



BHASKAR GOSWAMI

Radical Transformation Mentor

Master Coach · Speaker · Author · Yogipreneur
Founder of BODHI & daana · Entrepreneur of the Year

"Bhaskar's program is miraculous."

— Dr. Larry Farwell | TIME 100 Top Innovators of the Century

"There are very few humans with whom you can feel seen, understood, validated and playful all at the same time."

— Sophie Grégoire Trudeau | Former First Lady of Canada

"I have worked with many exceptional coaches. Bhaskar is at the top of this list."

— Caterina Milioto | Les Affaires Quebec CEO of the Year

WHO IS BHASKAR GOSWAMI

Biography



Bhaskar Goswami is a visionary **Radical Transformation Mentor**, certified Rapid Coherence Institute **Master Coach**, and the founder of two multiple-award-winning organizations. For over **20 years** he has helped thousands of individuals, from Olympic athletes and Fortune 500 executives to artists, educators, and heads of state, gain radical clarity, dissolve limiting beliefs, and rapidly elevate every area of their lives.

Born in Assam, India, in the lineage of **Vasishtha**, one of the founding fathers of yoga, Bhaskar was trained from a young age by master teachers in the perennial wisdom of yoga and meditation. His idyllic childhood was disrupted by the Gulf War. At fifteen, he entered the UK alone as a refugee. He went on to earn a **Master's Honours in Electronic Engineering** from the University of Nottingham, then spent a decade travelling the world as an international engineer by day and yoga teacher by night.

The day his son Jai was born, his life's purpose crystallized: to be the bridge between ancient Eastern wisdom and the modern world. In **2007** he founded **BODHI**, winning **Entrepreneur of the Year**. In **2016** he founded **daana**, winning the **CBC Media Prize for Canadian Startup of the Year**. He is a personal mentor to renown athletes, CEOs, and public figures including two consecutive **Quebec CEOs of the Year (2022 & 2023)**.

“Bhaskar changes lives. His years of soaking up ancient and modern knowledge don't even hold a candle to the immense light of intuitive wisdom that Bhaskar is filled with.”

— Dr. Lauren Deckelbaum | **Clinical Psychologist & Researcher**

ACCLAIMED SPEAKER

“The impact you had on their state, on their hearts, on their minds, and on their spirits was so profound. The people were still pining for you when you left.”

— Rock Thomas | Internationally Renowned Speaker & Author

IMPACT & CREDENTIALS

Notable Achievements

20+

Years of Teaching
Yoga & Meditation

80+

Companies Hired
Across Canada

200+

Corporate Events,
Retreats & Seminars

5

Continents of
Public Speaking

Entrepreneur of the Year — 2x Quebec Entrepreneurship Contest + Accolade for Business Excellence for **BODHI**

Keynote — World's Largest Startup Festival RISE Conference, Hong Kong

Speaker — UN Climate Change Conference COP22, Marrakech, Morocco

CBC Media Prize — Canadian Startup of the Year For **daana**, his global wellness NPO

Certified Level 2 Master Coach Rapid Coherence Institute

Mentor to Quebec CEOs of the Year 2022 & 2023 Caterina Milioto (Intervia) & Marie-Josée Gagnon (Casacom)

Internationally Published Author Wisdom Stories (Book 1) · Albums: Open Yoga & Wisdom Stories

Senior Yoga and Meditation Teacher Sivananda yoga teacher and various schools of meditation

Featured in Major Media CityTV · CBC · Global TV · Montreal Gazette · Voice of America

**Citytv****Global**[®]**cbc.ca**

THE TRANSFORMATION

Straight Spine Open Heart In Wisdom



THE APPROACH

Radical Transformation Program

What if there is an entire field of vital information that so many of us are not aware of? What if, with practice, you can access this at any time — creating a condition where body and mind exist in a constant state of ease, so that life becomes an expression of success rather than a seeking of it?

Bhaskar's approach bridges ancient Eastern wisdom with cutting-edge modern coaching, addressing the complete human being — body, mind, emotions, spirit, relationships and purpose. His methodology produces results that are rapid, deep, and lasting.

THE FIVE FREEDOMS OF LIFE

Finance / Purpose

Intelligence and intuition to clearly experience your goal, eliminate inner conflicts, and follow aligned action.

Family / Relationships

Clearing guilt, resentment and distrust; mastering masculine and feminine energy to heighten passion and intimacy.

