lead from inner alignment.

"Bhaskar has a unique ability to quickly identify blind spots, bring clarity to strategic decisions, and architect intelligent expansion."



Marie-Renée Jacques
Founder, J&S Relocation

Purpose & alignment

Live and lead in line with the deeper purpose that is already yours.

"Perhaps most importantly, he illuminated my dharmic path, showing me how to live in alignment with my deeper purpose."



Carmela Martinez
Owner & President, MP Repro

Becoming more yourself

Shed what was never you and step fully into who you really are.

"You will make habit changes (in thought, intention, and behaviour). You will become more 'yourself'... You will feel a little more free."



Lauren Deckelbaum
Psychologist & Researcher

Real-world momentum

Inner shifts that show up in your work, your relationships and your results.

"After implementing one of his suggestions, I immediately signed a new client."



Jared Lim
Business Scaling Specialist

IN THEIR OWN WORDS

Leaders who went to the root, and what they found there.



Bhaskar's Radical Transformation program helped me gain perspective to see other facets of who I am and clarified how I want to show up. This clarity combined with powerful exercises and tools for mind/heart/body alignment gave me access to an internal and abundant source of creative energy. Bhaskar's guidance and mentorship were a key catalyst to own, embody and embrace my power.

Jean-Christophe Voyer Systems Builder, CATALYSTES Innovation Labs



Caterina Milioto
Founder & CEO, Intervia · Quebec CEO of the Year 2022

"Working with Bhaskar is an absolute delight and gift. He has a natural way to guide with so much kindness and genius. Every session brings grace, emotional release and inner peace. I have worked with many exceptional coaches. Bhaskar is at the top of this list."



Marie-Josée Gagnon
CEO, Casacom · Quebec CEO of the Year 2023

"Bhaskar's mentorship has been transformative, enabling me to gain a deeper understanding of myself… What amazes me the most is the practicality of his teachings and the rapid pace at which we move forward… Bhaskar's guidance has been a catalyst for significant changes in my life."



Dr. Larry Farwell
Neuroscientist · TIME 100 Top Innovators of the 21st Century

"I can truly say that Bhaskar's program is miraculous. If you are looking to unfold your highest potential and achieve your dreams in all areas of life, this will be one of the best investments in yourself that you can make. And you'll have fun doing it."



Deborah Ward
Senior Executive Coach

"As a coach who needed deep and transformative coaching, I can attest there is no one like Bhaskar. Completely attuned to your nervous system, he can help extract the essence of your blockages like a skilled surgeon… He just has a way of making the invisible visible."

A CIRCLE OF TRUST

From boardrooms to concert halls, the same transformation.



"I have been around high-quality people all my life, so I recognize someone who mastered his craft. I could definitely say that about Bhaskar."

Adrien Plavsic
Former NHL player, Olympic Silver Medalist



"If being free, deeply and truly free, is of any interest whatsoever, Bhaskar can guide your journey with a unique combination of presence, skills and insights."

Adam Johnson
International orchestra conductor



"Bhaskar is a world-class mentor... Saying that my conversations with Bhaskar have radically transformed me is not an overstatement."

Prof. Maxime Fecteau
Writer & Literature Professor, UQAM



"It has exceeded my expectations at every turn... His uniquely kind and loving presence gives me confidence to go deep within and unleash my full potential."

Annie Marsolais
Board Member, BDC



"Bhaskar's methods are fast and effective, and the results immediately ripple into every aspect of one's life."

Sarah Assadian
Ph.D., Patent Technology



"Every session was a revelation, and every bit of homework I was given, I still apply."

Shari Reinhart
Writer



"Bhaskar, the definition of a lovely conscious being with a straight spine and a fully open heart."

Serina Ayotte
Indigenous Artist



"If you have the opportunity to work with this man... do not hesitate. Your life will be forever changed, and your heart will be forever touched."

Andrew Marshall
Jiu Jitsu Professor · Master Coach

FEATURED IN THE MEDIA

More stories of transformation at radicaltransformationmentor.com

THE NEXT STEP

Your transformation begins with one conversation.

Book a complimentary 30-minute Discovery Call: a warm, candid conversation about where you are, where you want to be, and what stands in between. If the fit is right, you will both know. Either way, you will leave with a clearer view of your next step.



Healthy body.
Peaceful mind.
Compassionate heart.

These are not aspirational phrases. They are a lived reality, and the purpose of every session is to bring you closer to it.

Book your Discovery Call

calendly.com/bhaskargoswami/30min · 30 minutes · complimentary

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