



GROUND RULES

- Respect Everyone.

Your pursuit is your pursuit. We believe in every goal no matter how big or small that may be. And with that, respect for everyone must be given.

- Zero Tolerance on Bullying/Harassment/Abuse.

PPW has zero tolerance for Bullying/Harassment/Abuse and any claims will be taken and followed up on. Reports will be handled by our Safeguarding team and appropriate action will be taken.

- Pay to Train.

Payment for sessions, either subscription or single sessions, must be paid before the period/session begins.

- Care of the Building.

The building is our community home, and we respect it just like we respect everyone. The space is left how it was found and all rubbish must go in the bin. Please report any issues regarding the building to the team.

- Hygiene.

Wrestling is a contact sport, and physicality with other people will occur. We expect everyone to have a good level of hygiene. Poor hygiene i.e body odour, long/dirty nails, unwashed clothes, will be mentioned in a private and safe setting.

- Refusal to train.

Breaking any of the above rules will result in person being refused access to train. This is not a decision we take lightly but must do to maintain our high standards of training.

Further rules and guidelines can be found in our Code of Conduct.