Fitness / Health

Alleviating physical and mental discomfort with health principles that make self-care a joyful, sustainable practice.

Fun / Pleasure

Shifting from a colorless existence to experiences that remind us that life is abundant, and you are here to thrive.

Faith / Connection

Guided practices that bring you into alignment with the true essence of who you really are.

AREAS OF EXPERTISE

- ◆ Leadership retreat & experiential workshop design
- ◆ Personality evolution & leadership trait development
- ◆ Somatic practices to dissolve limiting patterns
- ◆ Mindfulness, meditation & breathwork
- ◆ Transpersonal psychology & purpose alignment
- ◆ Business strategy & conscious leadership integration

SERVICES

Corporate & Group Programs

- **Executive Team Radical Transformation Retreat** A 2-part leadership retreat (max 20 participants) delivering deep personal reflection, strategic planning, vision/values alignment, and a concrete month-by-month leadership action plan. Integration sessions at 1 and 3 months.
- **6-Part Course: Principles of Optimum Health** Comprehensive crash-course covering breathing, relaxation, exercise, nutrition, mindfulness, and integration — blending ancient wisdom with modern medical research. Workbook provided.
- **5-Part Course: Inner Game of Leadership** The five layers of self-mastery: physical, mental, vital, emotional and spiritual — equipping leaders with tools for sustained high performance. Workbook provided.
- **6-Part Course: Awareness + Business Excellence** A structured mindfulness program cultivating calm, attentive minds, reducing anxiety, and generating creativity, decisiveness and clarity.
- **4-Part Course: The Power of Breath** Breathwork as a critical tool for peak health, stress management and focus. No prior experience required. Audio recordings provided.
- **2-Part Course: Mastering Impactful Communication** Mastering the DYAD method, 6 Gates of Noble Speech, Generous Listening and Communication Triangle to develop deep listening, empathetic dialogue, and eliminate poor and incomplete communication.

SPEAKING TOPICS

CONFERENCES

- Embodied Leadership
- The Power of Breath
- The Inner Game of Thriving
- Radical Transformation

WORKSHOPS

- Five Principles of Optimum Health
- Awareness + Business Excellence
- Mastering Impactful Communication
- Introduction to Breathwork

SPECIAL EVENTS

- Corporate Wellness Retreats
- Preparation for Strategic Meetings
- Team Building Initiatives
- Individual Radical Transformation

THE CONTENT IS ALWAYS TAILORED TO THE CONTEXT AND SPECIFICALLY CRAFTED

CLIENT VOICES

“What amazes me the most is the practicality of his teachings and the rapid pace at which we move forward.”

— Marie-Josée Gagnon | CEO, Casacom | Winner of Quebec CEO of the Year, 2023

TESTIMONIALS

What Clients Are Saying

“Bhaskar provides practical techniques that go beyond thinking, emotions, and actions. I can truly say that Bhaskar’s program is miraculous. If you are looking to unfold your highest potential and achieve your dreams in all areas of life, this will be one of the best investments in yourself that you can make. And you’ll have fun doing it.”

Dr. Larry Farwell · Neuroscientist · #1 Bestselling Author · TIME Magazine 100 Top Innovators of the Century

“Participating in Bhaskar Goswami’s Radical Transformation program has been an enlightening journey of self-discovery and growth. Bhaskar’s mentorship has been transformative, enabling me to gain a deeper understanding of myself. His guidance has been a catalyst for significant changes in my life, and I am grateful for this journey of transformation.”

Marie-Josée Gagnon · Founder & CEO, Casacom · Winner of Quebec CEO of the Year, 2023

“Working with Bhaskar is an absolute delight and gift. He has a natural way to guide with so much kindness and genius. Every session brings grace, emotional release and inner peace. Through his coaching sessions, Bhaskar creates a powerful connection where we feel increasingly aligned with our essence and our path.”

Caterina Milioto · Founder & CEO, Intervia · Quebec CEO of the Year 2022, Les Affaires

“I have been around high-quality people all my life, so I recognize someone who mastered his craft. Working with Bhaskar, I have elevated my ability to live more skillfully and expect much more from myself just because I feel more confident about who I am.”

Adrien Plavsic · Former NHL Player · Olympic Silver Medalist

TESTIMONIALS

What Clients Are Saying

“Working with Bhaskar has been nothing short of transformative. With profound knowledge, skill, and wisdom, he guided me back to my true self and helped me discover who I am and what I am genuinely good at.”

Carmela Martinez · Owner & President, MP Repro

“Thank you, Bhaskar, for this journey of Radical Transformation. The depth of your presence allowed me to dive deep, to change some key aspects of how I relate to myself and the world. We visited painful emotions to drop the charges and touched blissful states of unity. That’s full-spectrum coaching!”

Dr. Maxime Bourgault · D.Psy, Dir. of Psychotherapy · Mindspace Wellbeing (Numinus)

“What I discovered in Bhaskar was a leader of rare depth — someone who seamlessly integrates inner wisdom with sharp strategic vision. His philosophy is not about working harder, but about thinking bigger, deciding with clarity, and executing more intelligently. For any executive seeking to combine performance, consciousness, and sustainable expansion, his guidance is truly exceptional.”

Marie-Renée Jacques · Founder · J&S Relocation

“As a coach who needed deep and transformative coaching, I can attest there is no one like Bhaskar. Completely attuned to your nervous system, he can help extract the essence of your blockages like a skilled surgeon. He just has a way of making the invisible visible. Bhaskar’s work and gifts must be experienced.”

Deborah Ward · Senior Executive Coach

TESTIMONIALS

What Clients Are Saying

“Bhaskar’s ability to understand people deeply, identify their strengths and weaknesses, and guide them toward growth is remarkable. My only hesitation in recommending Bhaskar is the worry he might become too sought after to guide me, my team, or my close ones!”

Denis Laframboise · Owner & President · BALNEA spa + réserve thermale

“Bhaskar is a world-class mentor. Attentive, generous, tactful — he lends an enlightening hand, truly. His guidance has in fact clarified and brightened every area of my life. He knows to ask the questions that reach deep and propel you forward with willingness and ease.”

Prof. Maxime Fecteau · Writer & Literature Professor · UQAM

“Bhaskar is one of the best coaches I have had the good fortune to meet. As a coach myself, my bar is high. What I liked was the power of his questions and his way of listening, summarizing, and capturing what was most important.”

Michele Leblanc · International Business Coach

“If being free — deeply and truly free — is of any interest whatsoever, Bhaskar can guide your journey with a unique combination of presence, skills and insights. The result of his coaching is a conscious, replicable process of revealing a truth deeper than whatever challenges you now carry. I recommend him with joy to anyone.”

Adam Johnson · International Orchestra Conductor (Maestro)

TESTIMONIALS

What Clients Are Saying

"I could listen to Bhaskar for hours. It's his combined background in engineering, yoga and mentoring that offers a special view of the world: grounded yet able to lift off. Bhaskar is one of those rare people who lives what he believes."

Kate Henderson · Director, Marketing Communications · Manulife

"Bhaskar helped me achieve an inner union state regarding my deep-rooted fears. His insightful guidance led me to newfound vitality, inner faith, and the strength to pursue my desires with a warrior's determination. I highly recommend his services to anyone seeking to realize their full potential."

Louis Delisle · Dir. Leadership Development · Norda Stelo

"Bhaskar's expertise helped us define our mission, vision, values, and budget objectives. His mindfulness and wellness practices reinvigorated our team. We highly recommend Bhaskar for team-building, goal-setting, and creating a unified vision."

Beate Von Huene · Founder & CEO · Boutique Skin Envie

"If you're looking to remove obstacles in the way of personal health and professional success, then Bhaskar is your man. He is a cool Zen master and architect of dreams, blending ancient wisdom with modern principles to optimize your life. You will see seismic changes in every realm of your life."

David Schipper · CEO · Strategic Learning Clinic

CLIENTS & RECOGNITION

Trusted by Canada's Leading Organizations



Mercer	JP Morgan	CBC	Mindsmatter
Casacom	Intervia	Boutique Skin Envie	BALNEA spa
Roland Berger	People Before Patients	Strategic Learning Clinic	... and many more

CONNECT

Work with Bhaskar



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YOUTUBE

[@Radical_Transformation_Mentor](https://www.youtube.com/@Radical_Transformation_Mentor)

PODCAST

Light Conversations with Bhaskar (Spotify)

Book Your Free 30-Minute Discovery Call

to learn more about the powerful mentoring experience that will radically transform your life.

Healthy body · Peaceful mind · Compassionate heart

These are the foundations of skillful living.